



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, June 17th, 2021 @ 8:30am
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Kelly John, Thomas Lamontanaro, Peter Marcellino, Mara McGowen, Lew Miller, Robert Omiecinski, Angela Porter, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, Jeremy Roberts, James Russell, Kim Vigue, & Frank Wiltuck.
(total = 18)

Commission members absent: Peter Baker, Lois Baxter, Deidre Kinney & Heather Perreault.

Vacant seat(s): 2

Others present: Kurt Caswell, Joel Hill, Paige Lamarre, & Roberta Leonard – Employee Health & Benefits; Breena Bissell – Bureau of Human Resources/DAFS; Kevin Fenton – Aetna; Jonathan Edwards, Lisa Lagios, & Kristine Ossenfort - Anthem Blue Cross and Blue Shield; Amy Deschaines, Mark Holloway, Ed Pierce, Ken Ralff & Oscar Tsao – Lockton; Cindy Walsh – Humana; Libby Arbour, Kelsey Robinson - MCD Public Health; Peter Hayes, Lisa Nolen & Trevor Putnoky – Healthcare Purchasers Alliance; Mark Saunders – Maine General; Emily Kovalesky – Maine Health; Jackie Little – Legislature; Marie Bridges – Northeast Delta Dental Judy Paslaski, Laurie Roscoe, & Kerry Taylor – MedImpact.

| Agenda Item | Discussion | Action/Next Steps |
|---|---|---|
| I. Call Meeting to Order (8:32 am) | Jonathan French called the meeting to order. | |
| II. Introductions | | |
| III. Review & Approval of Minutes (May 20th, 2021) | | Angela Porter made motion to accept the minutes; Peter Marcellino seconded the motion. Motion passed. |
| IV. Recurring Monthly Business | | |
| a. Highlights - Employee Health & Wellness - Shonna Poulin-Gutierrez | Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <u>American Rescue Program Act (ARPA):</u> Individuals who lost their employer-sponsored health coverage because of an employee’s involuntary termination of employment or reduction of work hours can continue that coverage through COBRA at no cost to the member from April 1 to Sept. 30, 2021. COBRA offers are being sent to eligible individuals by csONE. | |



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- Covid-19 Vaccine: Anthem has processed 9,135 vaccination claims as of June 8, 2021 with 4,502 members fully vaccinated as of May 11, 2021.
- Extended Coverage for Covid-19 (Anthem): Coverage has continued for the month of June. Total cost associated to date 3.3M. As of June 8, 2021, there have been 46 inpatient admissions. Governor Mills has announced Maine State of Civil Emergency to end June 30th.
- Covid-19 (Aetna): Total State of Maine members 9,401 with at least 3,654 receiving one dose and 3,194 members fully vaccinated.
- Pharmacy Highlights June: Plan cost active PMPM current period \$375.13 which is a 3.3% change, Plan cost Retirees PMPM current period \$178.03 which is a 7.7% change.
- Committees: Employee Health and Wellness has discussed with the co-chairs the meeting schedule for the committees. It is anticipated that more committee meetings will be scheduled for the next fiscal year.
- Wellness Highlights: WellStarMe created a scheduling tool using Acuity, for State of Maine employees to utilize when making an appointment for ongoing Covid-19 vaccination clinics.
- Pilots: Headspace currently has 704 members with 296 spots available for the pilot. Wellbeats currently has 172 members enrolled with 452 spots available for the pilot.
- Living Resources Program: Continues to offer training to departments. Naturally Slim, our weight loss assistance recently rebranded and changed their name to "Wondr Health"
- Communication Highlights: Annual Open Enrollment information was distributed by email on May 21st to remind all active employees of the deadline of May 24th. Flexible Spending Program home mailer was sent to inform them of the upcoming blackout period June 30th – July 7th on accounts due to administrative changes.
- Contracts: The next RFP to go out is for employee assistance programming. The MedImpact implementation and contracting is on track for 7/1/21.

b. Financial Update – Frank Wiltuck

Information contained in written report; highlights and discussion noted below:

- Balance Sheet: State FY2021 through 5/31/21 Equity is \$214.2M.



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- Reserve Calculation: Required Reserve Balance for FY2020 is \$50.4M.
- Operating Statement: State FY2021 through 5/31/21 Revenues over Expenses is \$50M.

