

# STATE EMPLOYEE HEALTH COMMISSION

## AGENDA

**Date:** November 18, 2021

**Time:** 8:30am – Noon

**Location:** Microsoft Teams Meeting

**Dial-In Number:** 1-207-209-4724 **Conference ID:** 260 798 185#

- I. **Call to Order** (Chair)
- II. **Introductions** (All)
- III. **Review and Approval of Minutes** (October 21, 2021)
- IV. **Recurring Monthly Business**
  - a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
  - b) Committee Update
    - i. Financial Update (Chair)
- V. **Quarterly Plan Updates**
  - a) Plan Experience Summary - Active Medical & Dental-Lockton (Amy Deschaines)
  - b) State of Maine Health Plan – Medical update -Anthem (Lisa Lagios)
  - c) State of Maine Health Plan – Pharmacy update – MedImpact (Judy Paslaski)
  - d) Medicare Advantage Plan – Aetna (Sabrina DeGuzman-Simmons)

**5-Minute Break**

  - e) State of Maine Dental Plan – Northeast Delta Dental (Marie Bridges)
- VI. **Semi Annual Update**
  - a) Compliance Review
    - i. State - Anthem (Kristine Ossenfort)
    - ii. Federal - Lockton (Mark Holloway)

## **VII. Education**

- a) Living Resources – Healthy Coaching (Tricia Mahoney)

## **VIII. Other Business**

- a) Remote Public Proceedings Policy – (Heather Perreault)
- b) Open Discussion

## **IX. Motion to Adjourn (Chair)**

### **Future Quarterly Updates**

Aetna (February, May, August & November)  
Anthem (February, May, August & November)  
MedImpact (February, May, August & November)  
Health Purchaser Alliance (January, April, July & October)  
Lockton (February, May, August & November)  
Northeast Delta Dental (February, May, August & November)

### **Future Semi-Annual Updates**

Anthem/Lockton Compliance Review (May & November)  
Carrum Health Program (April & October)  
Living Resources Program (January & July)  
MCD Wellness Program (March & September)