



Janet T. Mills  
Governor

**STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061**

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, February 17, 2022 @ 8:30am  
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Lois Baxter, Jonathan French, Peter Marcellino, Lew Miller, Heather Perreault, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, James Russell, Kim Vigue & Frank Wiltuck.  
(total = 12)

Commission members absent: Cecile Champagne-Thompson, Laurie Doucette, Kelly John, Deidre Kinney, Robert Omiecinski, Angela Porter & Jeremy Roberts.  
Vacant seat(s): 3

Others present: Erica Brown, Lillianne Ford & Roberta Leonard – Employee Health & Wellness; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Stephanie Pike, Lisa Lagios, Jonathan Edwards & Kristine Ossenfort - Anthem Blue Cross and Blue Shield; Amy Deschaines, Ken Ralff, Edward Pierce, Kelsey Russell – Lockton; Connor Huggins - MCD Public Health; Lisa Nolan, Peter Hayes, Trevor Putnoky – Healthcare Purchasers Alliance; Emily Kovalesky – Maine Health; Jackie Little – Legislature; Laura Roberts – SunLife; Laurie Roscoe, Judy Paslaski, Matt Stone - MedImpact; Mark Saunders – Maine General

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action/Next Steps</b>
<b>I. Call Meeting to Order (8:42am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>		
<b>III. Review &amp; Approval of Minutes (January 20, 2021)</b>		Lois Baxter made motion to accept the minutes; Peter Marcellino seconded the motion. Motion passed.
<b>IV. Recurring Monthly Business</b>		
<b>a. Highlights - Employee Health &amp; Wellness - Shonna Poulin-Gutierrez</b>	Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <li><u>Anthem COVID-19 Vaccinations:</u> The State of Maine Health Plan (Anthem) has processed 14,039 Covid-19 vaccination claims as of February 7, 2022. Of the vaccinations administered through the health plan, 6,202 members are fully vaccinated as of February 7, 2022. COVID-19 tests can be ordered through the Sydney application and should be in your home within 2 business days.</li> </ul>	



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- Anthem Medical Highlights: The most recent Anthem report indicates that 650 high-cost claimants (a high-cost claim is defined as over \$50,000.00) account for \$79,573,897 in spend.
- Medicare Medical Highlights: Hypertension is number one among the top ten diseases by paid amount. The average claim amount is \$10,904.00 compared to last month at \$10,628.00. Total claim amount paid for hypertension is \$61,521,600.00 as reported through October 31, 2021.
- Committee Highlights: Plan Design, Legislative, and Wellness meetings will be held in February and March.
- WellStarME: held a strategic planning meeting in early February to discuss program enhancements and wellness initiatives for the coming year. The State of Maine Health Plan has had 2,766 members complete of the requirements for the 2022 Health Premium Credit Program to date.
- Pilot Programs: There are two pilot programs that will be ending in March. Employees will be able to access Wellbeats until March 9<sup>th</sup> and employees will be able to access Headspace until March 31<sup>st</sup>.
- WondrHealth: The WondrHealth (formally known as Naturally Slim) weight loss program open enrollment will be held from February 21<sup>st</sup> through March 6<sup>th</sup>. The program will begin on March 21<sup>st</sup>.
- 2022 Health Premium Credit Program (HPCP): A social media graphic was posted to our Facebook and Instagram in late January to remind State of Maine employees of this program. A communications plan was created to outline the remaining communications that will be distributed before April 30, 2022.
- Home Mailers: A postcard was mailed out in the beginning of February to all State of Maine employees who participate in the health plan to promote the WondrHealth program open enrollment.
- MedImpact: MedImpact Formulary Change letters were reviewed, edited, approved, and mailed to affected plan members to inform them of the change that will go in to effect on April 1<sup>st</sup>, 2022.
- Contracts: The Office of Employee Health and Wellness continues to review contract timelines. Diane Bailey volunteered to be a reviewer for the RFP on vision.



