**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, September 8, 2016 @ 8:30am**

**Kaplan University, Augusta**

Commission members in attendance: Bret Achorn, Diane Bailey, Chris Brawn, Lois Baxter, Sandra Doyon, Jonathan French, Becky Greene, Claire Hassler, Ellen Hughes, Terry James, Kelly John (via phone), Karen O’Connor, Robert Omiecinski, Carrie Margrave, Lew Miller, Joyce Oreskovich, Wanita Page, Nickole Wesley (total = 18)

Commission members absent: Lauren Carrier, Eric Cioppa, Brian Crockett, Laurie Doucette, Sam Teel

Others present: Cecile Champagne-Thompson (via phone) – Maine Turnpike Authority, Kurt Caswell, Shonna Poulin-Gutierrez, Heather Albert – Employee Health & Benefits; Susan Avery, Sabrina DeGuzman-Simmons, David Norton, Louise McCleery, Bob Downs – Aetna; Burr Duryee, Bill Clifford – USI; Jodi Collins – Anthem; Ramona Welton, Mary Anne Turowski – MSEA; Tina Love, Phonse Allen-Laney, Erica Brown – Medical Care Development; Sara Fitzgerald, Lynn Derocher – Maine Health Management Coalition; Marie Bridges, Frank Boucher – Northeast Delta Dental

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| Agenda Item | Discussion | Action/Next Steps |
| I. Call to Order (8:30am) |  Joyce Oreskovich called the meeting to order |  |
| II. Introductions |  |  |
| III. Review & Approval of Minutes (July 14, 2016) | Two edits: Brett Achorn attended via phone and Terry James was in attendance. | Lois Baxter made motion to accept the minutes as amended; Bret Achorn seconded. Motion passed. |
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| *IVa. UPDATES- MONTHLY* |
| a.i. Aetna Monthly Report – Point of Service Plan *Susan Avery* | Information from 7/1/15 – 6/30/16 contained in written report; highlights and discussion noted below: * Pharmacy below state trend
* High cost claimants (over $250k); majority of those members are attributed to an ACO
* EpiPen – there is a generic available. Copay assistance available at [www.epipen.com](http://www.epipen.com). Impact on plan: 38 members for a total cost of $26k. The Aetna formulary is updated every January; new generics will be added at that time.
 | In response to a question from Jonathan French, Susan Avery will get the average cost per member for the EpiPen. |
| a.ii. Aetna Monthly Report – Medicare Advantage Plan*Sabrina DeGuzman-Simmons* | Information contained in written report; highlights and discussion noted below:* Various member mailings reviewed. There will be a Silver Sneakers open house on September 19th at the Augusta YMCA.
* Sabrina noted the Medicare 101 presentation and brochure that was included with the monthly report.
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| a.iii. Accountable Care Organizations/Disease Management*Louise McCleery* | Information on Kennebec Regional Health Alliance, MaineHealth & Beacon Health can be found on page 3 of the Executive Summary; discussion below:Kennebec Regional Health Alliance – Deadline is 9/30/16 to reach an ACO agreement with Aetna. Should have more information at the October meeting.Jonathan French asked for clarification (from a cost perspective) between a direct risk sharing agreement vs. the Aetna standard ACO agreement. Aetna’s methodology is very different that what’s been done by the SEHC in the past, mostly around quality reporting and target setting.  |  |
| a.iv. Plan Experience Summary*Burr Duryee, USI* | Burr Duryee presented the rolling 12 month claims/ administrative cost report. * Loss ratio is at 102% for rolling 12 months
* Loss ratio for July of 2016 is 98.1% (accounts for the 4.4% premium increase). Burr noted there is one claim for $1.4M.
* Jonathan French inquired about the increase in fixed costs for July, 2016. Burr noted the increase in the stop loss premium of approximately 13%. That amount should be consistent going forward.
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| a.v. Executive Summary Discussion*Employee Health & Benefits* | Information contained in written Executive Summary report. Labor called for a caucus. Post-caucus discussion below:* Discussed the role of the Plan Design Committee when reviewing RFP’s and subsequent responses
* A question was raised as to why more Commission members were not on the RFP review committee. Staff believed any who had volunteered were included, but Lois Baxter had volunteered and was inadvertently not included. Becky Greene and Terry James volunteered. Karen O’Connor and Kelly John will consider it and get back to the group. There was a discussion about reviews in the past historically being done only by Commission members and necessary staff, with actual voting done only by Commission Members. It was agreed that staff from Employee Health & Benefits (Kurt Caswell) and USI should be in attendance to consult and the vote be a vote of Commission members only.
* The group agreed that it is okay to proceed with the bidder’s conference today at 2pm
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| *IVb. UPDATES - BIANNUAL* |
| b.i. Dental Plan Report*(Provided in March and September) Marie Bridges, Frank Boucher of Northeast Delta Dental* | Marie Bridges and Frank Boucher reviewed the cost experience report, claim utilization, network utilization and the HOW program. Discussion highlights are as follows:* Frank noted that the admin charges lowered to 10.9%; savings of approximately $200k over the course of the year.
* Marie reviewed the Claim Utilization and Network Utilization reports for the period 9/1/15-8/31/16: Only 8% of the participants are using a non-par dentist. There are currently 228 dentists in custom State of Maine PPO network (up from 211 last year). 94% of the members have access to at least 2 dentists within a 20 mile radius. Diane Bailey asked about providers accepting new patients; Marie stated that information is available on Delta Dental’s website. Bret Achorn asked where the new dentists are located.
* Marie also reviewed the Health Through Oral Wellness (“HOW”) program. Additional benefits are available to members who score between 3 and 5. The program is available to all dentists. 638 of the members had an assessment during this first year and 435 received additional benefits.
* A “no visit” letter going out to over 6,000 members who have not been to the dentist within the past 12 months. The Commission suggested additional letters to those who solely received emergency care. Marie stated she has access to more information in their Oral Health Library and can work with the wellness committee on additional initiatives.
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| Break (10:05am-10:15am) |  |  |
| b.ii. Employee Assistance Program Report*(Provided in October and April)* | Formal report is not due for this month.  |  |
| V. Other Business |  |  |
| 1. Wellness Presentation