V. QUARTERLY PLAN UPDATES

**a. State of Maine Dental Plan -
Northeast Delta Dental -
Marie Bridges**

Information contained in written report; highlights and discussion noted below:

- Utilization Study (6/1/20 – 5/31/20): Total Claims Paid: \$7M, Average Enrollment: 13,388, Total Number of Claims: 51,433.
- Claims Comparison Report (6/1/18 – 5/31/20): 6/1/18 – 5/31/19: \$7.4M, 6/1/19 – 5/31/20: \$6M, 6/1/20 – 5/31/21: \$7M.
- Network Utilization & Savings Report: Total Claims Paid for State of Maine is 51K.
- Annual Maximum Summary: Plan Maximum: \$1,200, Total Covered Lives: 22,372, Members Reaching Maximum: 507.
- Oral Wellness and Utilization Summary: 13,588 have participated in Oral Evaluations.
- HOW Clinical Risk Assessments: 7,545 total risk assessments completed.

**b. MedImpact- Introduction -
Judy Paslaski**

Information contained in written report; highlights and discussion noted below:

- A Better Business Model: Independence, Conflict-Free Benefit Management, Flexible Solutions, Operational Execution = Low Net Cost.
- A Flexible Platform That Is Proprietary, Integrated, And Tuned: MedOptimize, MedAccess, MedResponse, Consumer Portal & Mobile App, Enterprise Configuration System, And Enterprise Formulary System.
- Welcome ID Cards: Mailed out to plan members.
- Michelle Probert stated there was no important identification on the MedImpact notification that went out in the mail. Therefore, she worries that people may throw it out and need replacement cards.

VI EDUCATION

**a. American Rescue Program
Act (ARPA) – Mark Holloway**

Information contained in written report; highlights and discussion noted below:

- The ARPA COBRA Subsidies: Basically free (and tax-free) COBRA, for a limited time for certain individuals with certain qualifying events,



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| | <p>that occurred at certain times, 100% of the COBRA premium is forgiven by the employer.</p> <ul style="list-style-type: none"> • <u>Which Plans do the ARPA COBRA Subsidies Apply Too:</u> The subsidized COBRA applies to all "group health plans" except health FSAs, including medical dental and vision. • <u>What Is the Subsidy Period:</u> ARPA's COBRA subsidies are available for the months of April through (potentially) September 2021 which is the COBRA subsidy window. • <u>Who Is Eligible:</u> They must have lost eligibility for healthcare coverage due to an involuntary termination of employment, they must not be eligible for other group healthcare coverage, Their COBRA coverage period must extend into the COBRA subsidy window. • <u>For how long:</u> Subsidized months of COBRA for any given individual come to a screeching halt on the earlier of September 30, 2021, the date the individual becomes eligible for group cover, The end of the individuals maximum COBRA coverage period. • <u>The ARPA Notices:</u> The first notice modified COBRA election notice, The second notice informs COBRA enrollees that their subsidized COBRA is about to run out, The third notice that directs current COBRA enrollees not to send premium payments for April – Sept 2021. | |
| <i>VII. OTHER BUSINESS</i> | | |
| <p>a. July Meeting (Chair)</p> | <p>Discussion noted below:</p> <ul style="list-style-type: none"> • Jonathan French, Heather Perreault, and Shonna Poulin-Gutierrez met and as only ten meetings are required for the commission to meet per year, they chose to take July off and resume meetings in August. | |
| <p>b. COVID-19 Treatment Coverage Extension – (Chair)</p> | <p>Discussion noted below:</p> <ul style="list-style-type: none"> • Jonathan French stated that he thinks that the declaration on June 30th takes care of the extension and the commission should let the original motion of cost share expire with the State of Emergency. • Shonna Poulin-Gutierrez stated that due to how we administer the plan, we may run into issues if we started doing carve outs for each virus or disease and believes it would not be in the best interest of the plan. | <p>Jonathan French did a straw poll asking if anyone is opposed to letting the 100% cost share expire on June 30th to coincide with the end of the State of Emergency. No opposition was stated. The original motion will expire on June 30th.</p> |
| <p>c. Open Discussion</p> | <p>Discussion noted below:</p> | |



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| | <ul style="list-style-type: none"> Jonathan French spoke about the doodle poll that was released for the Wellness Committee as well as mentioning to be on the lookout for more doodle polls in the future for other committees to meet. | |
| <i>FUTURE UPDATES – SEMI-ANNUAL</i> | | |
| a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January & July) | Formal report not due this month. | |
| b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and November) | Formal report not due this month. | |
| c. Carrum Health Program – Kyle Thompson (April & October) | Formal report not due this month. | |
| d. Anthem/Lockton Compliance Review (May & November) | Formal report not due this month. | |
| <i>VII. REQUEST MOTION TO ADJOURN</i> | | |
| X. Adjourn Meeting (10:27 am am) | | Robert Omiecinski motions to adjourn; Peter Marcellino seconds the motion. Meeting adjourned |

2021 meeting schedule available at www.maine.gov/bhr/oeh