

STATE EMPLOYEE HEALTH COMMISSION

AGENDA

Date: November 21, 2024

Time: 8:30am – Noon

Location Remote: Microsoft Teams Meeting

Dial-In Number: 1-207-209-4724

Phone Conference ID: 993 595 752#

Meeting Link: [Meeting through MS Teams Link](#)

Physical location: Burton Cross Office Building
1st Floor Rm 103 A&B Augusta, ME 04333

- I. Call to Order** (Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (October 17, 2024)
- IV. Recurring Monthly Business**
 - a) Employee Health, Wellness & Workers' Compensation Highlights (Shonna Poulin-Gutierrez)
- V. Quarterly Plan Updates**
 - a) Plan Experience Summary- Active Medical & Dental – Lockton (Amy Deschaines)
 - b) Medicare Advantage Plan-Aetna (Sabrina DeGuzman Simmons)

15 MINUTE BREAK

 - c) State of Maine Health Plan -Pharmacy Update- Capital Rx (Avni Doshi, Brenden Horwitz)
 - d) State of Maine Health Plan -Medical Update- Anthem (Stefanie Pike)
 - e) State of Maine Dental Plan – Northeast Delta Dental (Marie Bridges)
- VI. Education**

No Education Topic
- VII. Semi-Annual Update**

No Semi-Annual Update this Month
- VIII. Other Business**
 - a) Location Change 2025
 - b) Open Discussion
- IX. Motion to Adjourn** (Chair)

Next Meeting: January 16, 2025



Future Quarterly Updates

Aetna (February, May, August & November)
Anthem (February, May, August & November)
Capital Rx (February, May, August & November)
Healthcare Purchaser Alliance (January, April, July & October)
Lockton (February, May, August & November)
Northeast Delta Dental (February, May, August & November)

Future Semi-Annual Updates

Anthem/Lockton Compliance Review (January & July)
Carrum Health Program (April & October)
Living Resources Program (January & July)
MCD Wellness Program (March & September)
Livongo Health (March, September)