



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, March 19, 2026 @ 8:30am
Microsoft Teams Meeting**

Department of Labor
45 Commerce Drive, Francis Perkins Conference Room
Augusta, ME 04330

Commission Members in Attendance: Olivia Alford, Lois Baxter, Cecile Champagne-Thompson, Lynn Clark, Laurie Doucette, Michael Dunn, Jonathan French, Michael Frost, Joan Hanscom, Colleen Heal, Christopher Ike, Kelly John, Rebekah Koroski, Doris Parenteau, Shonna Poulin-Gutierrez, Heidi Pugliese, Joanne Rawlings–Sekunda, Frank Wiltuck, and Nathaniel Zmek.
(Total = 19)

Commission Members Absent: Claire Bell, Danielle Murphy and Kim Vigue.

Vacant Seat(s): 4

Others Present: Paige Fortin, Devon French, Rebecca Kirk, Charles Luce, Nathan Morse and Neva Parsons – The Office of Employee Health, Wellness, and Workers’ Compensation; Sabrina DeGuzman-Simmons and Kevin Fenton – Aetna; Becky Crague, Kristine Ossenfort and Nicole Schmidt – Anthem; Lori Fecteau and Kristin Poulin – MCD Global Health; Avni Doshi and Laura Kayvonfar – Capital Rx; Marie Bridges – Northeast Delta Dental; Deborah Palma – ComPsych; Joe Miller – Novo Nordisk; Amy Deschaines, Kim Greenberg, Amanda McKenzie, Edward Pierce and Ken Ralff – Lockton; Lisa Nolan and Trevor Putnoky – Health Purchasers Alliance; Laura Robert – Sunlife, Heather Albert – Maine Community College System; Kimberly Jacques – Member of the Public.

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:31 am)	Labor Member, Jonathan French called the meeting to order.	
II. Introductions		
III. Review and Approval of Minutes (February 19, 2026)		Management Member, Lynn Clark made a motion to approve the February 19, 2026, minutes. Labor Member, Joan Hanscom



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

seconded the motion. Motion approved.

IV. Recurring Monthly Business

a. Committee Updates

Information contained in written report; highlights and discussion noted below:

Labor Member, Lois Baxter made a motion to accept the recommended changes to the Medical/Pharmacy plan for July 1, 2026: Implement the medical premium rate increase of 3%, implement Virta Responsible Prescribing and require program engagement to maintain GLP-1 prescription; implement RazorMetrics Formulary Optimization; maintain Single/Family Deductible to \$800/\$1,600; maintain Coinsurance at 15%, maintain Single/Family Out of Pocket Maximum to \$3,750/\$7,500, decrease Primary Care Physician Copay to \$25; decrease Specialty Physician Copay to \$45; maintain Inpatient Medical Facility at 15% after Deductible, maintain Emergency Room Deductible at \$300, decrease Urgent Care Copay to \$30, decrease Generic Copay for prescription drugs to \$15, decrease Preferred Brand Copay to \$40, decrease Non-Preferred Brand Copay to \$70, maintain Specialty Copay at 25% up to \$200, maintain Mail Order at 2x Retail Copay, and maintain Single/Family Out of Pocket

i. Plan Design – Vote

Plan Design (Chair, Lockton) –

- Dental – Lockton is projecting a 3.8% rate decrease. The Plan Design Committee’s recommendation is to renew the plan “as is” with no plan design changes and no rate increases.
- Medical/Pharmacy – With claims through December 2025, Lockton is projecting an increase to working rates of 9.6% reflecting a 2.7% decrease over the pre-renewal projections. The statutory maximum rate change utilizing Consumer Price Index+3% is an increase of 5.7%. Key assumptions include: a Medical/Pharmacy trend of 8.2%, no margin, 27% estimated increase to stop loss based on Lockton projections, Anthem administrative fee of \$32.90 per employee per month, Office of Employee Health, Wellness and Workers’ Compensation administrative fee of \$7.50 per employee per month and Carrum, Capital Rx, Livongo, Virta, Maine Childhood Vaccine, Hinge Health, CSOne, COBRA, and Wellness programming fees included. The Controller’s Office comprehensive review of health plan funds identified interest funds that, along with engagement with RazorMetrics and Virta Responsible Prescribing, make it possible to absorb costs. The Plan Design Committee’s recommendation is to increase the premiums by 3% and implement the following plan design changes:
 - Medical
 - Maintain Single/Family Deductible to \$800/\$1,600
 - Maintain Coinsurance at 15%
 - Maintain Single/Family Out of Pocket Maximum at \$3,750/\$7,500
 - Decrease Primary Care Physician Copay to \$25
 - Decrease Specialty Physician Copay to \$45



