**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, July 12, 2018 @ 8:30am**

**Central Maine Commerce Center, Augusta**

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Eric Cioppa, Laurie Doucette, Sandra Doyon, Jonathan French, Becky Greene, Ellen Hughes, Terry James, Kelly John (via phone), Peter Marcellino, Carrie Margrave, Lew Miller, Karen O’Connor, Robert Omiecinski, Joyce Oreskovich (via phone), Kim Vigue

(total = 18)

Commission members absent: Derek Chase, Amy MacMillan, Wanita Page, Will Towers, Nickole Wesley

Vacant seat(s): Seat 15 – Executive Director, Office of Employee Health & Benefits

Others present: Kurt Caswell, Roberta Leonard, Heather Albert, Shonna Poulin-Gutierrez – Employee Health & Benefits; Holly Pomelow - Bureau of Human Resources, Sabrina Simmons, Joseph Bataguas – Aetna; Burr Duryee – USI; Lisa Lagios, Jean Wood – Anthem Blue Cross and Blue Shield; Max Knutsen - Maine Health; Trevor Putnoky, Peter Hayes – Healthcare Purchaser Alliance of Maine

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| Agenda Item | Discussion | Action/Next Steps |
| **I. Call to Order (8:31am)** |  Lois Baxter called the meeting to order. |  |
| **II. Introductions** |  |  |
| **III. Review & Approval of Minutes** (June 14, 2018) |  | Rob Omiecinski made motion to accept the minutes; Diane Bailey seconded; no abstentions. Motion passed.  |
| **IVa. UPDATES-MONTHLY** |
| a.i. Anthem Claims Update - *Lisa Lagios, Anthem Blue Cross & Blue Shield* | Information contained in written report; highlights and discussion noted below:* Executive Summary: PMPM $448; higher than Anthem’s Maine book of business (BOB) of $407. Spouses are about $100 higher than primary subscriber. Membership down 407 since December
* High Cost Claimants: Total paid over $50k is $55M which represents 40% of total paid claims for 470 members (10% of total is retiree members). One cancer case in top 10 which is unusual; usually 3-5 cases. Lew Miller asked if the $50k is cumulative; Lisa Lagios confirmed that it is and it’s just medical. Kurt Caswell asked why a fractured femur would be at $500k. Eric Cioppa asked if any of these claimants were carried over from the Aetna plan; Lisa said it’s possible but she does not have this information. Diane Bailey asked about the clinical engagement process which Lisa reviewed. Jean Wood followed up that some of the conditions may not be appropriate for clinical engagement or the members may no longer be covered by the plan.
* Paid Claims Distribution: 4,000 members have not filed a claim which is consistent when compared to Anthem’s benchmark.
* Top 10 Facility Providers: No new facilities on the list; consistent with prior months.
* Emergency Room: $8M in paid claims; 6% of total medical paid. Avoidable E/R visits are being researched as requested at the June meeting.
* Targeted Health Conditions: Depression new to top five; low back pain fell off the list. Benchmark Maine’s BOB added to slide as requested at the June meeting. Eric Cioppa asked about the PMPM for cancer. Kurt Caswell asked if the pharmacy was included in the Anthem’s BOB; Lisa confirmed this is just comparing medical to medical (no Rx).
* Engagement Summary: 1,035 currently enrolled. Diane Bailey asked if the 14% was higher than last month; Lisa confirmed it is lower (18%).
 | Lisa will look into the fractured femur case.Lisa confirmed that they are still looking into the potentially avoidable ER visits and ER trend as requested at the June 2018 meeting. Bill Whitmore suggested they (Anthem) run this risk formula among their BOB. Kurt Caswell requested a risk score on the targeted health conditions; Lisa will provide that. This item remains pending from the June 2018 meeting.Lisa will research cancer PMPM in response to Eric Cioppa’s question. |
| a.ii. Aetna Medicare Advantage Plan- Sabrina DeGuzman-Simmons | Information contained in written report; highlights and discussion noted below:June Call Summary: consistentExecutive Summary - Medical: Medical pharmacy up 17%. Utilization is trending down.Top 10 Diseases by Paid Amount: Diabetes is 5th and depression is 9th.High Cost Claimants Over $75k: There are currently 8 members. Medical Cost Category: Medical pharmacy in top four.Executive Summary (Part D) Pharmacy: 8,008 utilizing members, 707 specialty scripts and 2,956 opioid scripts.Top Drug Report (by cost): High generic and low mail order utilization. Eric Cioppa asked about Gattex (#6). Care Management: Program engagement rate is 99%Member News: Foreign claims processingTargeted breast & cervical cancer screening reminders will be sent to members.* In response to Lois Baxter’s question at the June 2018 meeting, Sabrina confirmed that once a member has a Healthy Home Visit, Aetna will start reaching out after 6 months to schedule again.
 | Sabrina to find out more about the top 10 drug Gattex; will add cost to slide if possible.  |
| a.iii. Plan Experience Summary/ Budget Review-*USI/Burr Duryee* | Burr Duryee handed out the three standard monthly reports: Policy Period Monthly Claims Report – Medical/Rx/Behavioral, Enrollment, Fixed Costs & Expected Claim Calculation and Policy Period Monthly Claims Report - Dental. Discussion highlights below:* Budget to actual: Running close to 100%; with pharmacy rebates 97.8%.
* Enrollment: No significant changes reported.
* Dental: Running over budget at 108.2% however plan is fully-insured. The rate guarantee is in its final year (3 years). In 2016 posterior composites coverage added to plan.
 | Burr will gather the HOW program and its impact (if any) on the stabilization fund as requested by Karen O’Connor at the June 2018 meeting.  |
| a.iv. Executive Summary Discussion-*Kurt Caswell, Employee Health & Benefits* | The Executive Summary report was provided to the Commission via e-mail prior to the meeting. Discussion highlights below:* Three contracts are due 7/1/19. Joyce Oreskovich asked if the teams have been organized.
* Jonathan French asked for more information about the possibility of a self-insured dental plan. Kurt Caswell replied that it’s something to be considered.
* Cecile Thompson asked about the Medicare Advantage plan transition. Kurt shared that we are slowly migrating individuals over. Cecile asked about the billing mechanism to the ancillary employers. The State will handle the up-front process. Heather Albert handed out samples of the new Medicare Advantage transition booklet.
* Jonathan French asked about the labs/imaging communications.
* Cecile Thompson asked about the status of the Summary of Benefits and Coverage.
 | Kurt Caswell to begin organizing the RFP review committees.Karen O’Connor requested the Summary be edited on page three. *(completed by H. Albert)*Diane Bailey and Lois Baxter requested 6 copies of each version of the new Medicare Advantage transition booklet. Cecile Thompson requested 1 copy of each. Heather Albert to provide.Heather Albert to finalize and share SBC with ancillary employers.  |
| Break: 9:20am-9:40am |  |  |
| **IVb. UPDATES – BIANNUAL** |
| b.i. Dental Plan Report-*Marie Bridges, Northeast Delta Dental* *(Provided in March & September)* | Formal report not due this month. |  |
| b.ii. Employee Assistance Program Report- *Jim O’Connor, ComPsych**(Provided in April & October)* | Formal report not due this month. |  |
| b.iii. Express Scripts, Inc.- *Sue Wolf, Bryan Hammons* *(Provided in March & August)* | Formal report not due this month. |  |
|  | V. Other Business |  |
| a. Bundled Payment Program – *Brent Nicholson, Carrum Health* | WebEx @ 9:45am* Carrum Health Overview: Karen O’Connor asked about the locations in Maine; currently they are not contracted with anyone in Maine. They are in negotiations with providers now.
* Savings Analysis: 28% average savings vs. Maine historical payments. Karen O’Connor asked about slide 14; looking for “real numbers.” Those costs are factored in on the savings figure on slide 13. Travel can be a few thousand dollars. Carrum does charge a subscription fee for access to the platform and can provide more information.
* Member Engagement: Incentives, employer communications, referral partners.
* The Carrum Health Experience: Engagement, care concierge
* Lois Baxter asked about appeal options for denied procedures. Program intent is not to approve/deny procedures. Benefits are determined by employer’s plan.
* Johnathan French asked about the availability of the care concierge (e.g. hours of operation). Primary coverage available during U.S. business hours. Working on adding all time zones, off hours and additional languages.

