



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, July 16, 2020 @ 8:30am  
Microsoft Teams Meeting

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Darcey Emery, Jonathan French, Kelly John, Deidre Kinney, Mara McGowen, Lew Miller, Karen O'Connor, Shonna Poulin-Gutierrez, Heather Perreault, Michelle Probert, Joanne Rawlings-Sekunda, Kim Vigue, Frank Wiltuck & Jon Woodard.  
(total = 18)

Commission members absent: Derek Chase, Carrie Margrave, Peter Marcellino & Robert Omiecinski

Vacant seat(s): 2

Others present:– Kurt Caswell, Paige Lamarre & Roberta Leonard – Employee Health & Benefits; Breena Bissel – Bureau of Human Resources; Sabrina DeGuzman-Simmons, Kevin Fenton & Stacey Forcier – Aetna; Lisa Lagios, Stefanie Pike, Kristine Ossenfort & Jean Wood- Anthem Blue Cross and Blue Shield; Sue Wolf – Express Scripts; Amy Deschaines, Oscar Tsao & Ed Pierce – Lockton; Laura Roberts – Sun Life; Kelsey Robinson - MCD Public Health; Cindy Walsh – Humana; Trevor Putnoky & Peter Hayes – Healthcare Purchasers Alliance; Kerryanne Shuler – Grand Rounds; Mark Sounders – Maine General & Tricia Mahoney – ComPsych.

Agenda Item	Discussion	Action/Next Steps
<b>I. Call Meeting to Order (8:31 am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>	Heather Perreault thanked Kurt Caswell for his time on the Commission and introduced Shonna Poulin-Gutierrez as Kurt's replacement.	
<b>III. Review &amp; Approval of Minutes (June 18, 2020)</b>		Lois Baxter made motion to accept the minutes; Darcey Emery seconded; Motion passed.
<b>IV. RECURRING MONTHLY BUSINESS</b>		
<b>a. Open Discussion/Questions on Vendor Reports – All</b>	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <li>No questions or comments on vendor reports.</li> </ul>	Karen O'Connor asked if there has been any clarity on the MGARA fees. Shonna Poulin-Gutierrez stated Kurt Caswell has not been given an answer from the Attorney General's office. Heather Perreault stated she will follow up on this. Shonna Poulin-Gutierrez responded Kurt Caswell has written to the



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		Attorney General's office again, hoping to hear from them soon with a written explanation.
<b>b. Financial Update – Heather Perreault &amp; Frank Wiltuck</b>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Reserve calculation</u>: Over \$48M is required for federal reserves.</li> <li>• <u>Equity Calculation</u>: Funds pulled from the State of Maine accounting System; Advantage. Over \$103M in reserve money (assets – liabilities). The reserve is not available funds, it's a safety net.</li> <li>• <u>Operating statement (FY20)</u>: Expenses total over \$142M, total revenue total over \$206M. Joanne Rawlings-Sekunda asked what the difference between administrative fees and general expenses. Heather Perreault stated general expensive are cost for programs, office supplies and computers for personal. Administrative fees are Anthem fees to manage the health plan.</li> <li>• <u>Balance Sheet</u>: Total assets over \$172M, over \$68M in total liabilities and over \$103M in total equity. Assets minus liabilities = equity.</li> </ul>	
<b>c. Employee Heath &amp; Benefits Highlights – Shonna Poulin-Gutierrez</b>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>IRS COVID-19 Relief (Notices 2020-29, 2020-33)</u>: Health Commission made the decision to update the plan to allow 2 changes to the health plan without a qualifying life event.</li> <li>• <u>Dental Plan Stabilization Fund</u>: Surplus ended 6/30/20. Transitioned to ASO status complete effective 7/1/20. Amy Deschaines stated the run-out period will be for 5 months due to the adjudication on the stabilization fund.</li> <li>• <u>Pharmacy RFP</u>: Bidders conference was held on 6/25/20. Written questions are due to be completed by 7/20/20. Reviews to begin in August. Bid review meetings will be coordinated soon.</li> <li>• <u>Strategic Session with Lockton</u>: New approach with the consultant by developing a strategic platform for the next 1, 3 and 5 years.</li> <li>• <u>Medicare Advantage Plan</u>: Aetna will waive out-of-pocket costs for in-network primary care and specialist telehealth visits through 9/30/20.</li> <li>• Joanne Rawlings-Sekunda asked about the extended deadline for the health premium credit and if there will be any on-site clinics. Shonna</li> </ul>	



