



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, October 15th, 2020 @ 8:30am
Microsoft Teams Meeting

Commission members in attendance: Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Kelly John, Peter Marcellino, Carrie Margrave, Mara McGowen, Karen O'Connor, Robert Omiecinski, Heather Perreault, Shonna Poulin-Gutierrez, Michelle Probert, Kim Vigue & Frank Wiltuck.
(total = 15)

Commission members absent: Diane Bailey, Derek Chase, Deidre Kinney, Lew Miller, Joanne Rawlings-Sekunda, Jeremy Roberts & Jon Woodard

Vacant seat(s): 2

Others present: Erica Brown, Kurt Caswell, Joel Hill, Paige Lamarre, & Roberta Leonard – Employee Health & Benefits; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Jonathan Edwards, Lisa Lagios, Kristine Ossenfort, Stefanie Pike & Jean Wood - Anthem Blue Cross and Blue Shield; Amy Deschaines, Ken Ralff, Ed Pierce & Oscar Tsao – Lockton; Laura Roberts – Sun Life; Libby Arbour & Kelsey Robinson - MCD Public Health; Peter Hayes, Lisa Nolen & Trevor Putnoky – Healthcare Purchasers Alliance; Kerryanne Shuler – Grand Rounds; Kyle Thompson – Carrum Health; Mark Saunders – Maine General.

| Agenda Item | Discussion | Action/Next Steps |
|--|--|--|
| I. Call Meeting to Order (8:31 am) | Jonathan French called the meeting to order. | |
| II. Introductions | | |
| III. Review & Approval of Minutes (August 20th, 2020) | | Frank Wiltuck made motion to accept the amended minutes; Lois Baxter seconded the motion; Motion passed. |
| IV. Recurring Monthly Business | | |
| a. Open Discussion/Questions on Vendor Reports – All | | |
| b. Employee Health & Benefits Highlights - Employee Health & Benefits - Shonna Poulin-Gutierrez | Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <u>IRS COVID-19 Relief (Notices 2020-29, 2020-33):</u> Notifications were sent out from the Office of Employee Health announcing the October 1-15, 2020 open enrollment | Johnathon French asks that with Quest Diagnostics Lab in Augusta being closed and NorDx Lab in Oakland being closed, are there any thoughts of getting another independent lab facility in the next 6 months? Lisa Lagios states she will check with their network providers and get back to the commission. |



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| | <ul style="list-style-type: none"> • <u>Medicare Advantage Plan</u>: Aetna waiving out-of-pocket costs for in-network primary care and specialist telehealth visits for Medicare Advantage plan members extended to December 31, 2020 • <u>Medicare Advantage Renewal</u>: The State of Maine Medicare Advantage renewal is now complete • <u>Express Scripts</u>: Employee Health has received the updated national preferred formulary document for the fourth quarter of 2020 • <u>Anthem</u>: Employee Health has begun regular meetings with Anthem and Lockton to prepare for the new platform that Anthem is migrating to in early 2021 • <u>Flu Shots</u>: A statewide email has been prepared and will go out as a reminder on the flu vaccine clinics | <p>Lisa Lagios confirms there is a delay on ConvenientMD coming to Augusta, and she has reached out to NorDx Labs but has not heard back from them. September 2020: NorDx Lab in Oakland was confirmed to be permanently closed.</p> |
| <p>c. Financial Update – Frank Wiltuck</p> | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Balance Sheet</u>: State FY 2021 through 10/05/2020 Equity is \$101M, Unappropriated Surplus \$52M • <u>Reserve Calculation</u>: Required Reserve Balance for FY 2019 is \$48M • <u>Operating Statement</u>: State FY 2021 through 10/05/2020 expenses exceeds revenues by \$2M • Most variances from prior financial report is due to the timing of accounting entries | |
| <p>V. UPDATES – SEMI-ANNUAL</p> | | |
| <p>a. Carrum Health Program – Kyle Thompson</p> | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Carrum Health Commitment</u>: Thoughtfully designed patient experience, hand-picking the best facilities and surgeons, and reducing spend and eliminating waste • <u>Member engagement metrics since launch</u>: <ul style="list-style-type: none"> ○ Member registrations: 610 ○ Episodes (Cases) Created: 58 ○ Consultations Held: 33 ○ Surgeries Performed: 27 • <u>Projected Savings and ROI for the State of Maine</u>: <ul style="list-style-type: none"> ○ Utilization Rate: 14% ○ Savings: \$892K ○ ROI: 2.6x | <p>Michelle Probert asks if it's typical in the market for only about 10% of cases to result in consultations. Kyle Thompson says he will have to follow up.</p> |



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- Spectrum Healthcare Partners COE snapshot: Locations in Portland and Auburn.
- COVID-19 Impact: Carrum is taking new inquiries, facilitating qualification and records collection and scheduling virtual consultations
- What to expect in 2021: Oncology bundles, outpatient expansion in the Northeast, and enhancements to patient mobile app

VI. OTHER BUISNESS

a. Anthem Infusion Discussion – Chair

As Discussed Below:

- Consideration: Infusion Therapy (Non-Oncology) Plan Design Change to include outpatient hospital facilities at preferred level of benefits, and lower In-Network Provider rates from 90% to 60% after in-network deductible.
- Recommendation: To implement for January 1, 2021
- Select Hospitals – Outpatient setting being proposed:
 - Northern Light (9 Hospitals)
 - Mid Coast Hospital
 - St. Mary's Reginal Medical Center
 - St. Joseph's Hospital
 - Central Maine Medical Center
- Current Utilization: 134 members are receiving infusions in the hospital outpatient setting
 - 76 of these members are receiving infusions in a non-preferred outpatient hospital (pending implementation January 1, 2021)
- Non-Preferred Facilities (as of 1/1/21):
 - Bio Medical: 1
 - Cary Medical: 6
 - Houlton Regional: 2
 - Maine Medical Center: 13
 - Maine General: 34
 - Penobscot bay: 3
 - Redington: 2
 - Rumford: 2
 - Southern Maine: 2
 - Stephens: 1

Lois Baxter asks out of the 76 members who will be receiving infusions in a non-preferred outpatient hospital, how many will be doing so because of location?

