

# STATE EMPLOYEE HEALTH COMMISSION

## AGENDA

**Date:** November 19, 2020

**Time:** 8:30am – Noon

**Location:** Microsoft Teams Meeting

**Dial-In Number:** 1-207-209-4724 **Conference ID:** 260 798 185#

**I. Call To Order** (Chair)

**II. Introductions** (All)

**III. Review and Approval of Minutes** (October 15, 2020)

**IV. Recurring Monthly Business**

- a) Employee Health & Wellness Highlights (Shonna Poulin-Gutierrez)
- b) Financial Update (Chair)

**V. Quarterly Plan Updates**

- a) Plan Experience Summary - Active Medical & Dental-Lockton (Amy Deschaines)
- b) State of Maine Health Plan – Medical update -Anthem (Lisa Lagios)
- c) State of Maine Health Plan – Pharmacy update – Express Scripts (Sue Wolf)
- d) Medicare Advantage Plan – Aetna (Sabrina DeGuzman-Simmons)
- e) State of Maine Dental Plan – Northeast Delta Dental (Marie Bridges)

**5-Minute Break**

**VI. Semi Annual Update**

- a) MCD Wellness Program (Kelsey Robinson)
- b) Compliance Review
  - i) State - Anthem (Kristine Ossenfort)
  - ii) Federal - Lockton (Mark Holloway)

**VII. Other Business**

- a) No other Business

**VIII. Education**

- a) RAND 3.0 Study Overview (Christopher Whaley)

**IX. Motion to Adjourn (Chair)**

**Future Education**

Mail Order Prescriptions/Lockton (January)

**Future Semi-Annual Updates**

Living Resources Program (January & July)

MCD Wellness Program (March & November)

Carrum Health Program (April & October)

Anthem/Lockton Compliance Review (May & November)

Grand Rounds (June & December)