

# STATE EMPLOYEE HEALTH COMMISSION

## AGENDA

**Date:** April 16, 2026

**Time:** 8:30am – 12:00pm

**Location Remote:** Microsoft Teams Meeting

**Dial-In Number:** 1-207-209-4724

**Phone Conference ID:** 586 445 341#

**Meeting Link:** [Join the meeting now](#)

**Physical location:**

Maine Department of Labor

Francis Perkins Conference Room

45 Commerce Drive Augusta, ME 04330

- I. Call to Order** (Co-Chair)
  - II. Introductions** (All)
  - III. Review and Approval of Minutes** (March 19, 2026)
  - IV. Recurring Monthly Business**
    - a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
    - b) Committee Updates (Co-Chair)
      - i. Legislative Committee (Joanne Rawlings-Sekunda, Lisa Nolan)
  - V. Quarterly Plan Updates**
    - a) Healthcare Purchaser Alliance: Independent Labs (Sara Fitzgerald)
- 10 Minute Break**
- VI. Semi-Annual Update**
    - a) Carrum Health Program (Kathryn Laughlin)
  - VII. Other Business**
    - a.) Open Discussion
  - VIII. Motion to Adjourn** (Co-Chair)  
**Next Meeting: May 21, 2026**



### **Future Quarterly Updates**

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Capital Rx (March, June, September & November)

**Healthcare Purchaser Alliance (January, April, July & October)**

Lockton (March, June, September & November)

### **Future Semi-Annual Updates**

Anthem/Lockton Compliance Review (January & July)

**Carrum Health Program (April & October)**

Living Resources Program (March & September)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)