



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, June 18, 2020 @ 8:30am
Microsoft Teams Meeting

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Darcey Emery, Jonathan French, Deidre Kinney, Peter Marcellino, Carrie Margrave, Mara McGowen, Lew Miller, Karen O'Connor, Robert Omiecinski, Heather Perreault, Michelle Probert, Joanne Rawlings-Sekunda, Kim Vigue, Frank Wiltuck & Jon Woodard.
(total = 19)

Commission members absent: Kurt Caswell, Derek Chase, Terry James & Kelly John.

Vacant seat(s): 1

Others present:– Roberta Leonard, Shonna Poulin-Gutierrez, Joel Hill & Paige Lamarre – Employee Health & Benefits; Sabrina DeGuzman-Simmons, Kevin Fenton & Louise McCleary – Aetna; Lianna Della Torre – USI; Lisa Lagios, Stefanie Pike, Jon Edwards & Kristine Ossenfort - Anthem Blue Cross and Blue Shield; Sue Wolf – Express Scripts; Amy Deschaines, Oscar Tsao, Ed Pierce, Ken Ralff – Lockton; Laura Roberts – Sun Life; Erica Brown - MCD Public Health; Cindy Walsh – Humana; Trevor Putnoky & Peter Hayes – Healthcare Purchasers Alliance; Bill Bourassa – Harvard Pilgrim; Kerryanne Shuler – Grand Rounds; Mariana Social – Department of Health Policy and Management & Mark Sounders – Maine General.

| Agenda Item | Discussion | Action/Next Steps |
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| I. Call Meeting to Order (8:31 am) | Jonathan French called the meeting to order. | |
| II. Introductions | | |
| III. Review & Approval of Minutes (May 21, 2020) | | Frank Wiltuck made motion to accept the minutes; Jon Woodard seconded; Motion passed. |
| IV. RECURRING MONTHLY BUSINESS | | |
| a. Open Discussion/Questions on Vendor Reports – All | Information contained in written reports; highlights and discussion noted below: | Robert Omiecinski made the motion to allow employees to change health coverage through 2020 without a qualifying life event of enrolling in health plan and disenroll from health plan (any or all members) with notification of other insurance; Carrie Margraves seconded; Motion passed. |
| b. Executive Summary Highlights Employee Health & Benefits – Kurt Caswell | <ul style="list-style-type: none"> No questions or comments on vendor reports. <u>IRS COVID-19 Relief (Notices 2020-29, 2020-33)</u>: Allows employees to change health coverage through 2020. Decision made in May allowing 2 changes to the health plan without a qualifying life event (QLE); enrolling in the health plan and disenrollment from the health plan (any or all members) with notification of other insurance. | |



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c. **Financial Update – Heather Perreault & Frank Wiltuck**

- General Covid-19 Plan Provision Updates (Anthem & Medicare Advantage Plans): If diagnosed with Covid-19, no out of pocket cost for members from in-network doctors, hospitals and other healthcare professionals – 12/31/20. Members have no out of pocket cost for Covid-19 testing. Telehealth visits used by PCP's available at no cost to members until 9/30/20.
- Dental Plan Stabilization Fund: Surplus \$1.3M as of 5/31/20. June is the final month of supplemental stabilization fund.
- Dental Plan Transition – Self-Insured Status (ASO): ASO transition will be complete 7/1/20. 3-month claim run out period 7/1/20-9/30/20. Final reconciliation in 10/20. Remaining stabilization fund balance returned to the State. Reserve balance to be established.
- Pharmacy RFP: RFP advertised 6/8/20-6/12/20. Next phase; bidders conference 6/26/20, questions due 7/10/20, deadline 7/30/20, bid review begin/ends in August. Diane Bailey, Mara McGowen and Lois Baxter volunteered to be on the review committee.
- New Benefits Consultant: Lockton Group replaces USI as the consultant.
- Heather Perreault stated existing members may make changes to increase, decrease, reduce amount or discontinue on the flexible spending plan for health or daycare.
- Health Premium Credit program is extended to 9/30/20. If members have credit now, they will still receive the credit, but it will be removed if the requirements have not been met; if members qualify, they will receive the credit.
- Diane Bailey asked about the State deficient for next year and if the Commission will be asked to provide funds. Heather Perreault stated unsure of what will take place next year but does not believe funds will need to come from the Commission. Governor Mills is aware of the effect Covid-19 is having on the state's revenue. Heather Perreault will continue to advocate for the Commission.
- Financial Update: Operating statement has over \$49M surplus. Balance sheet (7/1/19-7/15/20) net position over \$89M. Frank Wiltuck stated that Will Towers is no longer on the Finance Committee, if someone else from the Commission would like to join, please reach out. Jonathan French asked what the health of the

Carrie Margrave made the motion to continue to cover COVID-19 treatment with no cost share through 12/31/20 for members that are diagnosed with COVID-19 from doctors, hospitals, and other health-care professionals that are in the plan's network. Covered treatment is only for those in-network services billed under the primary COVID-19 diagnostic and billing codes. No other billing costs will be covered, even if secondarily related to COVID-19; extend cost share waivers for telehealth/telephone-only visits with doctors in the plan's network through September 13, 2020; and, continue COVID testing and diagnosis (without member-cost share) covered under the federal mandate guidance in full until the state of emergency is lifted. Robert Omiecinski seconded; Motion passed.

