



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Co-Chair

Holly Pomelow
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, July 11, 2019 @ 8:30am
Central Maine Commerce Center, Augusta

Commission members in attendance: Diane Bailey, Kurt Caswell, Cecile Champagne-Thompson, Darcey Emery, Becky Greene, Kelly John (via phone) Jonathan French, Peter Marcellino, Carrie Margrave, Mara McGowen, Lew Miller, Holly Pomelow, Will Towers, Jon Woodard, Kim Vigue (total = 15)

Commission members absent: Lois Baxter, Derek Chase, Eric Cioppa, Laurie Doucette, Sandra Doyon, Terry James, Karen O'Connor Robert Omiecinski,
Vacant seat(s): One

Others present: Joanne Rawlings-Sekunda – Maine Bureau of Insurance (Eric Cioppa’s designee); Heather Albert, Roberta Leonard, Shonna Poulin-Gutierrez, Joel Hill – Employee Health & Benefits; Heather Perreault – Deputy Commissioner of Finance/DAFS Joseph Bataguas, Sabrina DeGuzman-Simmons, – Aetna; Lianna Della Torre, Burr Duryee – USI; Lisa Lagios, Stephanie Washburn, Jonathan Edwards - Anthem Blue Cross and Blue Shield; Max Knutsen - Maine Health; Mike Sisk – Cross Benefit Solutions; Erica Brown, Alphonse Allen Laney – MDC Public Health; Trevor Putnoky, Peter Hayes - Healthcare Purchaser Alliance of Maine; Joshua Howe – Department of Labor

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:32am)	Jonathan French called the meeting to order.	
II. Introductions		
III. Review & Approval of Minutes (June 13, 2019)	Date was incorrect.	Will Towers made motion to accept the minutes as amended; Lew Miller seconded; no abstentions. Motion passed.
<i>IVa. UPDATES-MONTHLY</i>		
a.iii. Plan Experience Summary (active health & dental) USI - Burr Duryee	Burr Duryee handed out the standard monthly reports: Policy Period Monthly Claims Report – Medical/Rx/Behavioral, Enrollment, Fixed Costs & Expected Claim Calculation and two dental Policy Period Monthly Claims Reports (current period and year end). Discussion highlights below: <ul style="list-style-type: none"> <u>Medical Budget to actual (policy period):</u> 97.7% total less rebates & guarantees. Over 15M in medical claims, consistent. Pharmacy claims have increased to over 4M. ESI will be here next month to provide details. Negative dollar amount in stop loss claims. <u>Recap of FY18:</u> Still being provided for reference. <u>Medical Enrollment (policy period):</u> Consistent. Head count is up due to more employees added to the plan. 	Kurt Caswell is working on a strategy to obtain funds from State of Maine departments to help decrease the deficit on the dental plan. June 2019 Extra funding has been added to decrease the deficit, projected to be \$0 at the end of the plan year.



