

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: March 19, 2026

Time: 8:30am – 12:00pm

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 586 445 341#

Meeting Link: [Join the meeting now](#)

Physical location:

Maine Department of Labor

Francis Perkins Conference Room

45 Commerce Drive Augusta, ME 04330

- I. Call to Order** (Co-Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (February 19, 2026)
- IV. Recurring Monthly Business**
 - a) Committee Updates (Co-Chair)
 - i. Plan Design (Co-Chair)
 - ii. Legislative Committee (Joanne Rawlings-Sekunda)
 - b) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
- V. Quarterly Plan Updates**
 - a) Plan Experience Summary – Active Medical & Dental – Lockton (Amy Deschaines)

10-Minute Break

 - b) State of Maine Health Plan -Pharmacy Update- Capital Rx (Avni Doshi, Brenden Horwitz)
- VI. Semi-Annual Update**
 - a) Living Resources Program – ComPsych (Deborah Palma)
 - b) MCD Wellness Program (Kristin Poulin)
- VII. Other Business**
 - a.) Confidentiality Agreement Reminder (Devon French)
 - b.) Open Discussion
- VIII. Motion to Adjourn (Co-Chair)**

Next Meeting: April 16, 2026



Future Quarterly Updates

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Capital Rx (March, June, September & November)

Healthcare Purchaser Alliance (January, April, July & October)

Lockton (March, June, September & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)

Carrum Health Program (April & October)

Living Resources Program (March & September)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)