Michelle Probert motions to accept the Plan Design Committees recommendation to change the Infusion Therapy Benefit; Robert Omiecinski seconds the motion; Lois Baxter opposes the motion; Mara McGowen voices her concern regarding 76 members being a large number of members who will be paying larger deductibles.

Heather Perrault asks what would be the impact of delaying the decision till next month? Kurt Caswell responds there is a department of labor requirement that subscribers need to receive a 60-day notice, and if the decision is not made today the implementation would need to be moved back. Lisa Lagios says the timeline is tight, Anthem is encouraging hospitals to move to preferred pricing on services, when hospitals move to the preferred pricing arrangements, they can be included in the preferred infusion benefit as well.



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| | <ul style="list-style-type: none"> o Waldo: 4 o Wentworth: 1 o Unknown: 5 | <p>Heather Perrault asks are there alternative preferred facilities in acceptable distance from where they're currently receiving care? Lisa Lagios answers that a majority of the 76 affected members are receiving care in Portland or Augusta and there are multiple alternatives for those locations.</p> <p>Michelle Probert motions to accept the Plan Design Committees recommendation to change the Infusion Therapy Benefit; Robert Omiecinski seconds the motion; Motion passes.</p> |
| <p>b. Pharmacy RFP Update – Kurt Caswell</p> | <p>As Discussed Below:</p> <ul style="list-style-type: none"> • <u>RFP Issued – May 2020</u>: Requested both Traditional & Transparent/Pass-Through models • <u>Proposals Received</u>: Aetna, Anthem, Capitol Rx, Express Scripts, MC Rx, MedImpact, Optum • <u>Effective Date of New Contract</u>: Original goal was January 1, 2021 and revised goal is July 1, 2021 with a minimum 90-day implementation period • <u>Evaluation Status</u>: Initial review is nearing completion and final financial review will happen soon • <u>Current Contract</u>: Contract with Express Scripts being extended through June 30th, 2021 | <p>Lois Baxter made motion to extend the Express Scripts contract; Michelle Probert seconds the motion; Motion passes</p> |
| VII. EDUCATION | | |
| <p>a. Medicare Advantage Program (Sabrina DeGuzman-Simmons & Amy Deschaines)</p> | <p>Highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Medicare History</u>: Title XVIII of the Social Security Act, entitled “Health Insurance for the Aged and Disabled” enacted in 1965, administered by Centers for Medicare & Medicaid Services (CMS) • <u>A-B-C-D’s of Medicare</u>: <ul style="list-style-type: none"> o Part A: Covers hospital-related expenses o Part B: Covers doctor and other care-related expenses o Part C: Medical Plans that include part A & part B and offer additional benefits o Part D: Prescription Drug Plans | |



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- Medicare Costs for Services in 2020: Part A is premium-free for most, the Standard Part B premium is \$144.60 per month (or higher)
- Services not covered by Medicare Part A & Part B: Long-term care services, private duty nursing care, routine dental care and dentures, hearing aid and exams for fitting hearing aids
- Signing up for Medicare after 65: Special Enrollment Period – you don't have to pay an LEP, General Enrollment Period – you'll have to pay an LEP
- Medicare Advantage – State of Maine offerings: Integrates Part A, B and can include Part D
- Extra Benefits Include: Meals, transportation, hearing exam and hearing aid reimbursement
- State of Maine Medicare Advantage Part B only plan background: Prior to April 1, 1986 Social Security/Medicare did not require government agencies to contribute into Social Security/Medicare system because government employers had their own retirement systems
- Background on State Retiree Health: In late 2017 through early 2018, Aetna and your benefits consultant conducted an analysis of the State Retiree Health coverage
- Why transitioning retirees from the active health plan to the Aetna Medicare Advantage was the right choice: Allows for customization to match active health plan medical and prescription drug plan benefits

VIII. FUTURE UPDATES – SEMI-ANNUAL

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| <p>a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January & July)</p> | <p>Formal report not due this month.</p> | |
| <p>b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and November)</p> | <p>Formal report not due this month.</p> | |
| <p>c. Carrum Health Program – Kyle Thompson (April & October)</p> | | |
| <p>d. Anthem/Lockton Compliance Review (May & November)</p> | <p>Formal report not due this month.</p> | |



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| e. Expert Medical Opinion Grand Rounds (June & December) | Formal report not due this month. | |
| <i>IX. REQUEST MOTION TO ADJOURN</i> | | |
| X. Adjourn Meeting (11:11 am am) | | Robert Omiecinski motions to adjourn; Kelly John seconds the motion; Meeting adjourned |

2020 meeting schedule available at www.maine.gov/bhr/oea