

# Schedule of Benefits

Employer: State of Maine  
 ASA: 307297  
 Issue Date: September 3, 2014  
 Effective Date: July 1, 2014  
 Schedule: 1A  
 Booklet Base: 1

For: Aetna Choice POS II Plan (In State Plan)

## Aetna Choice POS II Medical Plan

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Calendar Year Deductible*</b>		
Individual Deductible*	\$500	\$2,500
Family Deductible*	\$1,000	\$5,000

\*Unless otherwise indicated, any applicable **deductible** must be met before benefits are paid.

**Plan Maximum Out of Pocket Limit** includes plan **deductible** and in network medical **copays**.

**Plan Maximum Out of Pocket Limit** excludes **precertification** penalties of \$500 per type of covered expenses.

### Individual Maximum Out of Pocket Limit:

- For **network** expenses: \$2,000.
- For **out-of-network** expenses: \$5,000.

### Family Maximum Out of Pocket Limit:

- For **network** expenses: \$4,000.
- For **out-of-network** expenses: \$10,000.

<b>Lifetime Maximum Benefit per person</b>	Unlimited	Unlimited
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*Payment Percentage listed in the Schedule below reflects the Plan Payment Percentage. This is the amount the Plan pays. You are responsible to pay any deductibles and the remaining payment percentage. You are responsible for full payment of any non-covered expenses you incur.*

*All Covered Expenses Are Subject To The Calendar Year Deductible Unless Otherwise Noted In The Schedule Below.*

*Maximums for specific covered expenses, including visit, day and dollar maximums are combined maximums between network and out-of-network, unless specifically stated otherwise.*

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Preventive Care Benefits</b>		
<b>Routine Physical Exams</b>		
<b>Office Visits</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	Not Covered
<i>Covered Persons birth through age 21: Maximum Age &amp; Visit Limits</i>	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.  <i>For details, contact your <b>physician</b> log onto the Aetna website <a href="http://www.aetna.com">www.aetna.com</a>, or call the number on the back of your ID card.</i>	Not Covered
<i>Covered Persons ages 22 Maximum Visits per 12 months</i>	1 visit	Not Covered
<b>Preventive Care Immunizations</b>		
<i>Performed in a facility or <b>physician's</b> office</i>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	Not Covered
<b>Screening &amp; Counseling Services</b>		
<b>Screening &amp; Counseling Services - Obesity, Misuse of Alcohol and/or Drugs &amp; Use of Tobacco Products</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	Not Covered
<i>Obesity Maximum Visits per 12 months (This maximum applies only to Covered Persons ages 22 &amp; older.)</i>	26 visits ( <i>however, of these only 10 visits will be allowed under the Plan for healthy diet counseling provided in connection with Hyperlipidemia (high cholesterol) and other known risk factors for cardiovascular and diet-related chronic disease</i> )*	Not Covered
<b>*Note: In figuring the Maximum Visits, each session of up to 60 minutes is equal to one visit.</b>		

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<i>Misuse of Alcohol and/or Drugs</i>		
Maximum Visits per 12 months	5 visits*	Not Covered
<b>*Note: In figuring the Maximum Visits, each session of up to 60 minutes is equal to one visit.</b>		

<i>Use of Tobacco Products</i>		
Maximum Visits per 12 months	8 visits*	Not Covered
<b>*Note: In figuring the Maximum Visits, each session of up to 60 minutes is equal to one visit.</b>		

<b>Well Woman Preventive Care</b>		
<b>Well Woman Preventive Visits</b>		
<b>Office Visits</b>	100% per visit	Not Covered
	No Calendar Year <b>deductible</b> applies.	

<b>Well Woman Preventive Visits</b>		
Maximum Visits per Calendar Year	1 visit	Not Covered

<b>Routine Gynecological Exam</b>	100% per exam	100% per exam
	No Calendar Year <b>deductible</b> applies.	No Calendar Year <b>deductible</b> applies

<b>Hearing Care</b>		
<b>Hearing Exam</b>	\$25 exam <b>copay</b> then the plan pays 100%	60% per exam after Calendar Year <b>deductible</b>
	No Calendar Year <b>deductible</b> applies.	

Hearing Supply Maximum per 36 month period for children to age 19	100% after Calendar Year <b>deductible</b> up to \$1,400 per ear	60% after Calendar Year <b>deductible</b> up to \$1,400 per ear
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Routine Cancer Screenings</b>		
<b>Routine Cancer Screening Outpatient</b>	100% per visit	60% per visit after Calendar Year <b>deductible</b>
	No Calendar Year <b>deductible</b> applies.	

Maximums	Subject to any age and visit limits provided for in the current recommendations of the United States Preventive Services Task Force and comprehensive guidelines supported by the Health Resources and Services Administration.  <i>For details, contact your <b>physician</b>, log onto the <b>Aetna</b> website <a href="http://www.aetna.com">www.aetna.com</a>, or call the number on the back of your ID card.</i>	Subject to any age and visit limits provided for in the current recommendations of the United States Preventive Services Task Force and comprehensive guidelines supported by the Health Resources and Services Administration.  <i>For details, contact your <b>physician</b>, log onto the <b>Aetna</b> website <a href="http://www.aetna.com">www.aetna.com</a>, or call the number on the back of your ID card.</i>
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
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<b><i>Routine Cancer Screenings</i></b>		
<b><i>Routine Mammography</i></b>	100% per test  No Calendar Year <b>deductible</b> applies.	100% per test  No Calendar Year <b>deductible</b> applies.

