**STATE EMPLOYEE HEALTH COMMISSION MEETING**

**Thursday, February 11, 2016 @ 8:30am**

**Kaplan University, Augusta**

Commission members in attendance: Bret Achorn, Diane Bailey, Lois Baxter, Chris Brawn, Eric Cioppa, Sandra Doyon, Jonathan French, Ellen Hughes, Terry James, Kelly John, Jan Lachapelle, Jim Leonard, Carrie Margrave, Lew Miller, Karen O’Connor, Robert Omiecinski, Joyce Oreskovich, Wanita Page, Nickole Wesley (total = 19)

Commission members absent: Lauren Carrier, Laurie Doucette, Becky Greene, Sam Teel, Brian Tuttle

Others present: Cecile Champagne-Thompson (via phone) – Maine Turnpike Authority; Kurt Caswell, Shonna Poulin-Gutierrez, Heather Albert – Employee Health & Benefits; Susan Avery, Sabrina DeGuzman-Simmons, Sue Guerette – Aetna; Burr Duryee – USI; Sara Fitzgerald – Maine Health Management Coalition; Jodi Collins, Mike Brannigan – Anthem; Katie Fullam Harris - MaineHealth

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| Agenda Item | Discussion | Action/Next Steps |
| I. Call to Order (8:30am) | Joyce Oreskovich called the meeting to order |  |
| II. Introductions |  |  |
| III. Review & Approval of Minutes (January 14, 2016) | Bret Achorn recommended the minutes be amended to reflect the Governor’s recognition of the Commission’s Leapfrog award. | Lois Baxter made motion to accept the minutes as amended; Bret Achorn seconded. Motion passed. |
| IV. Health Premium Credit Appeals  *Mr. Barrett* | Joyce Oreskovich reminded the Commission that Mr. Madeville’s appeal was approved at the January meeting.  The Commission then discussed Mr. Barrett’s appeal which was tabled at the January meeting. | Lois Baxter made a motion to deny Mr. Barrett’s appeal; Kelly John seconded; two abstentions. Motion passed.  Lois Baxter recommended that in the future if the Commission is to hear an appeal that we call the member so members do not hear each other’s appeal. |
| *V. UPDATES- MONTHLY* | | |
| a.i. Aetna Monthly Report – Point of Service Plan  *Susan Avery* | Information contained in written report; highlights noted below:   * One of the questions raised last month was regarding the increase in claims from December of 2014 to 2015 (while the membership decreased). On page one of the report Susan Avery noted the largest increase in PCP visits. This was most likely in response to last year’s Health Credit Premium Program requirement to visit a PCP. Other increases were noted in Specialist office visits and inpatient surgery. Kelly John asked about the possible causes of the 2% decrease in membership. Members age out of the plan at age 26 and age 65 (if retired). Bret Achorn would like to explore the issue of increasing membership further. * Susan Avery provided a cost sharing analysis on page 6 of the report regarding another question from the January meeting. * Aetna has reached a new 3 year agreement with Boston Children’s Hospital. More information can be found on page 11 of the report. Currently no members are using BCH. Bret Achorn asked when the BCH agreement would be signed. Sue Gueretta said the contract was supposed to be signed by the end of the day yesterday. * Wanita Page raised the question about the stop loss threshold. (See page 7 of the report.) Currently 16 claimants have reached the half-way point or $250k. | Susan Avery will request a prognosis report on the top 5 claimants and provide the information at the March meeting.  Susan Avery will try to pull a report of the dependents that have aged off the plan. |
| a.ii. Aetna Monthly Report – Medicare Advantage Plan  *Sabrina DeGuzman-Simmons* | Information contained in written report; highlights noted below:   * Sabrina Simmons noted that 28 members impacted when Basics Fitness opted out of the Silver Sneakers program. Page 2 of the monthly report provided Silver Sneakers statistics. Sabrina mentioned that there are some communication opportunities available to increase usage. Bret Achorn suggested we connect members to not only the network gyms but to community resources as well. Diane Bailey asked what resources are available to the non-Medicare retirees. Shonna Poulin-Gutierrez mentioned the Global Fit program under the Aetna Point of Service Health Plan. * This month’s report includes some basic information regarding Medicare parts A, B & C. (See last page.) * Sabrina Simmons asked if there are any other reporting items the Commission would like to see on a regular basis. * Jim Leonard asked about Medicare and ACO relationships. | Sabrina Simmons will inquire about Silver Sneakers negotiation practices, policies, etc.  Bret Achorn asked about the status of the number of members who have and have not selected a PCP (see January minutes). Sabrina will provide the information by the March meeting. |
| a.iii. Accountable Care Organizations  *Louise McCleery & Katie Fullam-Harris* | Information contained in written report and Power Point presentation.   * Katie Fullam-Harris reviewed the MaineHealth Accountable Care Organization presentation   Louise McCleery reviewed the State of Maine Efficiency Model document   * Bret Achorn asked about the readmission rates * The data includes just State of Maine members (both those in and out of an ACO) | Louise McCleery will gather reasons for readmission (diagnosis) and will research if risk adjusted. |
