



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, August 20, 2020 @ 8:30am  
Microsoft Teams Meeting

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Laurie Doucette, Jonathan French, Deidre Kinney, Peter Marcellino, Carrie Margrave, Mara McGowen, Lew Miller, Karen O'Connor, Robert Omiecinski, Heather Perreault, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, Jeremy Roberts, Kim Vigue, Frank Wiltuck & Jon Woodard.  
(total = 19)

Commission members absent: Derek Chase & Kelly John.

Vacant seat(s): 2

Others present: Kurt Caswell, Paige Lamarre & Roberta Leonard – Employee Health & Wellness ; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons, Kevin Fenton, Louise McCleary – Aetna; Jonathan Edwards, Lisa Lagios, Stefanie Pike & Kristine Ossenfort - Anthem Blue Cross and Blue Shield; Bryan Hammons & Sue Wolf – Express Scripts; Amy Deschaines, Ken Ralff & Oscar Tsao – Lockton; Laura Roberts – Sun Life; Erica Brown - MCD Public Health; Cindy Walsh – Humana; Trevor Putnoky – Healthcare Purchasers Alliance & Mark Sounders – Maine General

| Agenda Item  | Discussion  | Action/Next Steps   |
|--|---|---|
| <b>I. Call Meeting to Order (8:31 am)</b>  | Jonathan French called the meeting to order.  |   |
| <b>II. Introductions</b>   |   |   |
| <b>III. Review &amp; Approval of Minutes (July 16,2020)</b>  |   | Lois Baxter made motion to accept the minutes; Robert Omiecinski seconded the motion; Motion passed.  |
| <b>IV. Recurring Monthly Business</b>  |   |   |
| <b>a. Employee Health &amp; Benefits Highlights - Employee Health &amp; Benefits - Shonna Poulin-Gutierrez</b> | Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <li>Pharmacy RFP bid review on track to be completed by end of September.</li> <li>Strategic sessions with Lockton have begun to develop a strategic platform for the next 1, 3 and 5 years.</li> <li>Medicare Advantage Plan – Plan design meeting to be scheduled in September for plan renewal.</li> </ul> | Johnathon French asked with Quest Diagnostics Lab in Augusta being closed and Nordex Lab in Oakland being closed, are there any thoughts of getting another independent lab facility in the next 6 months? Lisa Lagios states she will check with their network providers and get back to the commission. August 2020 |



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

|  |  |  |
|--|--|--|
|  | <ul style="list-style-type: none"> <li>• IRS Covid-19 relief (Notices 2020-29, 2020-33): SEHC decision made to update plan to allow 2 changes to health plan without a Qualifying Life Event.</li> <li>• Express Scripts claims have increased over the last quarter.</li> <li>• Carrum Health mailing went out to plan members late August, engagement to be monitored.</li> <li>• Johnathon French asked is it the “Office of Employee Health and Benefits” or has the office name been changed to “Office of Employee Health and Wellness”? Heather Perreault answers that we’re moving toward the “Employee Health and Wellness” title, but it is not official.</li> <li>• Heather Perreault states: Our EAP provider has created a video resource that will help parents with school age children navigate stress and anxiety.</li> </ul>   |  |
| <p><b>b. COVID-19 Update - Employee Health &amp; Benefits - Shonna Poulin-Gutierrez</b></p>    | <p>Information contained in written reports; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Maine Executive Order Effective 8/1/2020</u>: The limit on the number of persons for outdoor gathering is 5 people per 1,000 square feet of occupiable outdoor space or not more than 100 persons whichever is less. The number of persons for indoor gatherings remains at 50 persons.</li> <li>• <u>News in Maine</u>: \$4M in awards were provided to more than 80 municipalities and tribal governments. The Maine department of Education included a series of health and safety precautions that all schools must follow to protect the safety and well-being of staff, students and their families.</li> <li>• <u>Living Resources Information</u>: New webinar, coping with pandemic anxiety as kids return to school. Information to be added to Employee Health &amp; Benefits website soon.</li> <li>• <u>Cumulative Covid-19 Cases by Country</u>: 4,234 statewide cases.</li> <li>• <u>Metrics</u>: Number of new cases, positivity rate and testing volume.</li> </ul> |  |
| <b>V. QUARTERLY PLAN UPDATES</b>   |  |  |
| <p><b>a. Plan Experience Summary (active health &amp; dental) Lockton - Amy Deschaines</b></p> | <p>Information contained in written reports; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Health Insurance Admin Payments (7/2019-6/2020)</u>: Total of all vendors over \$63M.</li> </ul>   |  |



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

- Experience Detail Medical (7/2019-6/2020): 86.3% Actual vs accrual.
- High Claimants \$375K+(7/2019-6/2020): Total net claim after stop loss over \$8M.
- Experience Detail Dental (7/2019-6/2020): 72.5% Actual vs accrual.