<b><i>Prostate Specific Antigen Test</i></b>	100% per test  No Calendar Year <b>deductible</b> applies.	Not Covered
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Maximum tests per Calendar Year	1 test	Not Covered
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<b><i>Routine Digital Rectal Exam</i></b>	100% per test  No Calendar Year <b>deductible</b> applies.	Not Covered
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Maximum tests per Calendar Year	1 test	Not Covered
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<b><i>Prenatal Care</i></b>		
PLAN FEATURES	NETWORK	OUT-OF-NETWORK

<b><i>Prenatal Care Office Visits</i></b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b> .
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**Important Note:** Refer to the Physician Services and Pregnancy Expenses sections of the Schedule of Benefits for more information on coverage levels for pregnancy expenses under this Plan, including other prenatal care, delivery and postnatal care office visits.

### **Lactation Support and Counseling Services**

#### **Comprehensive Lactation Support and Counseling Services**

<b>Lactation Counseling Services</b> <i>Facility or Office Visits</i>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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Lactation Counseling Services Maximum Visits either in a group or individual setting	6* visits per 12 months	6* visits per 12 months
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**\*Important Note:** Visits in excess of the Lactation Counseling Services Maximum as shown above, are covered under the *Physician Services* office visit section of the *Schedule of Benefits*.

<b>Breast Pumps &amp; Supplies</b>	100% per item.  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per item after Calendar Year <b>deductible</b>
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**Important Note:** Refer to the *Comprehensive Lactation Support and Counseling Services* section of the Booklet for limitations on breast pumps and supplies.

### **Family Planning Services**

#### **Family Planning Services**

Female Contraceptive Counseling Services -Office Visits.	100% per visit.  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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Contraceptive Counseling Services - Maximum Visits either in a group or individual setting	2* visits per 12 months	2* visits per 12 months
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**\*Important Note:** Visits in excess of the Contraceptive Counseling Services Maximum as shown above, are covered under the *Physician Services* office visit section of the *Schedule of Benefits*.

#### **Family Planning - Other**

Voluntary Termination of Pregnancy

<b>Preferred Providers Office Visit</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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Voluntary Sterilization for Males

<b>Preferred Providers Office Visit</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Family Planning - Other</b>		
Voluntary Termination of Pregnancy		
<b>All Other Network Providers Office Visit</b>	\$20 per visit <b>copay</b> No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
Voluntary Sterilization for Males		
<b>All Other Network Providers Office Visit</b>	\$20 per visit <b>copay</b> No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
<b>Family Planning - Other</b>		
Voluntary Termination of Pregnancy		
<b>Preferred Providers Outpatient</b>	90% per visit after Calendar Year <b>deductible.</b>	60% per visit after Calendar Year <b>deductible.</b>
Voluntary Sterilization for Males		
<b>Preferred Provider Outpatient</b>	90% per visit after Calendar Year <b>deductible.</b>	60% per visit after Calendar Year <b>deductible.</b>
<b>Family Planning - Other</b>		
Voluntary Termination of Pregnancy		
<b>All Other Network Providers Outpatient</b>	80% per visit after Calendar Year <b>deductible.</b>	60% per visit after Calendar Year <b>deductible.</b>
Voluntary Sterilization for Males		
<b>All Other Network Providers Outpatient</b>	80% per visit after Calendar Year <b>deductible.</b>	60% per visit after Calendar Year <b>deductible.</b>
<b>Family Planning - Female Voluntary Sterilization</b>		
<b>Inpatient</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
<b>Outpatient</b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
<b>Family Planning - Female Contraceptives</b>		
<b>Female Contraceptives</b>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Vision Care</i></b>		
<b><i>Eye Examinations</i></b> including refraction	100% per exam  No Calendar Year <b>deductible</b> applies.	60% per exam after Calendar Year <b>deductible</b>
Maximum Benefit per Calendar Year	1 exam	1 exam

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Physician Services</i></b>		
<b><i>Office Visits to Primary Care Physician</i></b> Office visits (non-surgical) to non-specialist		
<b><i>Preferred Providers</i></b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies	60% per visit after Calendar Year <b>deductible</b>
<b><i>All Other Network Providers</i></b>	\$20 visit <b>copay</b> then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Alternatives to Physicians' Office Visits</i></b>		
<b><i>E-Visit Online Internet Consultation by a PCP</i></b>		
<b><i>Preferred Providers</i></b>	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies	Not Covered
<b><i>All Other Network Providers</i></b>	\$20 visit <b>copay</b> then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	Not Covered
<b><i>Specialist Office Visits</i></b>	\$25 visit <b>copay</b> then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>

### Alternative to Specialist Office Visit

<i>E-visits Online Internet Consultation by a Specialist</i>	\$25 visit <b>copay</b> then the plan pays 100%	Not Covered
	No Calendar Year <b>deductible</b> applies.	