| Break 10:00-10:10 |  |  |
| a.iv. Executive Summary Discussion  *Employee Health & Benefits* | Information contained in written Executive Summary report:   * Chris Brawn mentioned that Shonna Poulin-Gutierrez and Medical Care Development were asked to speak at the Wellness Council of Maine Annual Symposium. * Jonathan French raised several questions regarding WellStarME including clarifying My Numbers, the registration process, etc. * The MaineGeneral meeting was rescheduled to end of next week. | The Commission requested that Health Credit Premium Program reminders include instructions to members to save a copy of the WellStarME e-mail for your records. Heather Albert will add this language.  Bret Achorn will reach out to Shonna Poulin-Gutierrez to explore opportunities participating in the DOT safety days. |
| *V. UPDATES - BIANNUAL* | | |
| b.i. Dental Plan Report  *(Provided in September and March)*  *Northeast Delta Dental Representatives* | n/a |  |
| b.ii. Employee Assistance Program Report  *(Provided in October and April)*  *Jim O’Connor* | n/a |  |
| VI. Other Business |  |  |
| 1. The Future of Our Health Plan/Governor Paul LePage Discussion   *Chris Brawn* | The Commission discussed the Governor’s presentation from the January meeting. Jim Leonard suggested the group consider what the future of healthcare plans will look like in 5 years. Kelly John suggested we reach out to the other States who are doing similar things (e.g. adding municipal employees to the state plan). Kelly also wondered if the Maine Health Management Coalition could help facilitate those discussions. Bret Achorn suggested we meet with Aetna and any other stakeholders to outline the pros and cons of such a structure. Jim Leonard suggested utilizing the all-payor claims database for information. Burr Duryee noted the question of what kind of leverage this type of plan would actually provide in the end. | Chris Brawn will ask Mercer to update the Glidepath presentation for the Commission. She will also share the presentation from last January. Chris will also follow up with the Coalition. |
| 1. TeleDoc/TeleHealth Presentation   *Burr Duryee, USI* | Information contained in Power Point presentation:   * Program can provide a lower cost option for non-urgent care and can integrate with current plan design * Already included in most fully insured plans * There is a network of doctors that participate, all must meet the NCQA standards. Services are available 24/7 and 365 days a year and can be provided telephonic, web-based, smart phone, etc. * Some plan designs including waiving the copay for services * An option to reduce costs for those covered by a high deductible health plan * Cost options for the plan range from $.35 – $1.25 PEPM. Or, charge for the service under a HDHP. * The plan could potentially see a 1% reduction in claim spend * There are some limitations in data sharing with ACO’s. Wanita Page asked if this could be added as a mandatory requirement in the RFP. (Data is shared with the member’s PCP.) * Communication would need to be clear that this type of program is not intended to replace the member’s PCP * Jim Leonard suggested we get copies of the information CMS has used in their decision-making process to add this option for Medicare members. |  |
| 1. Contracts up for Renewal Discussion   *Kurt Caswell, Chris Brawn* | Medical Care Development: Requesting a longer term contract with added performance guarantees and to develop a strategic plan. Will work with USI to explore other referral services to develop performance measures. $150k/year to continue the management of WellStarME. Current contract of $195k included the runout of the former TDES program. Jim Leonard asked about the cost for development in this first year with MCD. Currently this contract is sole sourced. Jonathan French mentioned the continuity of the program for our members (a plus).  Advanced Medical: Information contained in written report. This program is an average of $250k/year and expires 6/30/16. Will need to go out to RFP. Consider a possible 3-month extension to allow time for the RFP process. | Lois Baxter made a motion to contract with Medical Care Development for $150k/year for 3 years with performance measures. Bret Achorn seconded. Motion passed.  Kelly John made a motion to extend the current Advance Medical contract for 3 months to allow time to go out to RFP. Karen O’Connor seconded. Motion passed. |
| 1. Tiering Methodology   *Wanita Page* | Wanita Page asked about tiering methodology being presented to the Commission. Chris Brawn, Kurt Caswell and the rest of the review team (USI, Aetna & MHMC) are gathering options to then present to the Commission. |  |
| 1. Retreat   *Bret Achorn* | Chris Brawn mentioned the limited (human) resources that could be dedicated to a retreat at this time. A suggestion was made that possibly a subcommittee could work on this project. |  |
| VI. Adjourn Meeting (11:30am) |  | Lois Baxter made a motion to adjourn the meeting; Bret Achorn seconded. Motion passed and meeting adjourned. |

*Upcoming Meeting Dates:*

* *March 10, 2016*
* *April 14, 2016*
* *May 12, 2016*
* *June 9, 2016*
* *July 14, 2016*