



Janet T. Mills  
Governor

**STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061**

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, May 20<sup>th</sup>, 2021 @ 8:30am  
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Kelly John, Deidre Kinney, Thomas Lamontanaro, , Mara McGowen, Lew Miller, Robert Omiecinski, Heather Perreault, Shonna Poulin-Gutierrez, Angela Porter, Michelle Probert, Joanne Rawlings-Sekunda, James Russell, Kim Vigue, & Frank Wiltuck.  
(total = 15)

Commission members absent: Peter Baker, Peter Marcellino & Jeremy Roberts  
Vacant seat(s): 2

Others present: Kurt Caswell, Joel Hill, Paige Lamarre, & Roberta Leonard – Employee Health & Benefits; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Jonathan Edwards, Lisa Lagios, Kristine Ossenfort & Stefanie Pike & - Anthem Blue Cross and Blue Shield; Sue Wolf – Express Scripts; Amy Deschaines, Ed Pierce, Ken Ralff & Oscar Tsao – Lockton; Cindy Walsh – Humana; Libby Arbour, Kelsey Robinson - MCD Public Health; Peter Hayes, & Lisa Nolen – Healthcare Purchasers Alliance; Mark Saunders – Maine General; Emily Kovalesky – Maine Health; Jackie Little – Legislature; Laura Roberts- Sun Life; Jamie Foster

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action/Next Steps</b>
<b>I. Call Meeting to Order (8:33am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>		
<b>III. Review &amp; Approval of Minutes (April 15th, 2021)</b>		Lois Baxter made motion to accept the minutes; Frank Wiltuck seconded the motion. Motion passed.
<b>IV. Recurring Monthly Business</b>		
<b>a. Highlights - Employee Health &amp; Wellness - Shonna Poulin-Gutierrez</b>	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <li><u>American Rescue Program Act (ARPA):</u> Individuals who lost their employer-sponsored health coverage because of an employee’s involuntary termination of employment or reduction of work hours can continue that coverage through COBRA at no cost to the member from April 1 to Sept. 30, 2021. COBRA offers are being sent to eligible individuals by csONE.</li> </ul>	



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- Covid-19 Vaccine: Anthem has processed 7,300 vaccination claims as of May 11, 2021 with 3,189 members fully vaccinated as of May 11, 2021.
- Extended Coverage for Covid-19 (Anthem): Coverage has continued for the month of April. Total cost associated to date 3M. As of May 11, 2021, there have been 41 inpatient admissions.
- Covid-19 (Aetna): Total State of Maine members 9,401 with at least 3,654 receiving one dose and 3,194 members fully vaccinated.
- Strategic Planning: Employee Health and Wellness is meeting with Lockton for strategic planning, currently exploring resources for oncology.
- Committees: Second appeals committee was held on April 15, 2021. It is anticipated that more committee meetings will be scheduled for next year.
- Wellness Highlights: Naturally Slim percentage of participation five sessions benchmark of 69%-83%. Health Premium Credit 2021 deadline was April 30th, 2021. As of May 11, 2021, A total of "My Health" section completed is 7,647. Living Resources Program continues to offer training to departments.
- Communication Highlights: Health Premium Credit postcards were mailed to all active state employees as well as statewide email on April 20th, 2021. Annual Open Enrollment information was distributed by email on May 7<sup>th</sup> & May 10<sup>th</sup> as well as by home mailer.
- Contracts: Employee Assistance Program (Living Resources) contract extended for three months.

**b. Financial Update – Frank Wiltuck**

Information contained in written report; highlights and discussion noted below:

- Balance Sheet: State FY2021 through 4/30/21 Equity is \$207.7M
- Reserve Calculation: Required Reserve Balance for FY2020 is \$50.4M
- Operating Statement: State FY2021 through 4/30/21 Revenues over Expenses is \$43.5M
- Heather Perreault discussed how we got the surplus. SOM was 36M in the hole in 2017 and Aetna paid out 9M when the SOM moved to Anthem. FY2019 the balance was positive 40M and FY2020 was positive balance of 104M. Moving retirees off the Anthem plan to Medicare Advantage may have contributed to the surplus and another



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piece was Covid-19. The rates for this year were based on normal activity.

