



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Holly Pomelow  
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Friday, April 19, 2019 @ 11:00am  
Burton Cross Building, Room 400, Augusta

Commission members in attendance: Kurt Caswell, Darcey Emery, Jonathan French, Becky Greene, Mara McGowen, Peter Marcellino, Lew Miller, Karen O'Connor, Holly Pomelow, Kim Vigue, (total = 10)

Commission members absent: Diane Bailey, Lois Baxter, Derek Chase, Cecile Champagne-Thompson, Eric Cioppa, Sandra Doyon, Laurie Doucette, Terry James, Kelly John, Amy MacMillan, Carrie Margrave, Robert Omiecinski, Will Towers,

Vacant seat(s): One

Others present: Joanne Rawlings-Sekunda (via phone) – Maine Bureau of Insurance (Eric Cioppa’s designee); Heather Albert, Roberta Leonard – Employee Health & Benefits; Burr Duryee (via phone) – USI

Agenda Item	Discussion	Action/Next Steps
<b>I. Call Meeting to Order (11: 02 am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>		
<b>III. Review &amp; Approval of Minutes (March 28, 2019)</b>		Lew Miller made motion to accept the amended minutes; Peter Marcellino seconded; no abstentions. Motion passed.
<i>IVa. UPDATES-MONTHLY</i>		
<b>a.i. State of Maine Health Plan (medical update) Anthem Blue Cross &amp; Blue Shield - Lisa Lagios</b>	Information contained in written report; highlights and discussion noted below: <ul style="list-style-type: none"> <li>Not applicable at this time.</li> </ul>	Jean Wood will be looking into getting data for “never events” through possible quality reporting. This item remains pending from the October 2018 meeting. Anthem identifies the “never events” or “hospital acquired conditions (HAC)” through a combination of hospital bill audits or prepayment itemized bill review. Hospitals should be removing any charges related to the HAC or remove any days that are due to the HAC. There is a way for hospitals to indicate that the claim is payable (for a bed sore or infection, for example) by noting that the condition was



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Holly Pomelow  
Management Co-Chair

		<p>POA-present on admission-and therefore the policy of HAC does not apply. This is the same procedure for Anthem and for CMS.</p> <p>Bill Whitmore will provide more information on Targeted Health Conditions at next month's meeting. This item is outstanding from the March 14<sup>th</sup>, 2019 meeting. Bill Whitmore and Sabrina DeGuzman-Simmons were going to present together on this item. Sabrina will discuss with Kurt regarding his thoughts on proceeding with a presentation or information in writing for June 2019 meeting.</p>
<p><b>a.ii. Medicare Advantage Plan Aetna – Sabrina DeGuzman-Simmons.</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• Not applicable at this time.</li> </ul>	<p>Joe Bataguas and Sabrina Simmons will provide more information regarding the increase in pharmacy at the October meeting. This item is outstanding from the September 2018 meeting. Medical pharmacy is increasing across Aetna Book of Business, this is due drugs covered under Medical, (Part B drugs) such as oncology medication, anti-cancer drugs and drugs that cannot be self-administered.</p> <p>Sabrina Simmons to provide additional information regarding the high-cost claimants. This item is outstanding from the August 2018 meeting. Top 10 high cost claimants (HCC) for August of 2018:</p> <ul style="list-style-type: none"> <li>• Top HCC – 1 transplant; managed through Aetna Case Management</li> <li>• 2 expired</li> <li>• 2 termed off plan</li> <li>• 3 managed through Home Health Care</li> </ul>



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
*Labor Co-Chair*

Holly Pomelow  
*Management Co-Chair*

- 1 ongoing chemo
- 1 skilled nursing facility

Joe Bataguas stated will look into offering a survey to members post health risk assessment. This item is outstanding from the November 2018 meeting. Joe Bataguas will check his notes on this matter. At this time Aetna does not have ability to conduct Healthy Home Visit survey specific to the State.

Sabrina Simmons will look into why office visits are decreasing. This item is outstanding from January 2019. Sabrina DeGuzman-Simmons will check into, March 14, 2019. State of Maine overall utilization has trended down year over year. Decrease in office visits is a reflection of members that are being managed. This is reflected in the case and disease management high engagement rate, and participation in Healthy Home Visits that allows nurses to refer members into the right programs.

Joanne Rawlings-Sekunda does Aetna do a CAHPS survey? Sabrina responded yes with an internal vendor. Will provide information next month. This item is outstanding from the March 14<sup>th</sup>, 2019 meeting. Please refer to Attachment A.