### Physician Office Visits-Surgery

<i>Preferred Providers</i>	100% per visit No Calendar Year <b>deductible</b> applies	60% per visit after Calendar Year <b>deductible</b>
<i>All Other Network Providers</i>	\$20 per visit <b>copay</b> then the plan pays 100%	60% per visit after Calendar Year <b>deductible</b>
<i>Specialist</i>	\$25 per visit <b>copay</b> then the plan pays 100%	60% per visit after Calendar Year <b>deductible</b>

### Walk-In Clinic Visit (Non-Emergency)

#### Preventive Care Services\*

Immunizations	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.  For details, contact your <b>physician</b> , log onto the <b>Aetna</b> website <a href="http://www.aetna.com">www.aetna.com</a> , or call the number on the back of your ID card.	60% per visit after Calendar Year <b>deductible</b>
Individual Screening and Counseling Services for Tobacco Use	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
Maximum Benefit per visit - Individual Screening and Counseling Services for Tobacco Use	Refer to the <i>Preventive Care Benefit</i> section earlier in this Schedule of Benefits for maximums that may apply to these types of services	Refer to the <i>Preventive Care Benefit</i> section earlier in this Schedule of Benefits for maximums that may apply to these types of services
Individual Screening and Counseling Services for Obesity	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
Maximum Benefit per visit - Individual Screening and Counseling Services for Obesity	Refer to the <i>Preventive Care Benefit</i> section earlier in this Schedule of Benefits for maximums that may apply to these types of services	Refer to the <i>Preventive Care Benefit</i> section earlier in this Schedule of Benefits for maximums that may apply to these types of services

#### \*Important Note:

Not all preventive care services are available at all **Walk-In Clinics**. The types of services offered will vary by the provider and location of the clinic. These services may also be obtained from your **physician**.



**Stress Management Services\***

Individual Screening and Counseling Services	100% per visit  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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**\*Important Note:**

Not all stress management services are available at all **Walk-In Clinics**. The types of services offered will vary by the provider and location of the clinic. These services may also be obtained from your **physician**.

<b>All Other Services</b>	\$25 per visit <b>copay</b> then the plan pays 100%  No <b>copay</b> or Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
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**PLAN FEATURES****NETWORK****OUT-OF-NETWORK****Physician Services for Inpatient Facility and Hospital Visits****Preferred Providers**90% per visit after Calendar Year **deductible**60% per visit after Calendar Year **deductible****All Other Network Providers**80% per visit after Calendar Year **deductible**60% per visit after Calendar Year **deductible****Administration of Anesthesia**  
(maybe be billed separately)

Payable in accordance with the type of expense incurred and the place where service is provided.

Payable in accordance with the type of expense incurred and the place where service is provided.

**Allergy Testing and Treatment**100% per visit after applicable **copay**60% per visit after Calendar Year **deductible**No Calendar Year **deductible** applies**Allergy Injections**100% per visit after Calendar Year **deductible**60% per visit after Calendar Year **deductible****Immunizations**  
(when not part of the physical exam)100% per visit No Calendar Year **deductible** applies

Not Covered

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Emergency Medical Services</b>		
<b>Hospital Emergency Facility and Physician</b>	\$300 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	\$300 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.  See Important Note Below
<p><b>Important Note:</b> Please note that as these providers are not <b>network providers</b> and do not have a contract with <b>Aetna</b>, the provider may not accept payment of your cost share (your <b>deductible</b> and <b>payment percentage</b>), as payment in full. You may receive a bill for the difference between the amount billed by the provider and the amount paid by this Plan. If the Emergency Room Facility or <b>physician</b> bills you for an amount above your cost share, you are not responsible for paying that amount. Please send us the bill at the address listed on the back of your member ID card and we will resolve any payment dispute with the provider over that amount. Make sure your member ID number is on the bill.</p>		

<b>Non-Emergency Care in a Hospital Emergency Room</b>	\$300 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	\$300 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.
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**Important Notice:**  
A separate **hospital** emergency room **copay** applies for each visit to an emergency room for emergency care. If you are admitted to a **hospital** as an inpatient immediately following a visit to an emergency room, your **copay** is waived.

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b>Urgent Care Services</b>		
<b>Urgent Medical Care</b> <i>(at a non-hospital free standing facility)</i>	\$25 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>
<b>Urgent Medical Care</b> <i>(from other than a non-hospital free standing facility)</i>	Refer to <i>Emergency Medical Services</i> and <i>Physician Services</i> above.	Refer to <i>Emergency Medical Services</i> and <i>Physician Services</i> above.
<b>Non-Urgent Use of Urgent Care Provider</b> <i>(at an Emergency Room or a non-hospital free standing facility)</i>	\$25 <b>copay</b> per visit then the plan pays 100%  No Calendar Year <b>deductible</b> applies.	60% per visit after Calendar Year <b>deductible</b>

**Important Notice:**

A separate **urgent care copay** applies for each visit to an **urgent care provider** for **urgent care**.

Covered expenses that are applied to the **urgent care copay** cannot be applied to any other **copay** under your plan. Likewise, covered expenses that are applied to your plan's other **copays/deductibles** cannot be applied to the **urgent care copay**.

