

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: November 20, 2025

Time: 8:30am – 9:30am

Physical location:

Governor Hill Mansion

136 State Street

Augusta, ME 04330

- I. Call to Order** (Co-Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (October 16, 2025)
- IV. Recurring Monthly Business**
 - a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
 - b) Committee Updates (Co-Chair)
 - i. Plan Design meeting December 9, 2025

V. Quarterly Plan Updates

- a) Plan Experience Summary- Active Medical & Dental – Lockton (Amy Deschaines)

10 Minute Break

- b) State of Maine Health Plan -Pharmacy Update- Capital Rx (Avni Doshi, Brenden Horwitz, Laura Kayvonfar)

VI. Semi-Annual Update

No Semi-Annual Update

VII. Other Business

- a.) Confidentiality Agreement (Co-Chair)
- b.) Executive Session: Member Response (Co-Chair)
- c.) Open Discussion

VIII. Motion to Adjourn (Co-Chair)

Next Meeting: January 15th, 2026



Future Quarterly Updates

Healthcare Purchaser Alliance (January, April, July & October)

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Capital Rx (March, June, September & November)

Lockton (March, June, September & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)

Carrum Health Program (April & October)

Living Resources Program (March & September)

Livongo Health (January & July)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)