Holly Pomelow asked what were the questions asked in the survey. Sabrina will provide. This item is outstanding from the



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Holly Pomelow  
Management Co-Chair

		<p>March 14<sup>th</sup>, 2019 meeting. Please refer to Attachment B.</p> <p>Jonathan French asked what is the STAR ratings average score? Louise McCleery will provide the metric. This item is outstanding from the March 14<sup>th</sup>, 2019 meeting. Please refer to Attachment C.</p>
<p><b>a.iii. Plan Experience Summary (active health &amp; dental)</b> <i>USI - Burr Duryee</i></p>	Not applicable at this time.	
<p><b>a.iv. Executive Summary Employee Health &amp; Benefits -</b></p>	Not applicable at this time.	
<i>IVb. UPDATES – BIENNIAL</i>		
<p><b>b.i. Dental Plan</b> <i>Northeast Delta Dental – Marie Bridges, Courtney Morin (Provided in February &amp; September)</i></p>	Formal report not due this month.	<p>Marie Bridges will send the Dental Action Report to Kurt. <b>This item is outstanding from the September 2018 meeting.</b></p> <p>Johnathan French asked do we know how many people are eligible for the HOW program? Courtney responded they do not have those numbers at this time Marie will provide. <b>This item is outstanding from the February 2019 meeting.</b></p>
<p><b>b.ii. Living Resources Program – ComPsych – Tricia Mahoney (Provided in June &amp; October)</b></p>	Formal report not due this month.	
<p><b>b.iii. State of Maine Health Plan Express Scripts, Inc. - Sue Wolf (Provided in March &amp; August)</b></p>	Formal report not due this month.	<p>Amy MacMillan asked if ESI is forecasting on Maine’s rising age population. Susan will look into. <b>This item is outstanding from the March 14<sup>th</sup>, 2019 meeting.</b></p>



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Holly Pomelow  
Management Co-Chair

**IVc. UPDATES – ANNUAL**

<p><b>c.i. WellStarME Medical Care Development – Erica Brown (Provided in August)</b></p>	<p>Formal report not due this month.</p>	
<p><b>c.ii. Expert Medical Opinion Grand Rounds – Kerryanne Shuler (Provided in September)</b></p>	<p>Formal report not due this month.</p>	<p>Kerryanne Shuler will ask her analytics team to provide more info/details regarding the savings methodology. This item is outstanding from the October 2018 meeting. Employee Health &amp; Benefits have received the ROI calculations and have approved.</p>
<p><b>V. Other Business</b></p>		
<p><b>V.i. Other Business Plan Design Discussion – Dental Plan Employee Health &amp; Benefits- Kurt Caswell</b></p>	<p>The Dental Plan Design was provided to the Commission via e-mail prior to the meeting. Discussion highlights below:</p> <ul style="list-style-type: none"> <li>• <u>Offering another alternative</u>: To decrease financial impacted on employees and provide a better opportunity to switch to an in network dental provider.</li> <li>• Kim Vigue asked why the last vote was not the final say. Kurt Caswell replied we are still learning the expectation of the new administration.</li> <li>• DAFS Administration has agreed to increasing funding before end of plan year. The amount is yet to be determined.</li> <li>• <u>Highlighted concerns</u>: The majority of employee’s have a single plan. Adding a deductible could cause a bigger impact on lower wage employees. What the financial impact that the HOW program has had and may continue to have on the plan.</li> <li>• <u>Discussion of options</u>: Reduce or eliminate the deductible to \$25/\$75. Reduce posterior composites coverage. No adult ortho. Remove out of network coverage.</li> <li>• Kurt Caswell is willing to present another option.</li> <li>• Discussion of moving the dates of open enrollment if the Commission cannot decide on a solution. Need to confirm this change with the controller’s office.</li> </ul>	<p>Diane Bailey asked Anthem why there are not enough vision providers. Lisa Lagios responded Anthem is constantly recruiting new providers in the plan. Lisa Lagios will reach out for a list. This item is outstanding from the November 2018 meeting. On November 8th, I emailed Employee Health &amp; Benefits the listing of providers, recruitment form and website for Blue View Vision.</p> <p>Diane Bailey asking about the State budget. Can funds be rolled over to the following year? Burr Duryee responded that Kurt Caswell has not gotten exact numbers on this. Diane would like to have this confirmed. <b>This item is outstanding from the November 2018 meeting. March 14, 2019</b></p> <p>Amy MacMillan asked can Live Health On-Line send lab orders? Lisa Lagios will check, but</p>



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Holly Pomelow  
Management Co-Chair

		<p>they can call in prescriptions. This item is outstanding from the March 14<sup>th</sup>, 2019 meeting. LiveHealth Online cannot order labs or diagnostic testing.</p> <p>Motion to reconsider dental coverage options presented and undo the previous option that was voted on. Holly Pomelow motioned to amend the last vote and adopt option 20. Becky Greene seconded the motion. All in favor 3, opposed 7. Resulted in a tie between labor and management.</p>
<b>VI. Meeting Recap</b>	Jonathan French provided the meeting recap: <ul style="list-style-type: none"> <li>• Not applicable at this time.</li> </ul>	
<b>VII. Adjourn Meeting (12:00pm)</b>	Recessed. Continuation of the meeting will be scheduled; no public notice is required.	Holly Pomelow, made motion to recess the meeting; Kim Vigue seconded; no abstentions. Motion passed.