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<p><b>b. Financial Update – Frank Wiltuck</b></p>	<p>Information contained in written report; highlights and discussion noted below:  <b>January 31, 2022 Update</b></p> <ul style="list-style-type: none"> <li>• <u>Balance Sheet</u>: \$192.4M in Equity for State Fiscal Year 2022 through January 31, 2022</li> <li>• <u>Operating Statement</u>: Revenues over Expenses \$-20M</li> </ul>	
<p><b>c. Legislative Committee Update – Joanne Rawlings-Sekunda</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• The Legislative Committee met on February 17, 2022.</li> <li>• <u>LD 1636</u>: An Act to Reduce Prescription Drug Costs by Using International Pricing.</li> <li>• <u>LD 1783</u>: An Act to Require Health Insurance Carriers and Pharmacy Benefits Managers to Appropriately Account for Cost-sharing Amounts Paid on Behalf of Insureds.</li> </ul> <p>Series of Mandates</p> <ul style="list-style-type: none"> <li>• <u>LD 665</u>: An Act to Promote Better Dental Care for Cancer Survivors.</li> <li>• <u>LD 1003</u>: An Act to Improve Outcomes for Persons with Limb Loss.</li> <li>• <u>LD 1539</u>: An Act to Provide Access to Fertility Care.</li> <li>• <u>LD 1954</u>: An Act to Ensure Access to Prescription Contraception.</li> </ul>	
<b>V. QUARTERLY PLAN UPDATES</b>		
<p><b>a. Plan Experience Summary – Lockton – Amy Deschaines</b></p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Health Insurance Admin Payment (July 2021-December2021)</u>: \$5.5M in total</li> <li>• <u>State of Maine Experience Detail (July 2021-December 2021)</u>: Increased working rates by 2.97% as part of our July 1, 2021 renewal. The current plan year is running at 96% of budget with surplus of 4.7M. In December of 2021, there was a pharmacy rebate payment that helped with the loss ratio of 106%. Had this rebate not occurred the loss ratio would have been roughly 125%.</li> <li>• <u>SOM Experience Detail Reflecting Premium Holiday</u>: The impact of the premium holiday was roughly a \$35M value.</li> <li>• <u>Experience Dental Detail</u>: There was a loss ratio of about 84.6% of the budget with a surplus of \$630k on the dental plan (with paid claims) through December of 2021. It is anticipated and expected</li> </ul>	



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	that there is a favorable renewal on the dental plan going into the plan year.	
<b>b. State of Maine – Anthem – Lisa Lagios</b>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Financials and Demographics:</u> <ul style="list-style-type: none"> <li>○ The membership increased 2.5%</li> <li>○ Females 52% / Males 48%</li> <li>○ Average member age 39 / Employee age 50</li> <li>○ Employee consumes 68% of total plan costs</li> </ul> </li> <li>• <u>Total Claim Spend:</u> <ul style="list-style-type: none"> <li>○ Monthly (12/21): \$18.6M</li> <li>○ Quarterly (Q4 2021): \$46.1M</li> <li>○ Rolling 12 Months: \$173.6M</li> </ul> </li> <li>• <u>Settings of Care Insights:</u> <ul style="list-style-type: none"> <li>○ Inpatient cost per admit decreased by 2% from prior period, while admissions per 1000 increased by 9%</li> <li>○ ALOS increased 3%</li> <li>○ Outpatient cost per visit decreased 3%</li> </ul> </li> <li>• <u>Clinical Insights:</u> <ul style="list-style-type: none"> <li>○ Obesity Prevalence: 31.1</li> <li>○ Diabetes Prevalence: 63.9</li> <li>○ Risk Score: 1.64</li> <li>○ CAD Prevalence: 17.2</li> </ul> </li> <li>• <u>Emergency Department:</u> 4,904 total ED visits, 6.0% of total medical spend</li> <li>• <u>High-Cost Claimants Detail:</u> 650 claimants accounted for \$79.5M (45.8% of total medical)</li> <li>• <u>Preventive Screenings:</u> Screening compliance rates improved from the prior period for 75% of the Preventive Care Screenings</li> <li>• <u>Paid Claims Distribution:</u> There are 2,516 total unique members who have not filed a claim during the time period represented on this report</li> <li>• <u>COVID-19 Results as of February 7, 2022:</u> Unique Claimants were 14,039. COVID-19 Positive Cases were 2,346. Inpatient Admissions were 119, and COVID-19 PMPM was \$16.53</li> </ul>	



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**c. SOM Health Plan Pharmacy Update – MedImpact - Judy Paslaski & Laurie Roscoe**

Information contained in written report; highlights and discussion noted below:

Financial Overview:

- Performance Overview (October 2021-December 2021): Total cost \$15.1M with an RX Count of 69,464. Total Cost PMPM Trend increased 8% and RX Count Trend increased 11.5%. Trend contributors were drug mix, discounts, and volume.
- Specialty Overview: Specialty PMPM Trend increased by 22.4%.
- KPI Summary Q4 (2021): Rx count numbers are inflated in some cases and deflated in others due to the generic vs. brand prescriptions. This expected increase in the 4<sup>th</sup> quarter was largely due to COVID-19 vaccinations.

