



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, September 17<sup>th</sup>, 2020 @ 8:30am  
Microsoft Teams Meeting

Commission members in attendance: Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Kelly John, Peter Marcellino, Carrie Margrave, Mara McGowen, Lew Miller, Karen O'Connor, Robert Omiecinski, Heather Perreault, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, Jeremy Roberts, Kim Vigue, Frank Wiltuck & Jon Woodard.  
(total = 19)

Commission members absent: Diane Bailey, Derek Chase, & Deidre Kinney.

Vacant seat(s): 2

Others present: Paige Lamarre & Roberta Leonard – Employee Health & Benefits; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons, Kevin Fenton & Lois McCleery – Aetna; Jonathan Edwards, Lisa Lagios, Kristen Ossenfort, Stefanie Pike & Jean Wood - Anthem Blue Cross and Blue Shield; Amy Deschaines, Ken Ralff, Ed Pierce & Oscar Tsao – Lockton; Laura Roberts – Sun Life; Erica Brown & Kelsey Robinson - MCD Public Health; Cindy Walsh – Humana; Peter Hayes & Trevor Putnoky – Healthcare Purchasers Alliance; Kerryanne Shuler – Grand Rounds.

Agenda Item	Discussion	Action/Next Steps
<b>I. Call Meeting to Order (8:31 am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>		
<b>III. Review &amp; Approval of Minutes (August 20<sup>th</sup>, 2020)</b>		Lois Baxter made motion to accept the amended minutes; Robert Omiecinski seconded the motion; Motion passed.
<b>IV. Recurring Monthly Business</b>		
<b>a. Open Discussion/Questions on Vendor Reports – All</b>	Johnathan French requested all vendors to submit their vendor reports on time, to allow the Commission to review in a timely manner.	
<b>b. Employee Health &amp; Benefits Highlights - Employee Health &amp; Benefits - Shonna Poulin-Gutierrez</b>	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <li>IRS COVID-19 Relief (Notices 2020-29, 2020-33): SEHC decision made to update plan to allow 2 changes to health plan without Qualifying Life Event (QLE), will take place October 1<sup>st</sup> – October 15<sup>th</sup> effective date will be retroactive to October 1<sup>st</sup></li> </ul>	



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	<ul style="list-style-type: none"> <li>• <u>Medicare Advantage Plan</u>: Aetna out-of-pocket costs waived for in-network primary care and specialist telehealth visits for Medicare Advantage plan members was supposed to end September 30, 2020. Aetna updated benefit litigation to extend to December 31<sup>st</sup>, 2020.</li> <li>• <u>Medicare Advantage Renewal</u>: Plan Design Committee met on September 14, 2020</li> <li>• <u>Pharmacy RFP</u>: Proposals received July 30<sup>th</sup>, 2020. Bid Review started August 17<sup>th</sup>, 2020</li> <li>• <u>Strategic Sessions with Lockton</u>: Sessions with Lockton to develop strategic platform for the next 1, 3 and 5 years</li> <li>• <u>Express Scripts</u>: Home delivery utilization continues to be low, Consideration for increased promotion of home delivery may be beneficial</li> <li>• <u>Grant Opportunity</u>: This Funding Opportunity Announcement aims to support research to strengthen the healthcare response to Coronavirus Disease 2019 (COVID-19)</li> <li>• <u>September Highlights</u>: A statewide email was sent out on August 24<sup>th</sup> to State of Maine employees, promoting “Back to School Support”, Employee Health has conducted interviews to fill vacancies within the office</li> </ul>	<p>Johnathon French asks that with Quest Diagnostics Lab in Augusta being closed and NorDx Lab in Oakland being closed, are there any thoughts of getting another independent lab facility in the next 6 months? Lisa Lagios states she will check with their network providers and get back to the commission.</p> <p>Lisa Lagios confirms there is a delay on ConvenientMD coming to Augusta, and she has reached out to NorDx Labs but has not heard back from them.</p>
<p><b>c. Financial Update – Frank Wiltuck</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Balance Sheet</u>: State FY 2021 Through 9/8/2020 Equity is \$121M</li> <li>• <u>Reserve Calculation</u>: Required Reserve Balance for FY 2019 is \$48M</li> <li>• <u>Operating Statement</u>: Revenues over Expenses = \$17M YTD</li> <li>• <u>Balance Sheet</u>: State Fiscal Year 2021 through 9/8/2020 Equity = \$121M. Unappropriated Surplus: \$72M</li> </ul>	
<b>V. QUARTERLY PLAN UPDATES</b>		
<b>VI. OTHER BUISNESS</b>		
<p><b>a. Aetna Medicare Advantage Renewal – Plan Design</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <p><u>Recommended Aetna Medicare Plan Changes</u>:</p> <ul style="list-style-type: none"> <li>• Implement a Preferred Pharmacy Network bringing Generic Pharmacy Copay from \$10 to \$9 at those Preferred Pharmacies</li> <li>• Adding a 4<sup>th</sup> tier/specialty copay for a \$75 copay</li> <li>• Hearing aid coverage of \$2000</li> </ul>	<p>Lois Baxter made motion to accept the recommended Aetna Medicare Advantage plan renewal recommendations; Robert Omiecinski seconded the motion; No abstentions. Motion passed.</p>