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	<ul style="list-style-type: none"> • <u>Dental</u>: Current loss ratio 111.9% for policy period. June claims just came in, lower than the last few months. Paying down has begun. Under 900K currently. Should start to stabilize. 	
<p>a.i. State of Maine Health Plan (medical update) Anthem Blue Cross & Blue Shield - Lisa Lagios</p>	<p>Information contained in written report; highlights and discussion noted below: Lisa Lagios introduced the new Director of Sales for Anthem Jonathan Edwards.</p> <ul style="list-style-type: none"> • <u>Executive Summary (6/18-5/19)</u>: Rolling medical claims \$165M, and total PMPM \$516K. Retirees \$36M. Total paid claims for May 2019 \$15M. Consistent. Utilization increasing in well visits, annual exams and preventative services. This may have had something to do with the Heath Credit. Increasing number of enrollment, subscribers and members. • <u>Administrative Fees and Claims (12/2018-5/2019)</u>: Display of weekly and monthly invoices. Miscellaneous credits on the claim invoices are from ancillaries that are billed directly by Anthem, this will should show up monthly going forward. State surcharges and fees are vaccines. • <u>High Cost Claimants (over \$50k)</u>: Paid over \$73M; 623 members, 168 are retiree members that account for 20M. 11 children under the age of 1 at \$1.3M. This number has increased, watching closely. • <u>Paid Claims Distribution</u>: 3,112 members have not filed a medical claim. 48% of members have claims less than \$1,000. 1% have claims over 1,000. Very consistent with benchmark. • <u>Top Ten Facilities</u>: Very Consistent from prior months. • <u>Emergency Room (rolling 12 months)</u>: \$10M in E/R charge or 6.1% of total medical paid amount. 5,731 E/R visits of which 537 (about 10%) were admitted. 50% of total visits are potentially avoidable, costing 3.2M. Decreasing since May slightly. In August new walk in locations will be presented. July 1st Live Health online started with no copay. Marking material for this to come. • <u>Targeted Health Conditions</u>: Cancer, coronary heart disease, depression, maternity depression and diabetes are the top 5. Consistent. Children are defined as under age 26. Depression is 5-10% higher in children than adults. • <u>Engagement Summary</u>: Total members 26,653. Unable to reach 45% of members. Incorrect phone number or no responses. 	<p>Holly Pomelow asked if a breakdown of the types of cancers could be added. Lisa Lagios stated she will add going forward. July 2019</p>



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	<ul style="list-style-type: none"> • <u>Lifestyle Conditions</u>: Claims attributed to specific lifestyle make up for over 24% of total dollars spent. Osteoarthritis except low back represents the primary lifestyle related condition by paid amount and is 4.1% of total paid claims amount. Hypertension represents the highest lifestyle related condition per 1000 over 20% above the benchmark. Weight, diet, tobacco use, obesity and preventative screenings are key factors. • <u>Preventive Screenings</u>: Members are getting services. 	
<p>a.ii. Medicare Advantage Plan Aetna – Sabrina DeGuzman-Simmons.</p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Call Summary (1/1/19-5/31/19)</u>: Trending consistent, but slightly down, normal for this time of year. • <u>Executive Summary – Medical (3/18-3/19)</u>: Membership has increased by 3.0%. Should see a higher jump towards the end of the year for the age group 75-79. Medical pharmacy cost has decreased 3.2%. Keeping an eye on this. Members utilizing out of network providers. Total surgeries are up from prior year in Ambulatory which is where it should be. • <u>High Cost Claimants Over \$100k</u>: Consistent. Injectable goal is to make sure members are taking medication to stay out of the hospital. • <u>Top 10 Diseases by Paid Amount</u>: Consistent. Hypertension Hyperlipidemia still the top two. Depression is back on the list. • <u>Utilization Detail by Medical Cost Category</u>: Total number of claims 285,594. Total admits 1,872. Total paid amount \$77M. • <u>Top 10 Provider Services Profile by Paid Amount (4/2018-3/2019)</u>: Consistent. Fresenius medical care added. • <u>Executive Summary Part D (pharmacy)</u>: 8,097 utilizing members who had claims through 6/30/2019. 155 members reached the catastrophic phase. 1,050 members reaching coverage gap. • <u>Pharmacy Utilization</u>: 88.5% members utilizing generic, 0.6% specialty and 10.9% brand name. • <u>Top 10 Therapeutic Drivers by Drug Cost</u>: Opioids are more controlled by limiting where members can get their medication. • <u>Top 20 Utilized Drug Report</u>: Consistent • <u>State of Maine Clinical Outcomes</u>: Consistent from last month. 	<p>Joanne Rawlings-Sekunda noticed the total was wrong on the utilization detail for total number of claimants. June 2019. Sabrina DeGuzman-Simmons provided the correction.</p> <p>Holly Pomelow asked what colleges participate in the CollegeSave SilverSneakers program. June 2019. Sabrina DeGuzman-Simmons will provide a list, in the form of a handout.</p>