Clinical Plan Performance:

- Top Therapeutic Classes (October 2021-December 2021): Overall increase was \$13.94 PMPM in one quarter. Inflammatory Disease with roughly 1,500 utilizer count and resulted in an \$11.45 PMPM change. Inflammatory Disease consisted of 29.5% of Plan Paid PMPM Trend, and other Respiratory Disorders consisted of 28.6% of Plan Paid PMPM Trend.
- Takeaways:
  - Generic PMPM lower than benchmark, but Generic % as total also lower – Consider utilization management to promote generics
  - Expect trends to decrease as members continue to move to preferred formulary agents
  - Specialty PMPM higher than benchmark. Consider limiting high-cost specialty claims to 30-day supply to increase adherence, decrease waste and improve clinical outcomes
  - Explore options to decrease both plan and member contributions
  - Cost increases continue to be driven by anti-inflammatory (specialty) and diabetes drugs (non-specialty)
- Opportunities: Review MedImpact programming and plan design refinements designed to help reduce PMPM costs.



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**d. Medicare Advantage Plan -  
Aetna - Sabrina DeGuzman-  
Simmons**

Information contained in written report; highlights and discussion noted below:

- Demographics:
  - Current covered lives: 9,006
  - Average age: 75.0
  - Aetna Book of Business (BoB) average age: 75.2
- Performance Highlights:
  - Inpatient admits per 1,000: 5.5% decrease
  - Office visits per 1,000: 9% increase
  - Percentage of ambulatory surgeries: 7.6% increase
- Cost Performance: Total medical spend increased by 10.4% and pharmacy increased to 10.6%. The key takeaway is the increase in 16.2% of ambulatory spend.
- Services Utilized: Overall there was a decrease in acute admission. Office visits Increased about 9% over prior year.
- High-Cost Claimants (\$75k+): Average catastrophic claimants decreased by 5.3% and total percentage paid amount increased by 1.4%
- Top 10 medical catastrophic claims: Oncologic disorders, neurologic disorders, and infectious disease
- Top 10 diseases by paid amount: Hypertension, hyperlipidemia, nonspecific gastritis/dyspepsia, ischemic heart disease, diabetes mellitus, atrial fibrillation, heart failure, chronic thyroid disorder, depression, and chronic renal failure
- 2021 State of Maine Case Management Reporting: Identification rate has increased higher than Aetna’s BoB and 85.5% of members are reached and engaging.
- Healthy Home Visits: 5,114 members were contacted and 1,335 were completed.
- Health Risk Assessments: 2,712 members were contacted, 414 assessments were completed, and 22 members were identified as high-risk.
- COVID-19 Test Kits: Over the counter rapid tests are not currently covered. An update will be given in March.



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	<b>VI. SEMI ANNUAL UPDATE</b>	
	No semi-annual update due this month.	
	<b>VII. EDUCATION</b>	
	No education update due this month.	
	<b>VIII. OTHER BUSINESS</b>	
<b>a. Remote Public Proceedings – Heather Perreault</b>	Discussion noted below: <ul style="list-style-type: none"> <li>• Law was passed during the last Legislative session to enable Commissions to conduct remote meetings with an approved policy. This policy must define when people can attend remotely. There is a draft that has been created, but not finalized. It is anticipated to have the policy ready for adoption by the March 17, 2022 meeting.</li> </ul>	
<b>b. Open Discussion</b>	<ul style="list-style-type: none"> <li>• Some of the Labor seats have been filled and will be attending our next Commission meeting.</li> </ul>	There are two Labor seats and one Management seat to fill.
	<b>IX. REQUEST MOTION TO ADJOURN</b>	
<b>X. Adjourn Meeting (11:37am)</b>		Lois Baxter made motion to adjourn; Frank Wiltuck seconded the motion. Motion passed.

2022 meeting schedule available at [www.maine.gov/bhr/oe](http://www.maine.gov/bhr/oe)