# State Employee Health Plan

Presentation for Maine Prescription Drug Affordability Board 01/08/2021

### Overview

- Self insured plan offering health, pharmacy, dental and wellness
- Non-ERISA plan
- Plan design developed by labor/management Health Commission
- Administration provided by Office of Employee Health & Wellness
- Anthem is the Third Party Administrator for the health plan and Express Scripts is the Pharmacy Benefit Manager for employees and non-Medicare eligible retirees
- Aetna provides the retiree Medicare Advantage plan
- Consultant: Lockton

#### **Anthem Active Plan**

- One plan offered: PPO
- Many preventive services, labs & screenings covered 100%
- Cost to State employees
  The % of the individual premium, depends on compensation level
- State of Maine employees may earn a 5% health credit for completing the Health Premium Credit Program

### Eligible Subscribers

- State Employees
- "Ancillary Employers"
  - Maine Military Authority;
  - Judiciary;
  - Maine State Employees Association;
  - Council 74 of the American Federation of State, County and Municipal employees
  - Maine Turnpike Authority;
  - Maine Community College System;
  - Maine Maritime Academy;
  - Maine Public Employees Retirement System
  - Maine National Guard performing state active service pursuant to Title 37-B
  - Northern New England Passenger Rail Authority;
  - Maine Port Authority;
  - Child Development Services System under Title 20-A, section 7209.
  - Finance Authority of Maine;
  - Maine School of Science and Mathematics;
  - Small Enterprise Growth Board;
  - Maine School for Marine Science, Technology, Transportation and Engineering;
  - Other Small Boards and Commissions

## Plan Comparison - Medical

Benefits	Anthe	m PPO	Aetna Medicare Advantage		
Selicines	In-Network	Out-of-Network	In-Network	Out-of-Network	
Individual Annual Deductible	\$600	\$3,000	\$300		
Individual Annual Out-of- Pocket Maximum	\$2,000	\$5,000	\$3,400		
Preventive Care	Covered at 100%	Deductible, then plan pays 60%	Covered at 100%	Plan pays 80% No deductible	
PCP Office Visit	No deductible applies, \$20 copay	Deductible, then plan pays 60%	Deductible, then \$5 copay	Deductible, then plan pays 80%	
Specialist Office Visit	No deductible applies, \$40 copay	Deductible, then plan pays 60%	Deductible, then \$25 copay	Deductible, then plan pays 80%	
Inpatient Hospital	Deductible, then plan pays 90%	Deductible, then plan pays 60%	Deductible, then plan pays 100%	Deductible, then plan pays 80%	
Outpatient Surgery	Deductible, then plan pays 90%-95%	Deductible, then plan pays 60%	Deductible, then \$50 copay 80%		

### Current Premium Levels

Anthem PPO (Active EE & Non-MCR Retirees)

	Single	Employee + Sp/DP	Employee + Children	Family
Premium/Mo	\$889.35	\$1,860.14	\$1,463.05	\$2,213.31

Aetna Medicare Advantage (Medicare Retirees)

	Single
Premium/Mo	\$287.02

#### Other Health Plan Benefits

Carrum Centers of Excellence for certain surgeries

Knee & Hip Replace Replacement, Bariatric Surgery

Diabetes & prediabetes programs

Livongo, National Diabetes Prevention Program

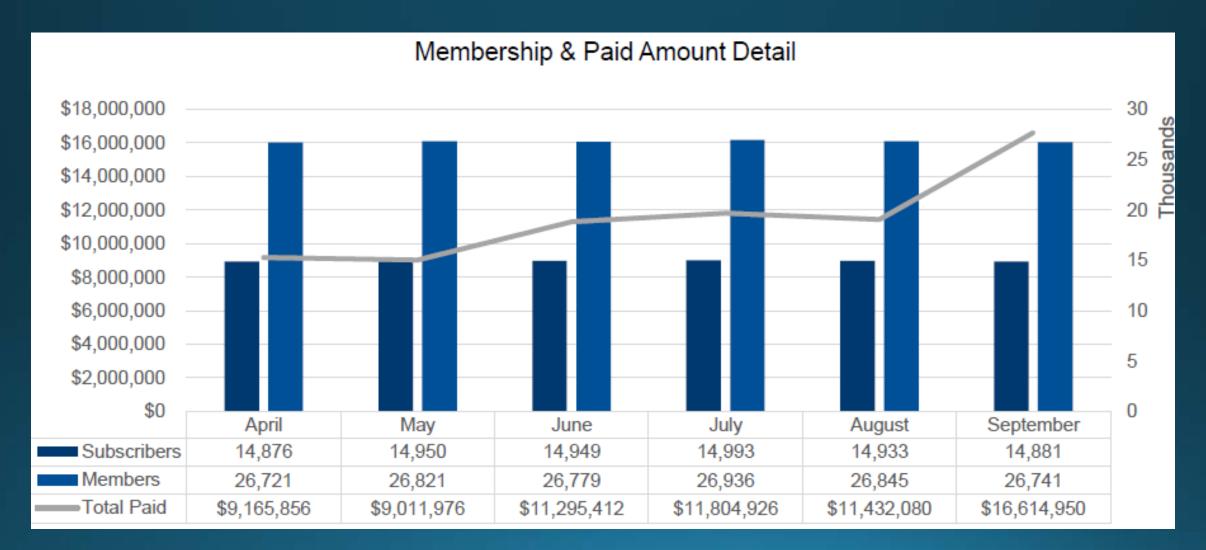
- Living Resources (EAP)
- Wellness Program WellStar ME