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Outpatient Diagnostic and Preoperative Testing</i></b>		
<b><i>Complex Imaging Services</i></b>		
<b><i>Complex Imaging</i></b> (MRI, Cat Scan, Pet Scan)	\$50 per visit <b>copay</b> then the plan pays  No Calendar Year <b>deductible</b> applies	\$50 per test deductible then the plan pays 100%  No Calendar Year <b>deductible</b> applies
<b><i>Diagnostic Laboratory Testing</i></b>		
<b><i>Diagnostic Laboratory Testing</i></b>	90% per procedure after Calendar Year <b>deductible</b>	60% per procedure after Calendar Year <b>deductible</b>
<b><i>Diagnostic X-Rays (except Complex Imaging Services)</i></b>		
<b><i>Diagnostic X-Rays</i></b> (including ultrasounds)	90% per procedure after Calendar Year <b>deductible</b>	60% per procedure after Calendar Year <b>deductible</b>
PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Outpatient Surgery</i></b>		
<b><i>Outpatient Surgery</i></b>		
<b><i>Preferred Providers</i></b>	90% per visit/surgical procedure after Calendar Year <b>deductible</b>	60% per visit/surgical procedure after Calendar Year <b>deductible</b>
<b><i>Performed at an Ambulatory Surgery Center or Facility other than a Hospital Outpatient Facility</i></b>	95% per visit after Calendar Year <b>deductible</b>	60% per visit/surgical procedure after Calendar Year <b>deductible</b>
<b><i>All Other Network Providers</i></b>	80% per visit after Calendar Year <b>deductible</b>	60% per visit /surgical procedure after Calendar Year <b>deductible</b>
PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Inpatient Facility Expenses</i></b>		
<b><i>Birthing Center</i></b>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.

<b>Hospital Facility Expenses</b>		
Room and Board (excluding Maternity)		
<b>Preferred Providers</b>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<b>All Other Network Providers</b>	80% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<b>Preferred Providers</b> (Other than Room and Board)	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<b>All Other Network Providers</b> (Other than Room and Board)	80% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b>Hospital Facility Expenses</b>		
Room and Board - Maternity		
	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
Other than Room and Board		
	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b>Skilled Nursing Inpatient Facility</b>	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
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Maximum Days per Calendar Year	100 days	100 days
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<b>PLAN FEATURES</b>	<b>NETWORK</b>	<b>OUT-OF-NETWORK</b>
<b>Specialty Benefits</b>		
<b>Home Health Care (Outpatient)</b>	100% per visit after the Calendar Year <b>deductible</b>	60% per visit after the Calendar Year <b>deductible</b>

<b>Hospice Benefits</b>		
<b>Hospice Care - Facility Expenses</b> (Room & Board)	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<b>Hospice Care - Other Expenses during a stay</b>	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

Maximum Benefit per lifetime	Unlimited days	Unlimited days
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<b>Hospice Outpatient Visits</b>	100% per visit after Calendar Year <b>deductible</b>	60% per visit after Calendar Year <b>deductible</b>
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Infertility Treatment</i></b>		
<b><i>Basic Infertility Expenses</i></b> Coverage is for the diagnosis and treatment of the underlying medical condition causing the infertility only.	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.
<b><i>Comprehensive Infertility Expenses</i></b>  Expenses for Comprehensive Infertility services will not be used to satisfy the plan <b>Maximum Out-of Pocket Limit</b> .	80% per visit after Calendar Year deductible	Not Covered
Artificial Insemination Maximum Benefit	6 courses of treatment per lifetime	Not Covered
Ovulation Induction Maximum Benefit	6 courses of treatment per lifetime	Not Covered
Maximum per lifetime combined with (ART)*	\$20,000	Not Covered
*The Comprehensive Infertility services maximum per lifetime amount shown above will not be used to satisfy the plan <b>Maximum Out-of-Pocket limit</b> .		
<b><i>Advanced Reproductive Technology (ART) Expenses</i></b>	80% per visit after Calendar Year deductible	Not Covered
<b>PLAN FEATURES NETWORK OUT-OF-NETWORK</b>		
<b><i>Inpatient Treatment of Mental Disorders</i></b>		
<b><i>Hospital Facility Expenses</i></b>		
Room and Board	90% per admission after Calendar Year deductible	60% per admission after Calendar Year deductible
Other than Room and Board	90% per admission after Calendar Year deductible	60% per admission after Calendar Year deductible
Physician Services	90% per admission after Calendar Year deductible	60% per admission after Calendar Year deductible

<i>Inpatient Residential Treatment Facility Expenses</i>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<i>Inpatient Residential Treatment Facility Expenses Physician Services</i>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b><i>Outpatient Treatment Of Mental Disorders</i></b>		
<i>Outpatient Services</i>	\$25 per visit <b>copay</b> then the plan pays 100%	60% per visit after the Calendar Year <b>deductible</b>
	No Calendar Year <b>deductible</b> applies	