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

ii. Legislative Committee

- Maintain Inpatient Medical Facility to 15% after Deductible
- Maintain Emergency Room Deductible at \$300
- Decrease Urgent Care Copay to \$30
- Prescription Drugs:
 - Decrease Generic Copay to \$15
 - Decrease Preferred Brand Copay to \$40
 - Decrease Non-Preferred Brand Copay to \$70
 - Maintain Specialty Copay at 25% up to \$200
 - Maintain Mail Order to 2x Retail Copay
 - Maintain Single/Family Out of Pocket Maximum at \$4,600/\$9,200

Legislative Committee (Chair) –

The following bills have been introduced and the Legislative Subcommittee reported on the bills’ status:

- **Bills Specific to the State Employee Plan:**
 - LD 2148, An Act to Amend the Laws Governing the Health Insurance Premium Cap for State Employees – not reported out yet. This would increase the cap to Consumer Price Index plus 10%. It would not apply to the Medicare Advantage Plan, which will have no restrictions.
- **Bills Which Could Affect Future Premiums:**
 - LD 107, An Act to Require Health Insurance Coverage for Biomarker Testing is a carryover with divided report on Special Appropriations Table with an approximated \$38K fiscal note per year for the State of Maine Plan.
 - LD 582, An Act to Require Health Insurance Carriers to Provide Coverage for Blood Testing for Perfluoroalkyl and Polyfluoroalkyl Substances is a carryover with divided report on the Special Appropriations Table with an approximated \$57K fiscal note per year for the State of Maine plan.

Maximum at \$4,600/\$9,200. **Labor Member, Nathaniel Zmek** seconded the motion. **Management Member, Kelly John** and **Management Member, Frank Wiltuck** opposed the motion. **Management Member, Olivia Alford** abstained. Motion approved.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

- LD 1502, An Act to Update the Requirements for Health Insurance Coverage of Prostate Cancer Screening is a carryover which ought to pass as amended but has not been reported out. The fiscal note has not yet been determined.
- LD 1530, An Act to Improve the Sustainability of Emergency Medical Services in Maine is a carryover which was voted out to pass as amended but has not been reported out. The fiscal note had not yet been determined.
- LD 2119, An Act to Expand Reimbursement for Treatment in Place, Community Paramedicine and Alternate Destination Transport is a new bill which had a work session on March 10 and was voted ought to pass as amended and has not been reported out. There is no State of Maine plan fiscal note listed.
- **Bills Which Could Increase Eligibility or State Share for Certain Individuals on State of Maine Plan:**
 - LD 111, An Act to Increase the State's Share of Retired Teacher Health Insurance is a carryover and was voted ought to pass as amended. It's on the Special Appropriations Table.
 - LD 328, An Act Requiring the State to Pay a Retired State Employee's or Retired Teacher's Premium for Medicare Part B Under Medicare Advantage is a carryover with a divided report and is on the Special Appropriations Table.
 - LD 467, An Act to Require the State to Pay Medicare Part B Premiums for Certain Retired Employees is a carryover with a divided report and is on the Special Appropriations Table.
 - LD 2196, An Act to Lower Health Insurance Costs, Reduce Barriers to Health Care and Ensure Fair Prices for Health Care had a work session on March 17. If passed starting 2028 it would limit hospital facility (inpatient