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	<p>Poulin-Gutierrez stated WellStar is approaching this as a watch and wait. If it is determined that on-site clinics will take place this will be communicated on.</p> <ul style="list-style-type: none"> <li>• <u>Closing of the Wellness Centers</u>: Information regarding the closure was communicated out by Commissioner Figueroa. Making the facilities Covid-19 compliant and safe for members would cost over \$500k. Retirees do have the option to use SilverSneakers. Employee Health &amp; Benefits website contains a list of resources and workouts.</li> <li>• Diane Bailey asked how many members are left to move over to the Medicare Advantage plan from the active Anthem plan. Kevin Fenton replied about 375.</li> </ul>	
<p><b>a. COVID-19 Update Employee Health &amp; Benefits - Shonna Poulin-Gutierrez</b></p>	<p style="text-align: center;"><b>V. OTHER BUISNESS</b></p> <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Dealing in Facts Covid-19</u>: As of 7/14/20 Maine is one of the two states reporting a decline in the number of new covid-19 cases. New Hampshire is the other state.</li> <li>• <u>Metrics</u>: Number of new cases as of 7/15/20, 8. Data is reported in real time. Positivity rate as of 7/14/20 the 7-day average in Maine is at 1%. Testing volume is up 53% since 6/2020. Heather Perreault asked if the CDC thought as long as the rate is below 2% or 3% the state is doing well. Shonna Poulin-Gutierrez states that average goal is to be below 5%, Dr. Shah Stated Maine should be below 2%.</li> <li>• <u>Website <a href="https://get-tested-covid19.org/">https://get-tested-covid19.org/</a></u>: People can put in their zip code to find the closest testing site.</li> <li>• <u>News in Maine</u>: Nearly 100 municipalities as part of local Covid-19 prevention have received federal funding to help keep Maine people and visitors safe. Nearly 20 “swap and send sites” drive-through, drive up and mobile specimen collection sites are under agreements with Maine DHHS and will offer free collection at no cost.</li> <li>• <u>Data at a Glance</u>: 5/20/20 total cases 1,819, 6/17/20 total cases 2,836 and as of 7/14/20 there are 3,578 total cases.</li> </ul>	
<p><b>b. Cost Report Lockton – Amy Deschaines</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p>	



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- Amy Deschaines explained that Lockton is still developing the reporting. Next month they will provide more detail. They are also open to any suggestions on how the data is displayed.
- Experience Detail (7/2019-5/2020): 87.6% Actual vs accrual May 2020. RX rebates outline during month are dollars actually paid. Actual net cost that USI reported are what Lockton refers to as total plan cost vs accrual. Jonathan French requested adding a dollar amount with the percentage. Amy Deschaines will add for next month.
- High Claimants \$200K+(7/2019-5/2020): Total net claim after stop loss over \$19M.

**VI. UPDATES – SEMI-ANNUAL**

**a. Living Resources Program – ComPsych – Tricia Mahoney**

Information contained in written report; highlights and discussion noted below:

- Program Model for the State of Maine: Employee population 21,557. Program features include clinical support, HR assistance, LegalConnect, FinancialConnect, FamilySource, GuidanceResource and CISM/Training.
- 2020 Mid-Year Highlights: Overall utilization remains the same as 2019 at 14%-16% in Q1 and 13% in Q2. Have developed multiple resources to help address unique and ever-changing needs during these unprecedented times. Never saw an uptick in calls that was expected related to Covid-19. Are prepared if this does happen. Heather asked is there is a cost for the trainings, no unlimited.
- Support During the COVID-19 Pandemic: Include webinars, digital toolkits and tele-health counseling options. Great response from members utilizing the webinars. All webinars are recorded and available on the living resources website. Jonathan asked if the TeleHealth counts towards the 5 counseling visits, yes except the first call.
- Support for Social Changes: Include webinars, social change resources guide and online resources. All resources can be customized for the State of Maine.
- Program Utilization Snapshot 2020 YTD: Total utilization is 14% between live access, online access and other EAP services. BOB



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	<p>closure rate for all sessions is 90%. Utilization has remained stable. Online services have increased to 63%.</p> <ul style="list-style-type: none"> <li>• <u>Client Demographic and Top Referral Sources (2020)</u>: Employees make up 87%, spouse/dependent 12% and retirees 1%. 57% are female, 41% males and 2% unknown. Top referral source is HR.</li> <li>• <u>Service Access Points – Live Access</u>: Consistent utilization year to year. 84% of calls result in a face to face counseling referral. 7% are video counseling and 2% are telephone counseling. Have hired more counselors to meet member needs.</li> <li>• <u>Top Three Presenting Issues – Live Access (2020)</u>: Stress, psychological and depression related.</li> <li>• <u>Key Metrics</u>: Call volume for 2020 686 with a 0% abandon rate.</li> <li>• <u>Next Steps</u>: Continue to work with Police/First Responders to support their specialized needs. Consider theme for the next annual home mailer.</li> <li>• Heather Perreault asked if a manager/supervisor wanted to offer training for their staff what steps they should take. Tricia Mahoney stated to reach out to Shonna Poulin-Gutierrez to request this information.</li> </ul>	
<b>VII. EDUCATION</b>		
	Formal report not due this month.	
<b>VIII. FUTURE UPDATES – SEMI-ANNUAL</b>		
<b>a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in June &amp; October)</b>		
<b>b. Northeast Delta Dental – Maire Bridges (February &amp; August)</b>	Formal report not due this month.	
<b>c. WellStarME Medical Care Development – Erica Brown (Provided in August)</b>	Formal report not due this month.	
<b>d. Carrum Health Program – Carly Winokur (April &amp; October)</b>	Formal report not due this month.	
<b>e. Expert Medical Opinion</b>	Formal report not due this month.	



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<b>Grand Rounds (June &amp; December)</b>		
	<b><i>IX. REQUEST MOTION TO ADJOURN</i></b>	
<b>IX. Adjourn Meeting (10:24 am)</b>		Lois Baxter made motion to adjourn the meeting; Kelly John seconded; no abstentions. Motion passed.

2020 meeting schedule available at [www.maine.gov/bhr/oeht](http://www.maine.gov/bhr/oeht)