

State Employee Health Commission Retreat

November 14, 2019

- 8:30 Welcome & Introductions
Lisa Nolan
- 8:45 Opening Activity
Erica Brown, WellStar ME Program Manager
Kelsey Robinson, WellStar ME Health & Wellness Navigator
- 9:00 Overview of the State Employee Health Commission
Bylaws and Governing Statutes and Subcommittees
Lisa Nolan
- 10:15 Break
- 10:30 Role of the Office of Employee Health & Benefits
Kurt Caswell, Executive Director
- 11:00 State of the State's Healthcare System and Anthem's Perspective on Future Trends
Denise McDonough, President, Anthem Blue Cross Blue Shield of Maine
- 11:30 Health Care, Insurance & Financial Services Committee Update and Review of Initiatives
Senator Sanborn
- 12:00 Lunch
- 1:00 Brief Wellness History and Program Highlights
Shonna Poulin Gutierrez, Director of HR Wellness Programs
Erica Brown, WellStar ME Program Manager
Kelsey Robinson, WellStar ME Health & Wellness Navigator
- 1:30 Health Plan Panel Discussion and Q &A
Aetna, Anthem, Delta Dental, Express Scripts and Living Resources
- 2:15 Break
- 2:30 SEHC Vision and Future Goals
Lisa Nolan
- 3:00 Adjourn