

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: May 15, 2025

Time: 8:30am – Noon

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 223 562 789#

Meeting Link: [Join the meeting now](#)

Physical location:

Maine Department of Labor

Francis Perkins Conference Room

45 Commerce Drive Augusta, ME 04330

I. Call to Order (Co-Chair)

II. Introductions (All)

III. Review and Approval of Minutes (April 17, 2025)

IV. Recurring Monthly Business

- a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
- b) Committee Updates (Co-Chair)
 - i. By-Law Committee (Co-Chair)
 - ii. Legislative Committee (Joanne Rawlings-Sekunda)
 - iii. Wellness Committee (Co-Chair, Nathan Morse)

V. Quarterly Plan Updates

- a) Medicare Advantage Plan-Aetna (Sabrina DeGuzman Simmons)

10 Minute Break

- b) State of Maine Health Plan -Medical Update- Anthem (Anne Rowles)

VI. Semi-Annual Update

- a) State of Maine Dental Plan – Northeast Delta Dental (Marie Bridges)

VII. Other Business

- a.) Meeting Procedures (Co-Chair)
 - a. Roll Call
 - b. Recordings
- b.) Health Commission Member Access to Vendor Contracts (Co-Chair)
- c.) September Health Commission Date (Co-Chair)
- d.) Open Discussion

VIII. Motion to Adjourn (Co-Chair)

Next Meeting: June 26, 2025



Future Quarterly Updates

Healthcare Purchaser Alliance (January, April, July & October)

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Future Quarterly Updates

Capital Rx (March, June, September & November)

Lockton (March, June, September & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)

Carrum Health Program (April & October)

Living Resources Program (January & July)

Livongo Health (March, September)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)