



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, April 14th, 2022 @ 12:30pm
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Lois Baxter, Claire Bell, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Kelly John, Deidre Kinney, Rebekah Koroski, Peter Marcellino, Lew Miller, Robert Omiecinski, Heather Perreault, Shonna Poulin-Gutierrez, Joanne Rawlings-Sekunda, & Frank Wiltuck (total = 16)

Commission members absent: Angela Porter, Michelle Probert, Heidi Pugliese, Jeremy Roberts & Kim Vigue

Vacant seat(s): 2

Others present: Kurt Caswell, Lilianne Ford, Paige Lamarre & Roberta Leonard – Employee Health & Wellness; Breena Bissell – Bureau of Human Resources/DAFS; Kevin Fenton – Aetna; Lisa Lagios, Jonathan Edwards & Kristine Ossenfort - Anthem Blue Cross and Blue Shield; Amy Deschaines, Ken Ralff & Kelsey Russell – Lockton; Peter Hayes, Lisa Nolan & Trevor Putnokoy – Healthcare Purchasers Alliance; Jess Rengstorf, Fanny Li – Carrum; Judy Paslaski, Lynn Hadley, Kristen Willams & Matt Stone – MedImpact; Katie Harris – MaineHealth; Lynn Clark – MainePERS; Heather Albert – Maine Community College System; Eric Stanger – Navia Benefits

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (12:31pm)	Jonathan French called the meeting to order.	
II. Introductions		
III. Other Business		
a. Plan Design Committee Update – Amy Deschaines	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> • Recommendations: <ul style="list-style-type: none"> ○ Implement pilot program with Carrum ○ 2.6% increase on working rates ○ Implement premium holiday • Carrum Health – Required Benefit Pilot Program (Hip/Knee Replacements): Carrum delivers significant cost savings across procedure types (40% lower for hip/knee replacements) Average savings per joint replacement surgery - \$16,861. • Hybrid opportunity to require specific procedures to be performed by Spectrum (through Carrum vs. the health plan): 2021 had 145 	Frank Wiltuck made motion to approve the recommendations of the Plan Design Committee. Joanne Rawlings-Sekunda seconded the motion. Motion passed.



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	<p>procedures that would have been part of this Spectrum required benefit.</p> <ul style="list-style-type: none"> • Spectrum locations: Portland and Auburn. Members that are more than 150 miles from Portland or Auburn would be granted exceptions to use the health plan benefit (currently ~98% of members within 150 miles). • Example Exception Criteria: <ul style="list-style-type: none"> ○ 3-Month Grace Period ○ Medical unsafe to travel (per clinical documentation) ○ Caregiver obligations (e.g., child or elderly family member) ○ Inability to secure an adult travel companion ○ Surgery performed in an emergency ○ Revision procedure unable to be serviced by Carrum • Assumed Plan Design/Program Changes for 7/1/2022 <ul style="list-style-type: none"> ○ MH/SA office visits covered at 100% both INN and OON (balance billing OON) ○ Coverage for maintenance chiropractic visits ○ Implementing Hinge Health ○ Hip/Knee joint replacements required to flow through Carrum (3-month grace period and exceptions) ○ Increase working rates by 2.6% and implement 3-month premium holiday (with the option to extend another month upon future evaluation) 	
IX. REQUEST MOTION TO ADJOURN		
X. Adjourn Meeting (1:30pm)		Frank Wiltuck made motion to adjourn; Lois Baxter seconded the motion. Motion passed.

2022 meeting schedule available at www.maine.gov/bhr/oeh