**V. QUARTERLY PLAN UPDATES**

**a. Legislative Update- Anthem  
-Kris Ossenfort**

Information contained in written report; highlights and discussion noted below:

- 130<sup>th</sup> Legislature: Democrats retained control of the 130<sup>th</sup> Legislature. Committee meetings have been virtual; full Legislature has been meeting infrequently at Augusta Civic Center.
- Enacted Legislation: LD1 An Act to Establish the Covid-19 Patient Bill of Rights and To Amend the Governor’s Emergency Power.
- Pending Legislation: LD738 - An Act to Provide High-quality Health Care for All Maine Residents, LD1045 – An Act to Support Universal Health Care, LD1608 - An Act to Expand the MaineCare Program To Cover All Citizen’s, LD120 – An Act To Lower Health Care Costs through the Establishment of the Office of Affordable Health Care, LD749 – An Act To Establish a Council on Health Systems Development, LD1196 – An Act Regarding Targets for Health Plan Investments in Primary Care and Behavioral Health.
- Telehealth-Eight bills related to telehealth: LD 323, LD333, LD649, LD791, LD849, LD1007, LD1194, and LD1361. Most would require coverage of audio.
- Mandated Benefits: LD441 – An Act to Expand Adult Dental Health Coverage, LD665 – An Act to Promote Better Dental Care for Cancer Survivors, LD922 – An Act to Help Cancer Patients with Fertility Preservation, LD1003 – An Act to Improve Outcomes for Persons with Limb Loss, LD1115 – An Act to Improve Access to HIV Prevention Medications, LD1357 – An Act to Require Private Insurance Coverage for Postpartum Care, LD1531 – An Act to Provide Affordable Behavioral Health Services to Individuals under 26 Years of Age, LD1539 – An Act to Provide Access to Fertility Care, All but LD1115 carried over for mandate review by Bureau of Insurance.
- Prescription Drugs: LD1117 – An Act to Prevent Excessive Prices for Prescription Drugs, LD1636 – An Act to Reduce Prescription Drug Costs by Using International Pricing, LD1706 – An Act to Require Appropriate Coverage of and Cost-sharing for Generic Drugs and Biosimilars.



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	<ul style="list-style-type: none"> <li>• <u>State of Maine Plan:</u> LD1002 – And Act Regarding the Availability of Health Insurance Coverage for Dependents of Certain State Employees, LD1036 – An Act to Allow a State Employee to Use A Federal Military Health Insurance Program and Reenroll upon Retirement in the State’s Group Health Plan, LD1311 – An Act Regarding the State Employee Health Commission, LD1648 – An Act to Ensure Reasonable Access to laboratory Testing and Imaging Services for State Employee Health Care Plan Participants.</li> <li>• <u>Other Issues:</u> LD751 – Loss ratio information for groups.</li> <li>• <u>Citizen’s Initiative Petition:</u> Resolve, Directing the Development of Legislation Establishing a Publicly Funded System of Health Care Coverage for All Maine Residents.</li> </ul>	
<p><b>b. Plan Experience Summary - Active Medical &amp; Dental Lockton - Amy Deschaines</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Health Insurance Admin Payment (7/20-4/21):</u> Totaling over \$8.7M</li> <li>• <u>Experience Detail-Medical (7/20-4/21):</u> Total net claims over \$160M. Total plan cost vs accrual over \$11.6M. Prior policy year provided as a reference.</li> <li>• <u>Experience Detail-Dental 7/20-3/21):</u> Total claims over \$5.4M. Total plan cost vs accrual, surplus/deficit total \$267K</li> </ul>	
<p><b>c. State of Maine Health Plan – Medical update -Anthem Lisa Lagios</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Financials and Demographics:</u> <ul style="list-style-type: none"> <li>○ The membership increased 0.3%</li> <li>○ Females 52% / Males 48%</li> <li>○ Average Member age 39 / Employee age 50</li> <li>○ Employee consumes 68.1% of total plan costs</li> </ul> </li> <li>• <u>Total Claim Spend:</u> <ul style="list-style-type: none"> <li>○ Monthly (4/21): \$18.2M</li> <li>○ Quarterly (Q1 2021): \$40.3M</li> <li>○ Rolling 12 Months: \$154M</li> </ul> </li> <li>• <u>Settings of Care Insights:</u> <ul style="list-style-type: none"> <li>○ Inpatient cost per member per month decreased 12% from prior period, while cost per admit increased 13%</li> <li>○ ALOS increased 10.4%.</li> <li>○ Outpatient cost per visit increased 7%</li> </ul> </li> </ul>	



