

# STATE EMPLOYEE HEALTH COMMISSION

## AGENDA

**Date:** October 17, 2024

**Time:** 8:30am – 9:30am

**Dial-In Number:** 1-207-209-4724

**Phone conference ID:** 903 322 901#

**Meeting Link:** [Join the meeting now](#)

- I. Call to Order** (Chair)
- II. Introductions** (All)
- III. Review and Approval of Minutes** (September 19, 2024)
- IV. Recurring Monthly Business**
  - a) Open Discussion/Questions on Vendor Reports (All)
  - b) Employee Health, Wellness & Workers' Compensation Highlights (Shonna Poulin-Gutierrez)
- V. Semi-Annual Update**
  - a) Carrum Health Program (Kathryn Laughlin)
- VI. Committee updates**
  - a) Plan Design Committee: Recommendations & Vote (Chair)
- VII. Other Business**
  - a) Open Discussion
- VIII. Motion to Adjourn** (Chair)

**Next Meeting: November 21, 2024**

Please note that the meeting location will be held at:  
Governor Hill Mansion 136 State St Augusta, ME 04330



### **Future Quarterly Updates**

Aetna (February, May, August & November)  
Anthem (February, May, August & November)  
Capital Rx (February, May, August & November)  
Healthcare Purchaser Alliance (January, April, July & October)  
Lockton (February, May, August & November)  
Northeast Delta Dental (February, May, August & November)

### **Future Semi-Annual Updates**

Anthem/Lockton Compliance Review (January & July)  
Carrum Health Program (April & October)  
Living Resources Program (January & July)  
MCD Wellness Program (March & September)  
Livongo Health (March & September)