Karen O'Connor asked if there has been any clarity on the MGARA fees. Shonna Poulin-Gutierrez stated Kurt Caswell has not been given an answer from the Attorney General's office. Heather Perreault stated she will follow up on this.



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| | reserve fund is. Heather Perreault stated she will work with Frank Wiltuck on this. The minimum requirement is to have 2 ½ month worth of claims. | |
| | V. OTHER BUISNESS | |
| a. COVID-19 Update Employee Health & Benefits - Shonna Poulin-Gutierrez | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>News in Maine</u>: Maine will quadruple Covid-19 testing capacity in July. Partnered with Maine-based company IDEXX laboratories. Developing “swap and send” locations across Maine to ensure that 90% of residents will have access to testing within 30 minutes of their home. • <u>Data at a Glance</u>: Confirm positive cases as of 3/18/20 was 30; as of 4/15/20 the amount increased to 770. • <u>Negative Cases/Positivity Rate (6/17/20)</u>: Total negative cases 77,005. Total positive cases 3,484. • Mental health concern is increasing due to members feeling isolated. | |
| | VI. UPDATES – SEMI-ANNUAL | |
| a. Grand Rounds – Kerryanne Shuler | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Changes to the contract</u>: Continue providing expert second opinions decreasing from 100 members to 50 and added a communication budget. Focus on working with Lockton to reassess how Grand Rounds can best service employees and their families. • <u>Personal health care assistant</u>: Desktop and mobile app of live support. • <u>13 Expert Opinions data (4/1/19-3/31/20)</u>: 69% Change in treatment • <u>Account Activations</u>: 62 new account activations • <u>Member Demographics</u>: 62% female, 38% male. 77% primary subscriber 33% dependents. | |
| a. State Compliance Update Anthem – Kristen Ossenfort | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>LD 1928</u>: An act to prohibit health insurance carriers from retroactively reducing payment on clean claims submitted by pharmacies. Will impact the health and pharmacy plan. • <u>LD 1974</u>: An act to promote telehealth. • <u>LD 1975</u>: An act to facilitate dental treatment for children. | |



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- LD 2096: An act to save lives by capping the out-of-pocket cost of certain medications, insulin. Cost sharing limited to \$35.
- LD 2105: An act to protect consumers from surprise emergency medical bills. Working with Bureau of Insurance to clarify this bill.
- LD 1660: An act to improve access to physician assistant care.
- LD 2007: An act to enact the made for Maine health coverage act and improve health choices in Maine. Last bullet point noted for plan design. Joanne for 2022 clear choice plan – local state holders come up with a structure across all plans.
- LD 2108: An act regarding health insurance options for town academies. Impact the SOM health plan. Retirees can also join the SOM health plan March 18, 2020
- Carry Over Bills LD 30: An act to improve health care data analysis. Jonathan French asked if Commission members could join the Advisory Committee. Kristen Ossenfort stated that the committee is being developed.
- LD 519: An act to expand adult dental health insurance coverage.
- LD 1434: An act to allow certified registered nurse anesthetists to bill for their services.
- LD 1611: An act to support universal health care.
- LD 1995: An act to enact the Maine insurance data security act.
- LD 2106: An act regarding prior authorizations for prescription drugs.
- LD 2110: An act to lower health care cost.

VII. EDUCATION

a. “Removing Wasteful Drug Spending form the State Health Benefit Plans” – Mariana Social, MD, PhD, Department of Health Policy and Management, John Hopkins University

- Information contained in written report; highlights and discussion noted below:
- Wasteful Drug Spending: Drugs that cost more but offer same benefit are placed in a formulary in order to earn a higher profit for PBM.
 - Why are formularies wasteful: Wasteful drugs are placed on a formulary to earn higher profits for PBMs.
 - How plan sponsors can remove waste from their drug formularies: There are over 800 drugs that can be considered wasteful. Step one review the formulary in detail remove the wasteful drugs. Step two change underlying incentives (PBM contracts).



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| | <ul style="list-style-type: none"> • <u>Implementing the Waste-Free Formulary</u>: Desirable attributes of PBM contracts. Transparency and audit rights are key. No fees, better contract more favorable to the payer. • Heather Perreault asked what steps to take if you do not have an in-house expertise. Mariana Social stated the first steps are to determine if there is a problem. Ken Ralff stated that Lockton has a pharmacist on staff and will be looking at the pharmacy plan. | |
| VIII. FUTURE UPDATES – SEMI-ANNUAL | | |
| a. Living Resources Program – CompPsych – Tricia Mahoney (Provided in June & October) | Formal report not due this month. | |
| b. Northeast Delta Dental – Maire Bridges (February & August) | Formal report not due this month. | |
| c. WellStarME Medical Care Development – Erica Brown (Provided in August) | Formal report not due this month. | |
| d. Carrum Health Program – Carly Winokur (April & October) | Formal report not due this month. | |
| e. Expert Medical Opinion Grand Rounds (June & December) | | |
| IX. REQUEST MOTION TO ADJOURN | | |
| IX. Adjourn Meeting (11:04 am) | | Frank Wiltuck made motion to adjourn the meeting; Diane Bailey seconded; no abstentions. Motion passed. |

2020 meeting schedule available at www.maine.gov/bhr/oeh