**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, April 13, 2017 @ 8:30am**

**Central Maine Commerce Center, Augusta**

Commission members in attendance: Bret Achorn, Diane Bailey, Chris Brawn, Lois Baxter, Derek Chase, Amy Dix, Sandra Doyon, Jonathan French, Becky Greene, Claire Hassler, Ellen Hughes, Terry James, Kelly John, Carrie Margrave, Karen O’Connor, Robert Omiecinski, Carrie Margrave, Lew Miller, Joyce Oreskovich, Wanita Page, Nickole Wesley

(total = 21)

Commission members absent: Lauren Carrier, Eric Cioppa, Laurie Doucette

Others present: Kurt Caswell, Shonna Poulin-Gutierrez, Joan Hanscom, Heather Albert – Employee Health & Benefits; Susan Avery, Sabrina Simmons, Louise Mccleery, Bob Downs, David Norton, Joe Bataguas – Aetna; Burr Duryee, Bill Clifford – USI; Jodi Collins, Rebecca Anderson – Anthem Blue Cross and Blue Shield; Lynn Derocher – Maine Health Management Coalition; Thomas Record – State of Maine, Bureau of Insurance; Cecile Champagne-Thompson – Maine Turnpike Authority; Ramona Welton- MSEA-SEIU; Kim Vigue – Maine Community College System; Jim O’Connor – ComPsych (Living Resources Program)

