



Getting Your Flu Vaccine



A quick guide on where you can receive a flu vaccine this flu season.



OPTION 1:

State of Maine
Vaccination
Clinics



The Office of Employee Health & Wellness and WellStarME have teamed up with Shaw's Pharmacy to host in-store and on-site vaccination clinics.

To view the schedule, visit:

[The Office of Employee Health & Wellness website.](#)

OPTION 2:

Visit a
Pharmacy
Near You



Many major pharmacies offer flu and other vaccines.

Pharmacies to consider include:

Shaw's
Hannaford
Walgreens
Walmart
CVS

Contact your local pharmacy to learn more about their opportunities to receive a vaccine.

OPTION 3:

Visit Your
Primary Care
Provider



Flu vaccines can be administered at your primary care provider's office.

If you already have an appointment scheduled, you can ask for a flu vaccine while you're there.

OR

Call your provider and schedule a time to receive your flu vaccine.

OPTION 4:

Visit a
Walk-In Center
Near You



Flu vaccines can be administered at a walk-in center.

No appointment required.

Find a [Walk-In Center](#) near you.

For more information, call Anthem Member Services at 1-844-273-4614.

Additional Resources:

- [Flu Vaccine Information Statement](#)
- [Flu Shot Facts Handout](#)

For questions, please contact:

Your Health & Wellness Navigation Team at:
wellnessnavigator@mcd.org or (207) 620-9209