

# STATE EMPLOYEE HEALTH COMMISSION

## AGENDA

**Date:** September 19, 2024

**Time:** 8:30am – Noon

**Location Remote:** Microsoft Teams Meeting

**Dial-In Number:** 1-207-209-4724

**Phone Conference ID:** 993 595 752#

**Meeting Link:** [Meeting through MS Teams Link](#)

**Physical location:** Burton Cross Office Building  
1<sup>st</sup> Floor Rm 103 A&B Augusta, ME 04333

- I. Call to Order** (Chair)
- II. Introductions** (All)
  - a) Capital Rx Team Introduction (Shonna Poulin-Gutierrez)
- III. Review and Approval of Minutes** (July 18, 2024)
- IV. Recurring Monthly Business**
  - a) Employee Health, Wellness & Workers' Compensation Highlights (Shonna Poulin-Gutierrez)
- V. Quarterly Plan Updates**
  - a) Plan Experience Summary- Active Medical & Dental – Lockton (Amy Deschaines)
  - b) Medicare Advantage Plan-Aetna (Sabrina DeGuzman-Simmons)

**15 MINUTE BREAK**

  - c) State of Maine Health Plan -Medical Update- Anthem (Stefanie Pike)
  - d) State of Maine Dental Plan – Northeast Delta Dental (Marie Bridges)
- VI. Education**
  - a) Wellness Wallet/ThrivePass (Nate Morse)
- VII. Semi-Annual Update**
  - a) MCD Wellness Program (Libby Arbour, Kristin Poulin)
  - b) Livongo Health (Thomas Young)
- VIII. Other Business**
  - a) Open Discussion
- IX. Motion to Adjourn (Chair)**

**Next Meeting: October 17, 2024- RETREAT**



### **Future Quarterly Updates**

Aetna (February, May, August & November)  
Anthem (February, May, August & November)  
Capital Rx (February, May, August & November)  
Healthcare Purchaser Alliance (January, April, July & October)  
Lockton (February, May, August & November)  
Northeast Delta Dental (February, May, August & November)

### **Future Semi-Annual Updates**

Anthem/Lockton Compliance Review (January & July)  
Carrum Health Program (April & October)  
Living Resources Program (January & July)  
MCD Wellness Program (March & September)  
Livongo Health (March, September)