



## GYM MEMBERSHIP PROGRAM

### Reimbursement Request Form

(See page 2 for important Program information and deadlines)

|                                                                                |                                                                                                          |
|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <b>Employee Information: All information is required</b>                       |                                                                                                          |
| Name                                                                           | Preferred Phone                                                                                          |
| Job Title/Department                                                           |                                                                                                          |
| E-mail                                                                         |                                                                                                          |
| <b>IF this gym membership includes another State employee, please provide:</b> |                                                                                                          |
| Other Employee Name                                                            | Relationship<br><input type="checkbox"/> Spouse/Domestic Partner<br><input type="checkbox"/> Adult Child |
| Other Employee's Job Title/Department                                          |                                                                                                          |
| Other Employee's E-mail                                                        |                                                                                                          |

|                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                      |           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>Gym Information: Please complete all applicable information</b>                                                                                                                                                                                                                                                                        |                                                                                                                                      |           |
| Gym Name                                                                                                                                                                                                                                                                                                                                  | Gym Location                                                                                                                         | Gym Phone |
| Reimbursement Period (choose one)<br><input type="checkbox"/> QTR1 (July-September) <input type="checkbox"/> QTR2 (October-December) <input type="checkbox"/> QTR3 (January-March) <input type="checkbox"/> QTR4 (April-June)                                                                                                             |                                                                                                                                      |           |
| Type of Gym Membership Purchased (select all that apply)<br><input type="checkbox"/> Monthly <input type="checkbox"/> Individual<br><input type="checkbox"/> Annual <input type="checkbox"/> 2-Person *See box below<br><input type="checkbox"/> Other (e.g. punch card, visit pass) _____ <input type="checkbox"/> Family *See box below |                                                                                                                                      |           |
| Amount Paid (attach proof of payment to your application)<br>\$                                                                                                                                                                                                                                                                           | *If you purchased a 2-person or family membership, provide the gym's standard <b>monthly</b> rate for an individual membership<br>\$ |           |

I certify that the information provided above is valid and accurate. I understand that submitting false or fraudulent information and/or documentation may result in progressive discipline up to and including discharge. I have read and understand the program requirements on the reverse side of this application.

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

Other Employee Signature \_\_\_\_\_ Date \_\_\_\_\_  
(If applicable)

### Submit in PRISM 'Request One-Time Payment for Myself':

\_\_\_\_ This completed form    \_\_\_\_ Proof of gym payment/membership    \_\_\_\_ Proof of gym attendance

**See Page 2**

## Gym Membership Reimbursement Program Requirements

Employees who purchase and participate in a gym membership\* may be eligible for gym membership reimbursement up to \$40 per month. In order to qualify, the following proof of paid membership and attendance must be submitted with this completed reimbursement form:

1. Proof of paid membership: receipt from gym; copy of a canceled check; credit card statement; online purchase receipt must include employee name, gym name, amount paid, and date paid. Other gym fees (e.g. joiner, start-up, annual fees) are not reimbursable. **AND**
2. Proof of attendance showing a minimum of 8 visits per month for each month requesting reimbursement: a gym-generated print out of attendance that identifies the date of every gym visit and the employee/member, or an official tracking sheet signed and certified by a gym employee.

\*A membership to a facility primarily focused on physical fitness, such as a YMCA, Planet Fitness, Anytime Fitness, CrossFit, etc. If you are uncertain if your gym qualifies, please seek confirmation prior to purchasing a membership.

***Please note:***

- This is a REIMBURSEMENT. The amount reimbursed shall not exceed the cost of the gym's rate for an individual membership and the amount of the receipt submitted, up to \$40 per month.
- If two State employees are on the same membership, the amount of their combined reimbursement amounts shall not exceed the cost of the membership, the gym's rate for 2 individual memberships, and the amount of the receipt submitted, up to \$40 per month for each.
- Reimbursement will be disbursed in your paycheck (contingent on employment) and is taxable.
- **Late or incomplete forms will not be accepted.**

| Important Dates and Deadlines: |                         |                                              |
|--------------------------------|-------------------------|----------------------------------------------|
| Quarterly Processing Period    | Gym Membership Period   | Submit Form and Proof of Membership Between* |
| Quarter 1 (QTR1)               | July 1 – September 30   | October 1 and 15                             |
| Quarter 2 (QTR2)               | October 1 – December 31 | January 1 and 15                             |
| Quarter 3 (QTR3)               | January 1 – March 31    | April 1 and 15                               |
| Quarter 4 (QTR4)               | April 1 – June 30       | July 1 and 15                                |

*\* Seasonal employees: Contact your agency's Human Resources/Payroll office for additional information.*

For more information about the Gym Membership Reimbursement Program, including a listing of some of the qualifying gym facilities, and frequently asked questions, please visit <https://www.maine.gov/bhr/oeh/> or e-mail [info.wellness@maine.gov](mailto:info.wellness@maine.gov).