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

and outpatient) price growth to percentage equal to hospital market basket established by Medicare, require that hospitals can't contract with insurers/plan sponsors for more than that growth rate, the maximum price for hospital facility services (as amended) would equal 300% of Medicare with the exception of critical access hospitals, financially distressed hospitals, and maternity/newborn services, and would make Prior Authorizations for chronic conditions valid for at least one year with carrier complying to benefit from price caps.

b. Employee Health and Wellness Highlights - The Office of Employee Health, Wellness, and Workers' Compensation

Wellness Highlights –

- Living Resource Program (LRP) – 2026 Live Webinar Training Series: Two new live webinar training series geared toward employees and leaders have been launched. The "Employee Trainings" are scheduled to take place monthly from 12:00-1:00 PM and the "Leader Trainings" will take place quarterly in the same timeframe. Both series will include some new topics as well as some of the most requested training topics from past years. All sessions will be recorded and available for viewing.

Communication Highlights –

- Home Mailers: A Virta Health promotional broad mailer was distributed to all primary subscribers in February.
- Website Updates: The website has been updated to reflect the Living Resources Program training series and the series is quick linked to the homepage. The website has also been updated with 1095-C information and instructions.
- Constant Contact Metrics: The following campaigns have been sent to one or more of State of Maine groups in February 2026 – American Heart Month (14,272 Recipients, 48% Open Rate, 2% Click Rate), 2026 Health Premium Credit Program (11,622 Recipients, 36% Open Rate, 4% Click Rate), Aetna Meal Delivery Program (758 Recipients, 61% Open Rate, 2% Click Rate), and 2026 Living Resources Training Promotion (11,603 Recipients, 49% Open Rate,



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

2% Click Rate). Please note that the Book of Business Open Rate is 50% and the Book of Business Click Rate is 3%.

General Reminders –

- Plan Design met on March 13, 2026.
- Annual Open Enrollment is in preparation for May with dates communicated out in the near future.
- The Health Premium Credit Program submission ends on April 30.

V. QUARTERLY PLAN UPDATES

**a. Plan Experience Summary-
Active Medical and Dental –
Lockton**

Information contained in written report; highlights and discussion noted below:

- State of Maine Health Insurance Administrative Payments: From July 2025 through June 2026, administrative payments by the State of Maine to all vendors to administer the network and process claims, as well as various fees to other entities, totaled \$9,311,174.
- State of Maine Experience Detail – Self-Funded Medical: From July of 2025 through January of 2026 total claims and expenses are 97.9% of the budget which is a 0.3% increase from the prior month. Compared to the prior plan year July 2024 through January 2025, the loss ratio was 109.4% compared to budget. At this time the plan is running just under budget, and a year-to-date plan surplus of approximately \$3.6M. There are four high-cost claimants who have exceeded the \$750K individual stop loss limit and to date the plan has received \$2.2M in reimbursements for them. Four individuals have exceeded the \$750K mark for a total of \$2.2M, and there are thirty claimants who have exceeded \$275K with total claims at \$16.3M. In the prior period there were 27 claimants above \$275K for a total of \$11.8M.
- State of Maine Experience Detail by Status (Active) – Self-Funded Medical through December 2025: There was a total of 93,760 active employees with claims, with a total plan cost of \$151,012,148 which is a \$1,611 per employee per month cost.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

- State of Maine Experience Detail by Status (Retiree) – Self-Funded Medical through December 2025: There was a total of 10,072 retirees with claims with a total plan cost of \$19,226,132 which is a \$1,909 per member per month cost.
- State of Maine Experience Detail – Self Funded Dental: The Dental plan is running at 91.8% of budget and has approximately \$400K as a surplus.

**b. State of Maine Health Plan-
Pharmacy Update – *Capital Rx***

Information contained in written report; highlights and discussion noted below:

Data is from Q4 October to December 2025.