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	<ul style="list-style-type: none"> <li>• <u>Clinical Insights:</u> <ul style="list-style-type: none"> <li>○ Obesity Prevalence: 26.0</li> <li>○ Diabetes Prevalence: 62.1</li> <li>○ Risk Score: 1.89</li> <li>○ CAD Prevalence: 16.2</li> </ul> </li> <li>• <u>Emergency Department:</u> 4,275 total ED visits, 5.6% of total medical spend</li> <li>• <u>High Cost Claimants Detail:</u> 593 claimants accounted for over \$71M (46% of total medical)</li> <li>• <u>Preventive Screenings:</u> Screening compliance rates improved from the prior period for 0.0% of the Preventive Care Screenings</li> <li>• <u>Paid Claims Distribution:</u> There are 3,333 total unique members who have not filed a claim during the time period represented on this report</li> <li>• <u>COVID-19 Results as of 5/11/21:</u> Unique Claimants were 8,667. COVID-19 Positive Cases were 719, Inpatient Admissions was 41, and COVID-19 PMPM was \$8.09</li> </ul>	
<p><b>d. State of Maine Health Plan – Pharmacy update – Express Scripts - Sue Wolf</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Trend Dashboard - How Your Plan Compares:</u> 13K+ health &amp; safety gaps in care identified in Jan-March 21.</li> <li>• <u>Plan Performance:</u> Plan Cost PMPM increased \$19.09 (+11.1%) to \$191.49, member cost decreased 8.8%. Rebates reduced Plan Cost PMPM from \$191.49 to \$144.05.</li> <li>• <u>Top Line Performance Metrics by LOB:</u> Actives had the lowest Plan Cost Net PMPM at \$131.68, trending at 10.4%, Retirees had the highest Plan Cost Net PMPM at \$293.59, trending at 11.6%.</li> <li>• <u>Top Line Performance Metrics by Specialty:</u> 368 unique specialty patients, an increase of 30 specialty patients. Specialty plan cost is %6.64 higher than peer, and trending 3.8 points higher</li> <li>• <u>Specialty Plan Cost Net PMPM:</u> Specialty accounted for 13.6% of the overall trend increase</li> <li>• <u>Top 10 Indications:</u> Inflammatory Conditions drove and increase of 0.3M an increased net cost from a 13.6% increase in net PMPM</li> </ul>	<p>Jonathan French asked about number sixteen on top twenty-five drugs "POMALYST" Sue Wolf to follow up with more detail.</p>