<b>PLAN FEATURES</b>	<b>NETWORK</b>	<b>OUT-OF-NETWORK</b>
<b><i>Inpatient Treatment of Substance Abuse</i></b>		
<b><i>Hospital Facility Expenses</i></b>		
Room and Board	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
Other than Room and Board	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
Physician Services	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b>PLAN FEATURES</b>	<b>NETWORK</b>	<b>OUT-OF-NETWORK</b>
<i>Inpatient Residential Treatment Facility Expenses</i>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<i>Inpatient Residential Treatment Facility Expenses Physician Services</i>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b><i>Outpatient Treatment of Substance Abuse</i></b>		
<i>Outpatient Treatment</i>	\$25 per visit <b>copay</b> then the plan pays 100%	60% per visit after Calendar Year <b>deductible</b>
	No Calendar Year <b>deductible</b> applies	

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Obesity Treatment Surgical</i></b>		
<b><i>Inpatient Morbid Obesity Surgery (includes Surgical procedure and Acute Hospital Services) at Central Maine Medical Center, Eastern Maine Medical Center and Maine Medical Center</i></b>	100% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>
<b><i>All Other Network Providers</i></b>	90% per admission after Calendar Year <b>deductible</b>	60% per admission after Calendar Year <b>deductible</b>

<b><i>Outpatient Morbid Obesity Surgery at (Central Maine Medical Center, Eastern Maine Medical Center and Maine Medical Center)</i></b>	100% per service after Calendar Year <b>deductible</b>	60% per services after Calendar Year <b>deductible</b>
<b><i>All Other Network Providers</i></b>	90% per service after Calendar Year <b>deductible</b>	60% per services after Calendar Year <b>deductible</b>

Maximum Travel and Lodging Benefit Morbid Obesity Surgery (Inpatient and Outpatient)	\$10,000 per lifetime	\$10,000 per lifetime
This maximum includes benefits provided or administered by Aetna or any affiliated company of Aetna		

PLAN FEATURES	NETWORK (Institutes of Excellence (IOE) Facility)	NETWORK (Non-Institutes of Excellence (IOE) Facility)	OUT-OF-NETWORK
<b><i>Transplant Services Facility and Non-Facility Expenses</i></b>			
<b><i>Transplant Facility Expenses Preferred Providers</i></b>	90% per admission <b>copay</b> after Calendar Year <b>deductible</b>	60% per admission <b>deductible</b> after Calendar Year <b>deductible</b>	60% per admission <b>deductible</b> after Calendar Year <b>deductible</b>
<b><i>Transplant Physician Services Preferred Providers</i></b> (including office visits)	Payable in accordance with the type of expense incurred and the place where service is provided	Payable in accordance with the type of expense incurred and the place where service is provided	Payable in accordance with the type of expense incurred and the place where service is provided

PLAN FEATURES	NETWORK (Institutes of Excellence (IOE) Facility)	NETWORK (Non-Institutes of Excellence (IOE) Facility)	OUT-OF-NETWORK
<b><i>Transplant Services Facility and Non-Facility Expenses</i></b>			
<b><i>Transplant Facility Expenses All Other Network Providers</i></b>	80% per admission <b>copay</b> after Calendar Year <b>deductible</b>	60% per admission <b>deductible</b> after Calendar Year <b>deductible</b>	60% per admission <b>deductible</b> after Calendar Year <b>deductible</b>
<b><i>Transplant Physician Services All Other Network Providers</i></b> (including office visits)	Payable in accordance with the type of expense incurred and the place where service is provided	Payable in accordance with the type of expense incurred and the place where service is provided	Payable in accordance with the type of expense incurred and the place where service is provided

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Other Covered Health Expenses</i></b>		
<b><i>Acupuncture</i></b>	\$25 per visit <b>copay</b> then the plan pays 80%  No Calendar Year <b>deductible</b> applies	60% per visit after Calendar Year <b>deductible</b>

<b><i>Ground, Air or Water Ambulance</i></b>	100% after Calendar Year <b>deductible</b>	100% after <b>preferred</b> Calendar Year <b>deductible</b>
<b><i>Diabetic Equipment, Supplies and Education</i></b>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.

<b><i>Durable Medical and Surgical Equipment</i></b>	100% per item after the Calendar Year <b>deductible</b>	60% per item after the Calendar Year <b>deductible</b>
<b><i>Oral and Maxillofacial Treatment (Mouth, Jaws and Teeth)</i></b>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.

<b><i>Prosthetic Devices</i></b>	100% per item after Calendar Year <b>deductible</b>	60% per item after Calendar Year <b>deductible</b>
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<b><i>Outpatient Therapies</i></b>		
<b><i>Chemotherapy</i></b>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.



<i>Infusion Therapy</i>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.
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<i>Radiation Therapy</i>	Payable in accordance with the type of expense incurred and the place where service is provided.	Payable in accordance with the type of expense incurred and the place where service is provided.
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PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<i>Short Term Outpatient Rehabilitation Therapies</i>		
<i>Outpatient Physical and Occupational Therapy only</i>	\$25 per visit <b>copay</b> then the plan pays 100%  No Calendar Year <b>deductible</b> applies	60% per visit after Calendar Year <b>deductible</b>

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<i>Short Term Outpatient Rehabilitation Therapies</i>		
<i>Speech Therapy only</i>	\$25 per visit <b>copay</b> then the plan pays 100%  No Calendar year <b>deductible</b> applies	60% per visit after Calendar Year <b>deductible</b>

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<i>Autism Spectrum Disorder</i>		
	Cost sharing is based upon the type of service or supply provided and the place where the service or supply is rendered.	Cost sharing is based upon the type of service or supply provided and the place where the service or supply is rendered.