Healthcare Purchaser Alliance Initiatives: Peter Hayes discussed the Alliance’s new partnership with Carrum Health. Eric Cioppa asked about the criteria used to select the Centers of Excellence. Peter said they used publicly available data in addition to doing site visits; a rigorous and transparent process per Peter. Carrum can share more about the process. Terry James asked about the tiering of facilities with this program. Per Jean Wood, Anthem is exploring bundled payment arrangements as well. Jean also mentioned they are exploring options with other providers (e.g. MaineGeneral). Ellen Hughes and Karen O’Connor asked for more information about Anthem and MaineGeneral. Cecile Thompson asked about the Maine presence. By 1/1/19, Carrum is expected to have at least one facility in Maine; Carrum is also looking at New England. The Alliance exploring a contract that members can take advantage of. Terry James asked about the national model (specifically private sector). Ideally, the New England presence will benefit others. Eric Cioppa said it’s worth getting away from fee-for-service; this may be an option to consider. Jonathan French mentioned from a plan design standpoint, this would be very attractive to members. Karen O’Connor mentioned it would be consistent that with what we just did with labs & imaging. Kurt Caswell agreed and we still continue to look at quality and cost data. |  |
| VII. Adjourn Meeting (10:46am) | Ellen Hughes announced this would be her last meeting. The new appointment is pending. | Eric Cioppa made motion to adjourn the meeting; Ellen Hughes seconded; no abstentions. Motion passed. |

*2018 Meeting Schedule*

* *August 9, 2018*
* *September 13, 2018*
* *October 11, 2018*
* *November 8, 2018*
* *December 13, 2018*