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	<ul style="list-style-type: none"> <li>• Allow cost-share wavier for Aetna Teladoc runout in December</li> <li>• Heather Perrault asks about the Specialty Drug copay being \$75, how many scripts would be filled at that cost? Amy Deschaines responds 339 members are filling a specialty medication and would be affected.</li> </ul>	
<b>b. Anthem Active Plan Renewal – Plan Design</b>	<p>As Discussed Below:</p> <ul style="list-style-type: none"> <li>• <u>Proposed Plan Change:</u> As of 10/1/20 Anthem plan will return to Telehealth plan coverage including cost shares for non-COVID related visits (No action required, set to expire on 9/30/20)</li> </ul>	
<b>c. Labor Caucus Discussion (Held September 10<sup>th</sup>, 2020) – Johnathon French</b>	<p>As Discussed Below:</p> <p><u>September 10<sup>th</sup> Labor Caucus Discussion:</u></p> <ul style="list-style-type: none"> <li>• Flat funding for the next biennial, we have the surplus for lack of claims.</li> <li>• Looking to use offset cost increases that incurred due to lack of premiums to draw from</li> <li>• Potential cap increases for executive branch employees, currently at 5%, 10%, &amp; 15%</li> <li>• Potential legislature to change Commission structure, strengthening Commission status</li> </ul>	
<b>d. Education Opportunities Discussion – Shonna Poulin-Gutierrez</b>	<p>As Discussed Below:</p> <p><u>Education Topic Ideas:</u></p> <ul style="list-style-type: none"> <li>• Vendors have reached out regarding presenting educational pieces to the Commission</li> <li>• Express Scripts Mail Order</li> <li>• Market Overviews (HealthCare Purchasers Alliance)</li> <li>• Recent Maine Legislature and how it impacts the Health Plan</li> <li>• Medicare Overview</li> <li>• Value Based Insurance</li> </ul>	
	<b>VII. UPDATES – SEMI-ANNUAL</b>	
	Formal report not due this month.	
	<b>VIII. EDUCATION</b>	
	Formal report not due this month.	
	<b>IX. FUTURE UPDATES – SEMI-ANNUAL</b>	



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<b>a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in June &amp; October)</b>	Formal report not due this month.	
<b>b. WellStarME Medical Care Development – Erica Brown (Provided in August)</b>	Formal report not due this month.	
<b>c. Carrum Health Program – Carly Winokur (April &amp; October)</b>	Formal report not due this month.	
<b>d. Anthem Compliance Presentation (May &amp; November)</b>	Formal report not due this month.	
<b>e. Expert Medical Opinion Grand Rounds (June &amp; December)</b>	Formal report not due this month.	
<b><i>X. REQUEST MOTION TO ADJOURN</i></b>		
<b>X. Adjourn Meeting (10:08 am am)</b>		Lois Baxter made motion to adjourn the meeting, Robert Omiecinski seconded; no abstentions. Motion passed.

2020 meeting schedule available at [www.maine.gov/bhr/oeH](http://www.maine.gov/bhr/oeH)