PLAN FEATURES	NETWORK	OUT-OF-NETWORK
<i>Spinal Manipulation</i>		
	\$25 per visit <b>copay</b> then the plan pays 100%  No Calendar Year deductible applies.	60% per visit after Calendar Year <b>deductible</b>

# Pharmacy Benefit

## Copays/Deductibles

PER PRESCRIPTION COPAY/DEDUCTIBLE	NETWORK	OUT-OF-NETWORK
<b><i>Preferred Generic Prescription Drugs</i></b>		
For each 30 day supply (retail)	\$10	\$10
For more than a 30 day supply but less than a 91 day supply (mail order)	\$15	Not Applicable
<b><i>Preferred Brand-Name Prescription Drugs</i></b>		
For each 30 day supply (retail)	\$30	\$30
For more than a 30 day supply but less than a 91 day supply (mail order)	\$45	Not Applicable
<b><i>Non-Preferred Generic Prescription Drugs</i></b>		
For each 30 day supply (retail)	\$10	\$10
For more than a 30 day supply but less than a 91 day supply (mail order)	\$15	Not Applicable
<b><i>Non-Preferred Brand-Name Prescription Drugs</i></b>		
For each 30 day supply (retail)	\$45	\$45
For more than a 30 day supply but less than a 91 day supply (mail order)	\$70	Not Applicable
<b><i>Infertility/ Erectile Dysfunction Prescription Drugs</i></b>		
For each 30 day supply (retail)	\$50	\$50
For more than a 30 day supply but less than a 91 day supply (mail order)	\$75	Not Applicable

If a **prescriber** prescribes a covered **brand-name prescription drug** where a **generic prescription drug** equivalent is available and specifies “Dispense As Written” (DAW), you will pay the cost sharing for the **brand-name prescription drug**. If you request a covered brand-name **prescription drug** where a **generic prescription drug** equivalent is available you will be responsible for the cost difference between the **brand-name prescription drug** and the **generic prescription drug** equivalent, plus the applicable cost sharing.

## Coinsurance

	NETWORK	OUT-OF-NETWORK
Prescription Drug Plan Coinsurance	100% of the <b>negotiated charge</b>	100% of the <b>recognized charge</b>

The **prescription drug plan coinsurance** is the percentage of **prescription drug covered expenses** that the plan pays after any applicable **deductibles** and **copays** have been met.

**Precertification** for certain **prescription drugs** is required. If **precertification** is not obtained, the **prescription drug** will not be covered.

## Expense Provisions

**The following provisions apply to your health expense plan.**

This section describes cost sharing features, benefit maximums and other important provisions that apply to your Plan. The specific cost sharing features and the applicable dollar amounts or benefit percentages are contained in the attached health expense sections of this *Schedule of Benefits*.

This *Schedule of Benefits* replaces any *Schedule of Benefits* previously in effect under your plan of health benefits.

**KEEP THIS SCHEDULE OF BENEFITS WITH YOUR BOOKLET.**

## Deductible Provisions

You and each of your covered dependents have separate Calendar Year **deductibles**. Each of you must meet your **deductible** separately and they cannot be combined. This Plan has individual and family Calendar Year **deductibles**.

### Network Provider Calendar Year Deductible

#### Individual

This is the amount of **covered expenses** that you and each of your covered dependents incur each Calendar Year from a **network provider** for which no benefits will be paid. This individual Calendar Year **deductible** applies separately to you and each of your covered dependents. After **covered expenses** reach this individual Calendar Year **deductible**, this Plan will begin to pay benefits for **covered expenses** that you incur from a **network provider** for the rest of the Calendar Year.

#### Family Deductible Limit

When you and each of your covered dependents incur **covered expenses** that apply towards the individual Calendar Year **deductibles**, these expenses will also count toward a family **deductible** limit.

To satisfy this family **deductible** limit for the rest of the Calendar Year, the following must happen:

The combined **covered expenses** that you and each of your covered dependents incur towards the individual Calendar Year **deductibles** must reach this family **deductible** limit in a Calendar Year.

When this occurs in a Calendar Year, the individual Calendar Year **deductibles** for you and your covered dependents will be considered to be met for the rest of the Calendar Year.

## **Out-of-Network Provider Calendar Year Deductible**

### **Individual**

This is the amount of **covered expenses** that you and each of your covered dependents incur each Calendar Year from an **out-of-network provider** for which no benefits will be paid. This individual Calendar Year **deductible** applies separately to you and each of your covered dependents. After **covered expenses** reach this individual Calendar Year **deductible**; this Plan will begin to pay benefits for **covered expenses** that you incur from an **out-of-network provider** for the rest of the Calendar Year.

### **Family Deductible Limit**

When you and each of your covered dependents incur **covered expenses** that apply towards the individual Calendar Year **deductibles**, these expenses will also count toward a family **deductible** limit.

To satisfy this family **deductible** limit for the rest of the Calendar Year, the following must happen:

The combined **covered expenses** that you and each of your covered dependents incur towards the individual Calendar Year **deductibles** must reach this family **deductible** limit in a Calendar Year.