**b. State of Maine Health Plan  
(medical update)  
Anthem Blue Cross & Blue Shield  
- Lisa Lagios**

- Information contained in written report; highlights and discussion noted below:
- Financials and Demographics (7/2019-6/2020): Membership increased 0.2%. 52% are females, 48% are males. Average age is 40. Employee accounted for 65% of total plan costs. 3,020 members with no claims and are enrolled for a consistent 12 months.
  - Settings of Care Insights: Inpatient cost per admission has decreased while utilization has increased.
  - Clinical Insights: Promotion of wellness programs such as weight management, diet, exercise and healthy living will decrease the prevalence and cost of chronic and complex conditions.
  - Emergency Department (rolling 12 months): Over \$9M in E/R charges or 6.4% of total medical paid amount
  - High Cost Claimants (over \$50k): 362 claimants accounted for over \$39M of total medical for active employees. 331 claimants accounted for over \$18M of total medical for retirees.
  - Preventative Screenings: Screening compliance rates improved from the prior period. Above benchmark.
  - Paid Claims Distribution: 3,020 members have not filed a medical claim in the past 12 months. 52.2% of members have claims less than \$1K. Less than 1% of members have claims over \$100K. Consistent.
  - Engagement Summary: Total members 26,642, with 379 members engaged. Engaged members work with nurse case managers
  - Top Ten Facilities: Consistent based on population.
  - Top 20 ER Providers by paid amount (rolling 12 months): Breakdown per facility. Maine General Medical Center had the highest number of ER visits at 1268 and the largest amount in paid claims over \$1.5M.
  - Covid-19 Results as of August 6, 2020: 470 labs processed in Maine, 84. 10 members have been admitted in the hospital.
  -

Joanne Rawlings-Sekunda asked "about telehealth Maine General refusing to schedule because Maine General is coinsured insurance won't pay" Lisa Lagios answers she hasn't heard anything about this information, but she will follow up. August 2020



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

**c. State of Maine Health Plan  
(pharmacy update)  
Express Scripts – Sue Wolf**

Information contained in written report; highlights and discussion noted below:

- **Covid-19:**
- Therapeutics being offered.
- Vaccines: Large scale human testing is taking place. 30,000 volunteer participants. Government has granted Moderna \$1B for vaccine development. General public may not have vaccine access until 2021.
- Testing: State of Maine is doing very well, as the rest of the country is struggling.
- Advanced Opioid Management: Opioid Legislation in Maine – 2017-PMP database, education, prescribing limits.
- Trend Dashboard (7/19-6/20): Comparison of the State of Maine to ESI Government peer. Total plan cost net PMPM, non-specialty plan cost net PMPM and specialty plan cost net PMPM.
- Key Statistics Specialty Detailed: Specialty plan cost net PMPM is \$6.59 higher than your peer, and trending 13.9 points higher.
- Top 10 Indications: The largest financially impactful change was in inflammatory conditions, driving \$3.3M in increased net cost from a 30.9% increase in PMPM.
- Top 25 Drugs: Top 3 are used to treat inflammation.

**d. Medicare Advantage Plan  
Aetna – Sabrina DeGuzman-Simmons**

Information contained in written report; highlights and discussion noted below:

- Demographics: Average age 75, consistent month to month. 3.1% of members are above the age of 85.
- Cost Overview (2/19-1/20): Total medical paid over \$78M. Pharmacy spend increased 14.3%.
- Catastrophic Claims: Inpatient over \$8M, Ambulatory over \$7M.
- Diagnosis Category (all members): Consistent. Hypertension and Hyperlipidemia are the top two.
- Top Facilities: Scottsdale AZ added.
- Pharmacy Utilization Summary (1/2019-6/2020): 8,886 members had a claim in 2020.
- Medicare Advantage Covid-19 Coverage: Aetna is waiving cost-sharing for diagnostic testing related to Covid-19.
- Joanne Rawlings-Sekunda asked Sabrina DeGuzman-Simmons if she's heard of any providers not offering telehealth. Sabrina DeGuzman-