*Karen O’Connor, Wellness Subcommittee Chair*  | Information contained in Power Point presentation. Discussion and highlights below:* 2015-2016 aggregate health data presented
* Three priority areas identified by the Wellness committee are tobacco, nutrition & pre-diabetes
* 2,690 members were screened at an on-site health screening
* Joyce Oreskovich recommended that future communications emphasize the importance about being honest when completing the My Numbers information in the WellStarME program
 | Jonathan French asked Tina Love to break down the data further between self-reported data vs. on-site screening data. |
| 1. Medicare Advantage Renewal

*Plan Design Subcommittee, USI* | Kurt provided a handout that summarized the renewal options considered by the Plan Design committee. * This is the last renewal with Aetna (Medicare Advantage) before going out to bid.
* Sabrina Simmons reviewed the CMS mandated updates and provided a review of PPO & ESA options
* Per CMS 18 select generics (currently $1.50 max) will change. As of January 1, 2017 the cost will either be the cost of the drug or the copay (whichever is lower). Impact to the plan is about 2,800 members. Communication to be sent to the members.
* Proposed recommendations to be effective January 1, 2017:

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| **Plan Provision** | **Current** | **Proposed** |
| Deductible | $250 | $300 |
| PCP visit copay | $0 | $5 |
| Specialist visit copay | $20 | $25 |
| X-ray copay | $0 | $5 |
| Complex imaging copay | $0 | $50 |
| Outpatient surgery copay | $0 | $50 |
| Emergency room copay | $65 | $75 |
| Ambulance copay | $0 | $25 |
| Rx catastrophic coverage | $0 | 5% (max to copay amount) |

*\*Note: as a result of the above changes there will be a slight reduction in premium.*  | Lois Baxter made a motion to accept the renewal as recommended by the committee; Diane Bailey seconded. Motion passed.Sabrina Simmons will provide the new premium rates to Kurt Caswell and member communications to begin in the next few weeks. |
| 1. Update on Tiering (Jonathan French)
 | Per the July minutes there would be an update at the September meeting.  | Per Kurt Caswell, an update will be provided in October.  |
| 1. Recruit Wellness committee members
 | Karen O’Connor reminded the Commission that they are seeking additional volunteers to serve on the Wellness committee. If interested just let Heather Albert and Shonna Poulin-Gutierrez know. |  |
| VI. Adjourn Meeting (11:12am) |  | Jonathan French made a motion to adjourn the meeting; Lois Baxter seconded. Motion passed and meeting adjourned. |

*Upcoming Meeting Dates:*

* *October 13, 2016 (Kaplan)*
* *November 10, 2016 (Kaplan)*
* *December 8, 2016 (Kaplan)*