Full Population Utilization –

- Utilization Summary: Plan pay was \$25,118,808 with patient pay at \$1,413,986 with 73,675 claims at an average gross cost per claim of \$360.13. Plan pay by drug classification was \$988,969 Generic, \$12,503,177 Brand, and \$11,626,662 Specialty. Plan pay by drug class had Anti-Obesity Agents at the top with \$4,892,189.
- Drug Classification Summary: 91.4% of utilizers used Generic drugs at \$28 gross cost per claim, 43.5% used Brand drugs at \$818 gross spend per claim, and 3.3% used Specialty drugs at \$9,193 gross spend per claim.
- Top Drugs by Plan Spend: The top 5 drugs by plan spend were Zepbound, Wegovy, Humira (2 Pen), Stelara, and Mounjaro.
- Top Drug Classes by Plan Spend: The top 5 drug classes by plan spend were Anti-Obesity Agents, Incretin Mimetic Agents, Antipsoriatic, Anti-Tumor Necrosis Factor-alpha-Monoclonal Antibodies, and Antineoplastic Enzyme Inhibitors.
- Pharmacy Channel Summary: Specialty Mail was at \$11,131,249; Retail 30 was at \$9,391,004, Retail 90 was at \$3,965,382, Specialty Retail was at \$495,413, Mail Order was \$135,643, and Direct Member Reimbursement was \$117.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

- Member Utilization Drill Down: The highest percentage of gross spend by age and gender was males aged 51-65 at 21.6% and females aged 51-65 at 27.6%. Of the Gross Spend of \$26,532,794, Subscribers were 72.4% of utilizers, 20.1% were Spouses and 7.5% were Children.

Active Population Utilization –

- Utilization Summary: Plan pay was \$22,573,748 with patient pay at \$1,276,284 with 66,176 claims at a gross cost per claim of \$360.40. Plan pay by drug classification was \$890,424 Generic, \$11,292,431 Brand, and \$10,390,893 Specialty. Plan pay by drug class had Anti-Obesity Agents at the top with \$4,666,386.
- Drug Classification Summary: 91.1% of utilizers used Generic drugs at \$28 gross cost per claim, 43.0% used Brand drugs at \$813 gross spend per claim, and 3.1% used Specialty drugs at \$9,339 gross spend per claim.
- Top Drugs by Plan Spend: The top five drugs by plan spend were Zepbound, Wegovy, Humira (2 Pen), Stelara, and Mounjaro.

Retiree Population Utilization –

- Utilization Summary: Plan pay was \$2,545,061 with patient pay at \$137,702, with 7,499 claims at an average gross cost per claim of \$357.75. Plan pay by drug classification was \$98,546 Generic, \$1,210,769 Brand, and \$1,235,769 Specialty. Plan pay by drug class had Incretin Mimetic Agents at the top with \$315,926.
- Drug Classification Summary: 95.4% of utilizers used Generic drugs at \$27 gross cost per claim, 49.0% used Brand at \$865 gross spend per claim, and 4.7% used Specialty at \$8,129 gross spend per claim.
- Top Drugs by Plan Spend: The top five drugs by plan spend were Mounjaro, Skyrizi, Zepbound, Wegovy, and Jardiance.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

Clinical Overview – Full Population –

- Prior Authorization Summary: From a total of 2,345 Prior Authorization cases, 1,703 were approved and 642 were denied. This is a 73% approval rate. The urgent rate was 18%, appeal rate was 4% and the average turnaround time was 23 hours. Of the denied cases, 48 were due to excluded benefit (non-coverage of specific drugs), and 594 didn't meet clinical parameters required for medical necessity.
- Diabetes Drugs: Opportunity Analysis: There were 1,833 unique utilizers of Diabetes drugs, with a claim count of 4,518. The plan pay for these drugs was \$3,898,408 with a Per Member Per Month cost of \$48.56. The top three Diabetes drug classes were Incretin Mimetic Agents (GLP-1), Sodium-Glucose Co-Transporter 2 (SGLT2) Inhibitors, and Insulin.
- Glucagon-like peptide-1 (GLP-1) Agonists: Opportunity Analysis: There were 922 unique utilizers of GLP-1 Agonists, with a claim count of 2,088, a plan pay of \$2,600,967 and a Per Member Per Month cost of \$32.40.
- Weight Loss Drugs: Opportunity Analysis: There were 1,686 unique utilizers of weight-loss drugs, with a claim count of 4,479, a plan pay of \$4,893,969 and a Per Member Per Month cost of \$60.96.