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	<ul style="list-style-type: none"> <li>• <u>Top 25 Drugs:</u> Represent 44.6% of your total plan cost net and comprise 10 indications and 17 of your top 25 are specialty drugs, making up 78.6% of your top 25 spend</li> <li>• <u>Upcoming Patent Expirations:</u> Based on current utilization, \$2,606,139 in brand drugs are losing patent protection by 2025</li> </ul>	
e. Medicare Advantage Plan – Aetna - Sabrina DeGuzman-Simmons	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Demographics:</u> <ul style="list-style-type: none"> <li>○ Current covered lives: 8,95</li> <li>○ Average age: 74.9</li> </ul> </li> <li>• <u>2021 State of Maine Case Management Reporting:</u> Key takeaway 33% increase in nurse engagement compared to same time last year.</li> <li>• <u>Healthy Aging Support Program (HASP):</u> Eight online sessions to help engage retirees who are at risk for exacerbations of chronic conditions. New Program</li> <li>• <u>State’s Value -Added Programs:</u> Meals post inpatient stay &amp; Non-emergency transportation both are seeing an increased usage in 2021.</li> <li>• <u>High cost claimant:</u> 16.8% increase in number of high cost claimants with 76 in 2021</li> <li>• <u>Utilization:</u> 20K% increase in telehealth visit over same year</li> <li>• <u>The State’s Top Conditions:</u> Hypertension, Hyperlipidemia, Nonspecific Gastritis/Dyspepsia, Ischemic Heart Disease, Diabetes Mellitus, Atrial Fibrillation, Heart Failure, Chronic Thyroid Disorders, Depression and Low Back Pain</li> <li>• <u>2021 State of Maine Stars outcomes:</u> Collaborative care management, Performance-based reimbursement and analytics &amp; data sharing</li> </ul>	
	<b>VI EDUCATION</b>	
	No education due this month.	
	<b>VII. OTHER BUSINESS</b>	
a. SEHC Clear Choice	<p>Discussion noted below:</p> <ul style="list-style-type: none"> <li>• Heather Perreault stated that she compared the Anthem active member plan to the clear choice plan design options. In the majority of cases the SOM plan exceeds the platinum level when compared to the clear choice options.</li> </ul>	



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<p><b>b. Open Discussion</b></p>	<p>Discussion noted below:</p>	
<p><b>c. COVID-19 Treatment Coverage Extension – (Chair)</b></p>	<p>Discussion noted below:</p> <ul style="list-style-type: none"> <li>Michelle Probert thinks that vaccination should be a relevant part of the cost share argument.</li> <li>Angela Porter in favor of keeping cost share since numbers have gone up.</li> </ul>	<p>Michelle Probert made motion to continue cost share only for individuals who are not able to take the vaccine Laurie Doucette seconded the motion. Motion Withdrawn bearing more information.</p> <p>Lockton to check with in-house legal team and report back to Commission if the motion could open State of Maine up to discriminatory lawsuits.</p> <p>Lisa to bring back to the commission if Anthem can separate out who is not able to receive the vaccine.</p>
<p><b><i>FUTURE UPDATES – SEMI-ANNUAL</i></b></p>		
<p><b>a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January &amp; July)</b></p>	<p>Formal report not due this month.</p>	
<p><b>b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and November)</b></p>	<p>Formal report not due this month.</p>	
<p><b>c. Carrum Health Program – Kyle Thompson (April &amp; October)</b></p>	<p>Formal report not due this month.</p>	<p>Michelle Probert asks if it’s typical in the market for only about 10% of cases to result in consultations. Kyle Thompson says he will have to follow up. <b>November 2020</b></p> <p>In the latest deck, the State of Maine's conversion rate was 14%. Carrum’s conversion rate across the Book of Business from 2018-2020 was 19%.</p>
<p><b>d. Anthem/Lockton Compliance Review (May &amp; November)</b></p>	<p>Formal report not due this month.</p>	



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	<b>VII. REQUEST MOTION TO ADJOURN</b>	
<b>X. Adjourn Meeting (11:41 am am)</b>		Frank Wiltuck motions to adjourn; Robert Omiecinski seconds the motion. Meeting adjourned

2021 meeting schedule available at [www.maine.gov/bhr/oea](http://www.maine.gov/bhr/oea)