How to Verify Your Health Insurance Premium

1. Go to [www.Maine.gov/deh](http://www.Maine.gov/deh) & select the Health & Benefits tab



1. Select Health Benefits



1. Select Point of Service In-State Health Plan



1. Select Premium Rates



1. Locate your salary & level of coverage. You’ll see the employee and employer share of the premium with and without the health premium credit applied.

