

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: March 20, 2025

Time: 8:30am – Noon

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 612 215 162#

Meeting Link: [Join the meeting now](#)

Physical location:

Maine Department of Labor

Francis Perkins Conference Room

45 Commerce Drive Augusta, ME 04330

- I. Call to Order** (Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (February 20, 2025)
- IV. Recurring Monthly Business**
 - a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
 - b) Committee Updates
 - i. Plan Design Update (Co-Chair)
 - ii. Legislative Committee Update (Joanne Rawlings-Sekunda)
- V. Quarterly Plan Updates**
 - a) State of Maine Health Plan -Pharmacy Update- Capital Rx (Avni Doshi, Brenden Horwitz)
10 Minute Break
 - b) Plan Experience Summary- Active Medical & Dental – Lockton (Amy Deschaines)
- VI. Semi-Annual Update**
 - a) MCD Wellness Program (Libby Arbour, Kristin Poulin)
 - b) Livongo (Thomas Young)
- VII. Other Business**
 - a.) MSLEA Letter (Co-Chair)
 - b.) Confidentiality Agreement (Co-Chair)
 - c.) Open Discussion
- VIII. Motion to Adjourn (Chair)**
Next Meeting: April 17, 2025



Future Quarterly Updates

Healthcare Purchaser Alliance (January, April, July & October)

Aetna (February, May, August & October)

Anthem (February, May, August & October)

Future Quarterly Updates

Capital Rx (March, June, September & November)

Lockton (March, June, September & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)

Carrum Health Program (April & October)

Living Resources Program (January & July)

Livongo Health (March, September)

MCD Wellness Program (March & September)

Northeast Delta Dental (May, November)