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

|  |   |  |
|--|---|--|
|  | <p>Simmons says she hasn't heard of anyone nationally not offering or accepting telehealth.</p> <ul style="list-style-type: none"> <li>• Diane Bailey asked why numbers don't match up, Sabrina DeGuzman-Simmons answered that some time members do fall out, effecting reporting. <u>2021 Coverage for Telehealth</u>: Will be implemented in plan design, there will be a PCP copay that applies, it will be communicated out to members. Specialty visits will not be offered through telehealth.</li> </ul>   |  |
| <b>VI. OTHER BUISNESS</b>  |   |  |
| <p>a. <b>Financial Update – Frank Wiltuck</b></p>                              | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• <u>Reserve calculation</u>: Over \$48M, required for federal reserves.</li> <li>• <u>Equity Calculation</u>: Over \$110M in reserve money (assets – liabilities). The reserve is not available funds, it's a safety net.</li> <li>• <u>Operating statement (FY21)</u>: Expenses total over \$17M, total revenue total over \$24M.</li> <li>• <u>Balance Sheet</u>: Total assets over \$179M, over \$69M in total liabilities and over \$110M in total equity. Assets minus liabilities = equity.</li> <li>• Johnathon French asked why the unappropriated surplus from the balance sheet and the equity calculation don't match. Frank Wiltuck explains that the \$103M on top of the equity calculation is the amount recorded in the State accounting record. After the required reserves are withheld, the unappropriated surplus becomes, \$61M (located on top of the balance sheet).</li> </ul> |  |
|  | <ul style="list-style-type: none"> <li>• Peter Baker has been appointed to replace Darcy Emery who resigned from her commission seat.</li> </ul>  |  |
| <p>b. <b>State Budget and Potential Impact on SEHC – Heather Perreault</b></p> | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• Revenue Forecasting Committee projected a \$1.5 billion shortfall over the next 3 fiscal years, may be suggested to keep rates flat over the next couple of years.</li> <li>• Unappropriated surplus we have in the fund, should give us some flexibility.</li> <li>• Joanne Rawlings-Sekunda asked if Heather Perreault has heard of any federal relief funds? Heather Perreault responded that she is hopeful but there has been no further action.</li> </ul>  |  |



Janet T. Mills  
Governor

STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061

Jonathan French  
Labor Co-Chair

Heather Perreault  
Management Co-Chair

|   |  |  |
|---|--|--|
|   | <ul style="list-style-type: none"> <li>Johnathan French asked about keeping our unappropriated surplus to help us offset costs and avoid dramatic changes. Heather Perreault responded she will continue to advocate this to the Governor's Office.</li> </ul> |  |
|   | <b>VII. UPDATES - SEMI-ANNUAL</b>  |  |
|   | Formal report not due this month.  |  |
|   | <b>VIII. EDUCATION</b>   |  |
|   | Formal report not due this month.  |  |
|   | <b>IX. FUTURE UPDATES - SEMI-ANNUAL</b>  |  |
| <b>a. Living Resources Program - ComPsych - Tricia Mahoney (Provided in June &amp; October)</b> | Formal report not due this month.  |  |
| <b>b. WellStarME Medical Care Development - Erica Brown (Provided in August)</b>                | Formal report not due this month.  |  |
| <b>c. Carrum Health Program - Carly Winokur (April &amp; October)</b>                           | Formal report not due this month.  |  |
| <b>d. Anthem Compliance Presentation (May &amp; November)</b>                                   | Formal report not due this month.  |  |
| <b>e. Expert Medical Opinion Grand Rounds (June &amp; December)</b>                             | Formal report not due this month.  |  |
|   | <b>X. REQUEST MOTION TO ADJOURN</b>  |  |
| <b>X. Adjourn Meeting (11:32am am)</b>  |  | Lois Baxter made motion to adjourn the meeting, Deidre Kinney seconded; no abstentions. Motion passed. |

2020 meeting schedule available at [www.maine.gov/bhr/oeh](http://www.maine.gov/bhr/oeh)