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	<ul style="list-style-type: none"> • <u>New for 2020</u>: Two new voluntary programs that will be launched in 2020. Accordant Care, a care management program that gives specialize support for members to work through their condition. Specialty Connect provides support for specialty medications and services. • <u>Member Updates</u>: 2019 osteoporosis member and provider initiative for members over the age of 66. • Diane Bailey asked what is the duration time to get specially medication approved. Sabrina DeGuzman-Simmons replied 24-72 hours. 	
<p>a.iv. Executive Summary Employee Health & Benefits – Kurt Caswell</p>	<p>The Executive Summary report was provided to the Commission via e-mail prior to the meeting. Discussion highlights below:</p> <ul style="list-style-type: none"> • <u>Communication</u>: EH&B participated in the new employee orientation for DOT on June 10th. A copy of the new Benefits booklet was passed around. Will be online once finalized. • <u>Wellness</u>: Shonna Poulin-Gutierrez and Erica Brown will be presenting at the World Congress National Employee Health and Well-Being Summit at the end of July in Boston to share the success of what the Wellness committee has implemented. • <u>Health Plan</u>: Review of the LD's that have passed into law related to Health Care. LD38 – require insurance coverage for hearing aids for adults, effective 1/1/2020. LD376 – to expand health insurance options for town academies, effective 1/1/2020. Carrum Health new service is now in effect for spinal, hip, knee replacement, cardiac and bariatric surgery. Would like to add shoulder replacement at no extra cost to the plan. • <u>Appeals</u>: Deadline for a formal submission August 9th. • <u>Dental Plan</u>: Extra funding has been added to decrease the deficit, projected to be \$0 at the end of the plan year. • <u>RFP's</u>: EH&B is working on the audit of the Health plan. Must prioritize with the new HRSM project. 	<p>Carrie Margraves made the motion to add shoulder service to the Carrum Health plan, Will Towers seconded; no abstentions. Motion passed</p>
<p><i>IVb. UPDATES – BIENNIAL</i></p>		
<p>b.i. Dental Plan Northeast Delta Dental – Marie Bridges, Courtney Morin</p>	<p>Formal report not due this month.</p>	<p>Marie Bridges will send the Dental Action Report to Kurt. This item is outstanding from the September 2018 meeting.</p>



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(Provided in February & September)		Johnathan French asked do we know how many people are eligible for the HOW program? Courtney responded they do not have those numbers at this time Marie will provide. This item is outstanding from the February 2019 meeting.
b.ii. Living Resources Program – ComPsych – Tricia Mahoney (Provided in June & October)	Formal report not due this month.	
b.iii. State of Maine Health Plan Express Scripts, Inc. - Sue Wolf and Brian (Provided in March & August)	Formal report not due this month.	Amy MacMillan asked if ESI is forecasting on Maine’s rising age population. Susan will look into. This item is outstanding from the March 14th, 2019 meeting.
IVc. UPDATES – ANNUAL		
c.i. WellStarME Medical Care Development – Erica Brown (Provided in August)	Formal report not due this month.	
c.ii. Expert Medical Opinion Grand Rounds – Kerryanne Shuler (Provided in September)	Formal report not due this month.	
V. Other Business		
V.i. Other Business	None	
VI. Meeting Recap	Jonathan French provided the meeting recap: <ul style="list-style-type: none"> The July meeting only reviewed standing agenda items; recap not necessary. 	Carrie Margrave asked if ancillaries could have a copy of the Carrum Health mailing. Kurt Caswell will provide. June 2019
VII. Adjourn Meeting (9:30 am)		Carrie Margrave made motion to adjourn the meeting; Darcie Emery seconded; no abstentions. Motion passed.



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2019 meeting schedule available at www.maine.gov/bhr/oeH