

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: August 21, 2025

Time: 8:30am – Noon

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 223 562 789#

Meeting Link: [Join the meeting now](#)

Physical location:

Maine Department of Labor

Francis Perkins Conference Room

45 Commerce Drive Augusta, ME 04330

I. Call to Order (Chair)

II. Introductions (All)

III. Review and Approval of Minutes (June 26, 2025)

IV. Recurring Monthly Business

- a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
- b) Committee Update
 - i. Plan Design Update

V. Quarterly Plan Updates

- a) Medicare Advantage Plan-Aetna (Sabrina DeGuzman Simmons)

10 Minute Break

- b) State of Maine Health Plan -Medical Update- Anthem (Stefanie Pike)

VI. Semi-Annual Update

- a) Compliance Review
 - i. State-Anthem (Kristine Ossenfort)
 - ii. Federal-Lockton (Mark Holloway)

VII. Other Business

- a.) Executive Session
- b.) Health Commission Contract Access Policy Update
- c.) Open Discussion

VIII. Motion to Adjourn (Chair)

Next Meeting: September 18, 2025



Future Quarterly Updates

Healthcare Purchaser Alliance (January, April, July & October)

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Future Quarterly Updates

Capital Rx (March, June, September & November)

Lockton (March, June, September & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)

Carrum Health Program (April & October)

Living Resources Program (March & September)

Livongo Health (January & July)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)