Wednesday, April 24, 2019 @ 10:00am  
Burton Cross Building, Room 400, Augusta



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan French  
*Labor Co-Chair*

Holly Pomelow  
*Management Co-Chair*

Commission members in attendance: Diane Bailey, Kurt Caswell, Jonathan French, Mara McGowen, Peter Marcellino, Lew Miller (via phone), Karen O'Connor, Robert Omiecinski, Holly Pomelow, Kim Vigue, Will Towers  
(total = 11)

Commission members absent: Lois Baxter, Derek Chase, Cecile Champagne-Thompson, Eric Cioppa, Sandra Doyon, Laurie Doucette, Darcey Emery, Becky Greene, Terry James, Kelly John, Amy MacMillan, Carrie Margrave,

Vacant seat(s): One

Others present: Joanne Rawlings-Sekunda (via phone) – Maine Bureau of Insurance (Eric Cioppa’s designee); Heather Albert, Roberta Leonard – Employee Health & Benefits; Burr Duryee (via phone) Heidi Giroux (via phone) – USI. Heather Perreault – Deputy Commissioner of Finance, DAFS

Agenda Item	Discussion	Action/Next Steps
<b>I. Call Meeting to Order (10:06am)</b>	Jonathan French called the meeting back from recess.	
<b>II. Introductions</b>		
	<b>V. Other Business</b>	
<b>V.I. Other Business Plan Design Discussion – Dental Plan Employee Health &amp; Benefits- Kurt Caswell</b>	<p>The Dental Plan Design was provided to the Commission via e-mail prior to the meeting. Discussion highlights below:</p> <ul style="list-style-type: none"> <li>• New options introduced 22, 23 and 24.</li> <li>• <u>Option 22:</u> Increase Premium by 9%, remove adult ortho and reduce posterior composites.</li> <li>• <u>Option 23:</u> Increase Premium by 9%, remove adult ortho and add a deductible of \$25/\$75.</li> <li>• <u>Option 24:</u> – Increase Premium by 9%, remove adult ortho, reduce posterior composites and add a deductible of \$25/\$75.</li> <li>• Heather Perreault voiced her concern that if benefits are reduced to employees it’s hard to add back in later. Weighing this against premium increases to come up with a compromise.</li> <li>• Karen O’Connor asked, will the money be provided regardless of the option chosen. Heather Perreault replied the administrations supplement will vary depending on what plan is chosen. Still looking into the budget to determine where the money would come from. May have an answer by July 1<sup>st</sup>.</li> <li>• Out of network could be a big issue for some members. May not have a choice depending on where they live. Location is a factor.</li> </ul>	<p>Labor requested the room to conduct a caucus.</p> <p>Karen O’Connor Made motion to pass the recommendation for Dental Option 24; Mara McGowen seconded; no abstentions. Motion passed.</p> <p>Robert Omiecinski made motion to cancel the May meeting. Holly Pomelow seconded; no abstentions, motion passed.</p>



Janet T. Mills  
Governor

**STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061**

Jonathan French  
*Labor Co-Chair*

Holly Pomelow  
*Management Co-Chair*

	<ul style="list-style-type: none"> <li>• Diane Bailey spoke about the group dental plan offered to all retirees, has a onetime deductible that does not apply to preventive services. This has not been an issue.</li> <li>• Mara McGowen voiced it would be irresponsible not to reduce the deficit and keep it from increasing in the future.</li> <li>• Jonathan French expressed concern that attendance may be low for the May Commission meeting due to the Annual Maine HR Convention being held at the same time.</li> </ul>	
<b>VI. Meeting Recap</b>	Jonathan French provided the meeting recap: <ul style="list-style-type: none"> <li>• May Commission meeting is cancelled. The Commission is requiring financial information from the vendors. Employee Health &amp; Benefits will distribute to the Commission.</li> </ul>	
<b>VII. Adjourn Meeting (11:06 pm)</b>		Karen O'Connor, made motion to adjourn the meeting; Robert Omiecinski seconded; no abstentions. Motion passed.

2019 meeting schedule available at [www.maine.gov/bhr/oe](http://www.maine.gov/bhr/oe)



Attachment A



Attachment B



Attachement C