When this occurs in a Calendar Year, the individual Calendar Year **deductibles** for you and your covered dependents will be considered to be met for the rest of the Calendar Year.

### **Deductible Carryover**

Under this feature, any **covered expenses** that you incur in the last three months of a Calendar Year that apply toward that year's Calendar Year **deductibles** for **network providers** or **out-of-network** providers will also count toward the following year's **network providers** or **out-of-network** providers **deductibles**.

### **Deductible Waiver Provision for Preventive Prescription Drug Expenses**

No **deductible** will apply to preventive covered **prescription drug** expenses for those **prescription drugs** used to treat the prevention of conditions relating to:

- Hypertension;
- Heart disease;
- Diabetic complications;
- Asthmatic episodes;
- Conditions resulting from osteoporosis;
- Stroke;
- Various pediatric conditions, such as vitamins and fluoride deficiency, and maternal and fetal problems during pregnancy

The preventive **prescription drug** list is available from your employer in printed form. Member Services can answer any questions you have about this preventive **prescription drug** list.

## **Copayments and Benefit Deductible Provisions**

### **Copayment, Copay**

This is a specified dollar amount or percentage of the **negotiated charge** required to be paid by you at the time you receive a covered service from a **network provider**. It represents a portion of the applicable expense.

## Payment Provisions

### Payment Percentage

This is the percentage of your **covered expenses** that the plan pays and the percentage of **covered expenses** that you pay. The percentage that the plan pays is referred to as the “Plan Payment Percentage”. Once applicable **deductibles** have been met, your plan will pay a percentage of the **covered expenses**, and you will be responsible for the rest of the costs. The payment percentage may vary by the type of expense. Refer to your *Schedule of Benefits* for payment percentage amounts for each covered benefit.

### Maximum Out-of Pocket Limit

The **Maximum Out-of Pocket Limit** is the maximum amount you are responsible to pay for **covered expenses** during the Calendar Year. This Plan has an individual **Maximum Out-of Pocket Limit**. As to the individual **Maximum Out-of Pocket Limit**, each of you must meet your **Maximum Out-of Pocket Limit** separately and they cannot be combined and applied towards one limit.

Certain **covered expenses** do not apply toward the **Maximum Out-of Pocket Limit**. See list below.

### Network Provider Maximum Out-of Pocket Limit

#### Individual

Once the amount of eligible **network provider** expenses you or your covered dependents have paid during the Calendar Year meets the individual **Maximum Out-of Pocket Limit**, this Plan will pay 100% of such **covered expenses** that apply toward the limit for the remainder of the Calendar Year for that person.

#### Family Maximum Out-of Pocket Limit

When you and each of your covered dependents incur **covered expenses** that apply towards the individual Calendar Year **network provider Maximum Out-of Pocket Limit**, these expenses will also count toward a family **network provider Maximum Out-of Pocket Limit**.

To satisfy this family **network provider Maximum Out-of Pocket Limit** for the rest of the Calendar Year, the following must happen:

The family **Maximum Out-of Pocket Limit** is a cumulative **Maximum Out-of Pocket Limit** for all family members. The family **network provider Maximum Out-of Pocket Limit** can be met by a combination of family members with no single individual within the family contributing more than the individual **network provider Maximum Out-of Pocket Limit** amount in a Calendar Year.

### Out-of Network Provider Maximum Out-of Pocket Limit

#### Individual

Once the amount of eligible **out-of-network provider** expenses you or your covered dependents have paid during the Calendar Year meets the individual **Maximum Out-of Pocket Limit**, this Plan will pay 100% of such **covered expenses** that apply toward the limit for the remainder of the Calendar Year for that person.

#### Family Maximum Out-of Pocket Limit

When you and each of your covered dependents incur **covered expenses** that apply towards the individual Calendar Year **out-of-network provider Maximum Out-of Pocket Limit**, these expenses will also count toward a family **out-of-network provider Maximum Out-of Pocket Limit**.

To satisfy this family **out-of-network provider Maximum Out-of Pocket Limit** for the rest of the Calendar Year, the following must happen:

The family **Maximum Out-of Pocket Limit** is a cumulative **Maximum Out-of Pocket Limit** for all family members. The family **out-of-network provider Maximum Out-of Pocket Limit** can be met by a combination of family members with no single individual within the family contributing more than the individual **out-of-network provider Maximum Out-of Pocket Limit** amount in a Calendar Year.

The **Maximum Out-of Pocket Limit** applies to both network and out-of-network benefits. **Covered expenses** applied to the out-of-network **Maximum Out-of Pocket Limit** will be applied to satisfy the in-network **Maximum Out-of Pocket Limit** and **covered expenses** applied to the in-network **Maximum Out-of Pocket Limit** will be applied to satisfy the out-of-network **Maximum Out-of Pocket Limit**.

### **Expenses That Do Not Apply to Your Out-of-Pocket Limit**

Certain covered expenses do not apply toward your plan **out-of-pocket** limit. These include:

- Charges over the **recognized charge** for **out-of-network providers** only;
- Expenses incurred for outpatient **prescription drugs**;
- Non-covered expenses;
- Expenses incurred for non-urgent use of an **urgent care provider**; and
- Expenses that are not paid, or **precertification** benefit reductions because a required **precertification** for the service(s) or supply was not obtained from **Aetna**.