Onsite flu & biometric screenings, telephonic health navigation, connection to resources

Wellness supporting initiatives

Naturally Slim, Headspace

### **Anthem Active Plan**

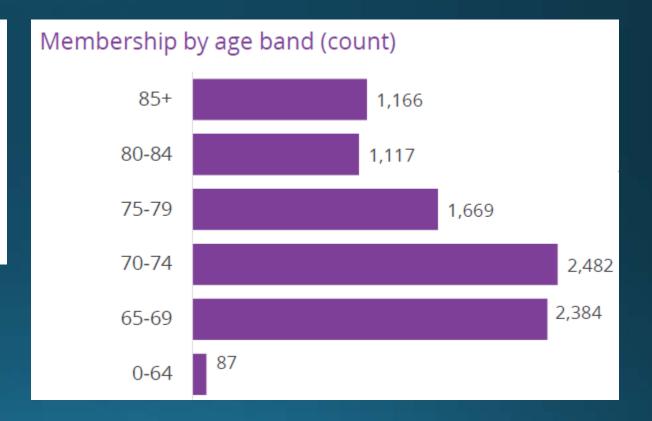


#### **Anthem Active Plan**

- Total subscribers: ~15,000; total members: ~27,000
- Average employee age 50; average member age 39
- 56% of members are employees
- Female 52%, Male 48%

### Aetna Medicare Advantage Statistics

	Prior	Current	% change
Covered Lives	8,642	8,904	3.0%
Male	48.8%	49.3%	0.5%
Female	51.2%	50.7%	-0.5%
Average Age	74.8	74.9	0.1%



### Pharmacy Plan Overview

- Annual formulary change
- Pharmacy networks
- Rebates
- Prior authorization
- Plan design and safety elements in place
- Currently in the RFP process

### Pharmacy Plan Overview

	Retail	Home delivery
Generic drugs	\$10 up to a 30-day supply	\$15 up to a 90-day supply
Preferred brand-name drugs	\$30 up to a 30-day supply	\$45 up to a 90-day supply
Nonpreferred brand-name drugs	\$45 up to a 30-day supply	\$70 up to a 90-day supply
Diabetic Medications*	\$25 up to a 30-day supply	Standard copays apply
Specialty (must be	N/A	25% with \$150 max, up to a 30-day supply
filled through Accredo)		25% with \$225 max, up to a 90-day supply

## Express Scripts Q3 statistics

State of Maine							
Description	July - Sept 20	July - Sept 19	Change				
Total Plan Cost Net PMPM	\$137.32	\$122.71	11.9%				
Non-Specialty Plan Cost Net PMPM	\$63.20	\$56.59	11.7%				
Specialty Plan Cost Net PMPM	\$74.11	\$66.11	12.1%				
Generic Fill Rate	83.0%	84.0%	-1.0				
90 Day Utilization	77.0%	74.7%	2.3				
Retail - Maintenance 90 Utilization	70.1%	69.9%	0.2				
Home Delivery Utilization	6.9%	4.8%	2.1				

- 18 of top 25 prescribed medications are specialty
- Top 25 specialty drugs = 42% of total plan cost

## Top Indicators by Plan Cost Net

#### July - Sept 20

		Plan Cost	Generic	Peer Generic	Plan Cost Net
Indication	Rxs	Net	Fill Rate	Fill Rate	PMPM
INFLAMMATORY CONDITIONS	573	\$2,836,796	40.0%	48.9%	\$35.21
CANCER	243	<b>\$1</b> ,355,855	64.6%	73.9%	\$16.83
DIABETES	4,351	\$1,224,235	39.9%	39.7%	\$15.20
CYSTIC FIBROSIS	38	\$652,978	0.0%	7.3%	\$8.11
MULTIPLE SCLEROSIS	57	\$599,684	10.5%	30.5%	\$7.44
SKIN CONDITIONS	991	\$290,007	91.5%	91.3%	\$3.60
DEPRESSION	5,940	\$274,752	98.2%	97.7%	\$3.41
ATTENTION DISORDERS	2,183	\$265,433	58.4%	59.8%	\$3.29
ASTHMA	2,391	\$242,082	49.2%	61.9%	\$3.01
ANTICOAGULANT	512	\$232,707	38.1%	24.2%	\$2.89
Total Top 10:	17,279	\$7,974,529	66.6%		\$98.99
Differences Between Periods:	523	\$684,473	3.9%		\$7.72

### 2019-2020 Policy Year Spend

Pharmacy spent net of rebates\$40,206.226

•Total net pharmacy & medical claims \$194,715,086