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| Agenda Item | Discussion | Action/Next Steps |
| I. Call to Order (8:33am) | Wanita Page called the meeting to order |  |
| II. Introductions | Welcome Amy Dix. Amy is replacing Jim Leonard. Welcome Joan Hanscom as the new Programs Coordinator |  |
| III. Review & Approval of Minutes (March 9, 2017) |  | Motion to accept Bret Achorn made motion to accept the minutes; Jonathan French seconded; no abstentions. Motion passed. |
| *IVa. UPDATES- MONTHLY* | | |
| a.i. Aetna Monthly Report – Point of Service Plan  *Susan Avery* | Information contained in written reports; highlights and discussion noted below:   * Susan Avery announced this would be her last Commission meeting. Introduced Joe Bataguas as her replacement. * No questions regarding the Aetna monthly report |  |
| a.ii. Aetna Monthly Report – Medicare Advantage Plan  *Sabrina Simmons* | Information contained in written report; highlights and discussion noted below:   * A health risk assessment is required when you first became a member of the Aetna Medicare Advantage plan. Aetna is required to provide this service on an annual basis. Participation is voluntary. We have a high completion rate (mid-80%). In home health assessments (Healthy Home Visits) also qualify as a health risk assessment. This voluntary service is provided if the member agrees to the service. * Effective April 2018, CMS will no longer be using the member’s social security number as the member’s Medicare Unique Identifier. The Medicare Unique Identifier will become the Medicare Beneficiary Identifier (“MBI”). This will now be random numbers with alpha characters. New cards will begin to go out in April, 2018. * Bret Achorn noted the decrease in the trend of osteoporosis in women who had a fracture. This is one of the star measures from CMS * The State of Maine group has a high completion rate on star numbers | Sabrina Simmons to provide more information regarding the Maine Medical admissions. |
| a.iii. Accountable Care Organizations/Disease Management  *Louise Mccleery* | Louise Mccleery provided an update. Discussion highlights include:   * KHRA under contract through 6/30/17 * The ACO payment to Beacon ended at end of February |  |
| a.iv. Plan Experience Summary  *USI Burr Duryee* | Burr Duryee presented the Monthly Claims & Budget Tracking Review for health and dental. Discussion highlights below:   * Rolling 12 months budget to actual is 98.9%. * February was the first time Rx went over $4M (from $3.7M previous month) * Medical claims dropped from 14 million to 11 million * Policy period: 7/16 thru 2/17lan is running 97.1% relative to budget. * New report for dental claims provided in a similar style for same policy period. | USI will look into the pharmacy claims expense. |
| a.v. Executive Summary Discussion  *Employee Health & Benefits* | Information contained in written Executive Summary report; discussion below:   * Kurt Caswell met with the AG’s office regarding redacted within the RFP responses. Kurt will meet with AG’s office again on Friday. * Jonathan French asked about member communications. Heather Albert provided an update (including Anthem, ESI, Grand Rounds and open enrollment). |  |
| a.vi. New Vendors Implementation  *Employee Health & Benefits* | * Kurt Caswell stated the Anthem implementation is going well; no major hurdles. * Soft rollout of Grand Rounds began on April 1st. Full roll out set for July 1st. |  |
| *IVb. UPDATES - BIANNUAL* | | |
| b.i. Dental Plan Report  *(Provided in March and September) Marie Bridges of Northeast Delta Dental* | Formal report not due this month. |  |
| Break 10am-10:15am |  |  |
| b.ii. Employee Assistance Program Report  *(Provided in October and April)*  *Jim O’Connor* | Jim O’Connor presented handouts and a Power Point reviewing each component of the program (EAP, Family Source, Legal Connect, Financial Connect); discussion highlights below:   * A home mailing to all employees and retirees was done (end of March); starting to see some results (increase utilization). * Bret Achorn asked about the depth of the attorney network. Jim replied that if there is a shortage of lawyers, they will attempt to expand network. LRP hasn’t heard of any issues to date. * Two formal referrals reported this period * Tom Record asked about group counseling. Jim confirmed it is provided. * Resolution rate is 75% this period (84% last year). Average number of sessions is 4; the State’s plan offers 5 sessions. * Living Resources is available to departments for Lunch & learn training, webinars, brochures | Heather Albert to check address file for Medicare retirees |
| V. Old Business |  |  |
| 1. Plan Design Discussion and Approval   *Kurt Caswell, Plan Design Committee* | Discussion highlights include:   * Kurt Caswell provided at a variety of options for various funding levels. Kurt recommended the 3% funding option * Jonathan French asked about allocation of the funding between 2 fiscal years * Kurt presented a summary of the realignment provisions previously reviewed in detail by the Plan Design Committee * Nickole Wesley asked if the amounts applied towards deductibles would move over from Aetna to Anthem. This provision was confirmed. * Derek Chase asked about the limit for PT/OT/ST. No decision was determined regarding setting limits on PT/OT/ST. Ellen Hughes suggested the Plan Design Committee to get more data to review and work on issue. * Heather Albert informed the Commission that Anthem will be mailing a teaser postcard to members as the initial communications. Additional benefit information will be mailed to employees in June. New Anthem ID cards will go out the 3rd week of June. * Joyce Oreskovich noted common themes in reviewing the plan alignment provisions (e.g. advantages of using ambulatory surgery center vs. hospital for certain services). * Open enrollment dates will be May 1 through May 12. * Jonathan French asked about tiering. Per Chris Brawn and Kurt Caswell, the methodology will continue with the current criteria for July 1st. Target date for new methodology is January 1, 2018. * As of July 1st, the State of Maine Health Plan will offer coverage on Express Scripts’ (ESI) National Preferred Formulary. Disruption is minimal. ESI will reach out to everyone disrupted to recommend alternatives. * A total of 85 drugs will be excluded in the new ESI formulary. ESI formulary changes will happen twice a year with 120-day notice. (Current formulary changes four times per year * A new specialty Rx copay tier will be added for July 1st (25% coinsurance, $150 max for 1-31 days’ supply). Current copay $45. One percent of the population drives 30% of drug spend. Derek Chase asked about site of care; ESI will assist with this issue. Plan design could look at additional site of care options in the future. | Bret Achorn made a motion to accept the 3% funding level option with changes to include the formulary alignment, specialty tier coinsurance and $40 copay for specialist’s office visits. Ellen Hughes seconded. Motion passed. One Opposed. No abstentions. |
| Break 10:18am-10:30 |  |  |
| VI. New Business |  |  |
| a. Educational Session: Medicare Advantage  *USI Bill Clifford* | Discussion highlights below:   * Ten thousand people are turning 65 every day for the next 13 years * Provided background of Medicare, group waiver programs, business overview of marketplace, Medicare advantage financial considerations, quality and enrollment. * In Maine, about 20% of the eligible population are in an Medicare advantage plan * In the RFP process, medical and Rx will be considered together and separate. (RFP is currently going through the internal review process.) Lois Baxter, Diane Bailey and Joyce Oreskovish will serve on the RFP review committee. |  |
| b. Other | * Terry James brought forth a member issue to be discussed. * Bret Achorn: Would like more advertising regarding the Delta Dental HOW outreach program. Few Employees are aware of the program * Jonathan French raised a concern regarding the confidentiality agreement and Health Credit Premium Program appeals. Recommend appeals process change to be private/confidential vs. public. Joyce Oreskovich agreed and wants to review bylaws. * Kurt Caswell confirmed that there would be no increase to the dental or vision premiums | Chris Brawn will review claim issue with Aetna.  Chris Brawn will add the Health Credit Premium Program appeal issue to the next meeting agenda. |
| VIII. Adjourn Meeting (11:50pm) |  | Will Towers made a motion to adjourn the meeting; Bret Achorn seconded. Motion passed and meeting adjourned. |

*2017 Meeting Schedule (invites to follow)*

* *May 11, 2017 (Central Maine Commerce Center, Champlain Room)*
* *June 8, 2017 (Central Maine Commerce Center, Champlain Room)*
* *July 13, 2017 (Central Maine Commerce Center, Champlain Room)*
* *August 10, 2017 (Central Maine Commerce Center, Champlain Room)*
* *September 14, 2017 (Central Maine Commerce Center, Champlain Room)*
* *October 12, 2017 (Central Maine Commerce Center, Champlain Room)*
* *November 9, 2017 (Central Maine Commerce Center, Champlain Room)*
* *December 14, 2017 (Central Maine Commerce Center, Champlain Room)*