### **Precertification Benefit Reduction**

The Booklet contains a complete description of the **precertification** program. Refer to the “Understanding Precertification” section for a list of services and supplies that require **precertification**.

Failure to precertify your **covered expenses** for **out-of-network providers** when required will result in a benefits reduction as follows:

- A \$500 benefit reduction will be applied separately to each type of expense.

## **General**

This Schedule of Benefits replaces any similar Schedule of Benefits previously in effect under your plan of benefits. Requests for coverage other than that to which you are entitled in accordance with this Schedule of Benefits cannot be accepted. This Schedule is part of your Booklet and should be kept with your Booklet.

### **Negotiated Charge**

As to health expense coverage, other than Prescription Drug Expense Coverage:

The **negotiated charge** is the maximum charge a **network provider** has agreed to make as to any service or supply for the purpose of the benefits under this plan.

As to Prescription Drug Expense Coverage:

The **negotiated charge** is the amount **Aetna** has established for each **prescription drug** obtained from a **network pharmacy** under this plan. This **negotiated charge** may reflect amounts **Aetna** has agreed to pay directly to the **network pharmacy** or to a third party vendor for the **prescription drug**, and may include an additional service or risk charge set by **Aetna**.

The **negotiated charge** does not include or reflect any amount **Aetna**, an affiliate, or a third party vendor, may receive under a rebate arrangement between **Aetna**, an affiliate or a third party vendor and a drug manufacturer for any **prescription drug**, including **prescription drugs** on the **preferred drug guide**.

Based on its overall drug purchasing, **Aetna** may receive rebates from the manufacturers of **prescription drugs** and may receive or pay additional amounts from or to third parties under price guarantees. These amounts will not change the **negotiated charge** under this plan.

## Recognized Charge

The **covered expense** is only that part of a charge which is the **recognized charge**.

As to medical, vision and hearing expenses, the **recognized charge** for each service or supply is the lesser of:

- What the provider bills or submits for that service or supply; and
- For professional services and other services or supplies not mentioned below:
  - the 80th percentile of the Prevailing Charge Rate;for the Geographic Area where the service is furnished.

As to **prescription drug** expenses, the **recognized charge** for each service or supply is the lesser of:

- What the provider bills or submits for that service or supply; and
- 110% of the **Average Wholesale Price (AWP)** or other similar resource. **Average Wholesale Price (AWP)** is the current average wholesale price of a **prescription drug** listed in the Medi-Span weekly price updates (or any other similar publication chosen by **Aetna**).

If **Aetna** has an agreement with a provider (directly, or indirectly through a third party) which sets the rate that **Aetna** will pay for a service or supply, then the **recognized charge** is the rate established in such agreement.

**Aetna** may also reduce the **recognized charge** by applying **Aetna** Reimbursement Policies. **Aetna** Reimbursement Policies address the appropriate billing of services, taking into account factors that are relevant to the cost of the service such as:

- the duration and complexity of a service;
- whether multiple procedures are billed at the same time, but no additional overhead is required;
- whether an assistant surgeon is involved and necessary for the service;
- if follow up care is included;
- whether there are any other characteristics that may modify or make a particular service unique; and
- when a charge includes more than one claim line, whether any services described by a claim line are part of or incidental to the primary service provided.

**Aetna** Reimbursement Policies are based on **Aetna's** review of: the policies developed for Medicare; the generally accepted standards of medical and dental practice, which are based on credible scientific evidence published in peer-reviewed literature generally recognized by the relevant medical or dental community or which is otherwise consistent with **physician** or dental specialty society recommendations; and the views of **physicians** and dentists practicing in the relevant clinical areas. **Aetna** uses a commercial software package to administer some of these policies.

As used above, Geographic Area and Prevailing Charge Rates are defined as follows:

- **Geographic Area:** This means an expense area grouping defined by the first three digits of the U.S. Postal Service zip codes. If the volume of charges in a single three digit zip code is sufficient to produce a statistically valid sample, an expense area is made up of a single three digit zip code. If the volume of charges is not sufficient to produce a statistically valid sample, two or more three digit zip codes are grouped to produce a statistically valid sample. When it is necessary to group three digit zip codes, the grouping never crosses state lines.
- **Prevailing Charge Rates:** These are rates reported by FAIR Health, a nonprofit company, in their database. FAIR Health reviews and, if necessary, changes these rates periodically. **Aetna** updates its systems with these changes within 180 days after receiving them from FAIR Health.

#### **Important Note**

**Aetna** periodically updates its systems with changes made to the Prevailing Charge Rates.

*What this means to you* is that the **recognized charge** is based on the version of the rates that is in use by **Aetna** on the date that the service or supply was provided.

#### **Additional Information**

**Aetna's** website [aetna.com](http://aetna.com) may contain additional information which may help you determine the cost of a service or supply. Log on to **Aetna** Navigator to access the "Estimate the Cost of Care" feature. Within this feature, view our "Cost of Care" and "Member Payment Estimator" tools, or contact our Customer Service Department for assistance.