VI. SEMI- ANNUAL UPDATES

**a. Living Resources Program –
ComPsych**

Information contained in written report; highlights and discussion noted below:

- 2025: A Year of Growth: 2025 saw program enhancements, reimagined GuidanceResources Online, and ComPsych rebranding. There was a 74% increase in training participation, a 15% increase in unique live services users, a 32% increase in unique GuidanceResources Online users, and a 28% increase in total utilization.
- CareScout Quality Network: ComPsych members can find quality aging care and access to preferred pricing in the CareScout Quality Network. CareScout



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

has partnered with ComPsych for more than 20 years assisting members in accessing high quality, in-home care with providers vetted with credentialing and third-party satisfaction surveys. ComPsych clients can receive preferred pricing with up to 15% off the standard rates.

- Integrated Psychiatric Services with Talkiatry: A ComPsych care navigator will coordinate care and follow-up to ensure connection for individuals in need of psychiatric or medication management support. Both employees and their families can access these services, which provide a national network of psychiatrists with guaranteed appointment availability in fewer than five days. The service is in-network with more than 165 insurers with seamless billing to individual health plans. Talkiatry is integrated with all ComPsych lifestyle and daily living needs.
- ComPsych Huddles: Huddles are self-scheduled group sessions to support personal well-being journeys. These easily accessible online support sessions engage members and improve well-being. There are various huddle types to match preferences and needs and are led by ComPsych counselors, coaches, work life experts, and senior trainers. Huddle Discussion Groups provided guided well-being support, Huddle Practices are short sessions on topics such as Meditation, Huddle Webinars are expert-led education, and Huddle Alliances feature focused peer support.

Living Resource Program Engagement Results –

- Program Engagement Overview: Total utilization in 2025 was 4,852 engagements from 813 unique live users and 1,189 unique online users. There were 161 training sessions with 2,960 attendees.
- Clinical Engagement: Counseling services provide real time confirmed provider availability and care navigation featuring dedicated support to ensure patient success for key presenting issues. There were 542 counseling cases in 2025 with 480 unique clients. Of these cases, 33% of them were in person and 67% were virtual, with the average number of counseling sessions at 3.5. Client presenting issues were Relationship, Anxiety, Stress, Psychological and Depression. Since fall 2024 the Health Premium Credit Program is driving



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

spouses to the Living Resource Program, doubling from 4% in 2024 to 8% in 2025.

- Well-Being Coaching Engagement: Coaching participation is up by 285% with 206 service requests and 300 total sessions completed. The top requested coaching request topics were Sleep, Consultation, Exercise, Weight Management, Nutrition, Coping with Stress, and Building Resiliency. Year to date there have been 65 Weight Management sessions, 43 for Sleep, 47 for Exercise, 25 for Nutrition, 34 Consultations, 24 for Building Resilience, 23 for Coping with Stress, and 5 Tobacco and Nicotine Cessation.
- Live Utilization-Work/Life Resource: Work/Life Resource is a fully integrated, internally staffed support for legal, financial and lifestyle issues. Continuous campaigns on targeted life events is recommended, as well as incorporating the information in new hire and leave packets and educating people leaders and the entire benefit ecosystem to raise awareness. The top Legal issues requested were Divorce/Separation, Estate, and Family Law. The top financial issues were Income Tax Issues, Credit Card Debt and Investment Options, while the top Work/Life issues were Elder Care, Government Services, and Support Groups.
- Digital Engagement: Digital engagement has been consistent throughout all four quarters, with 195 online bookings in 2025. Online scheduling includes a Health Plan Integration feature enabling members to search for providers by health plan for continuity of care.

**b. MCD Wellness Program –
MCD Global Health**

Information contained in written report; highlights and discussion noted below:

- WellStarME Current Programs and Services: WellStarME’s current offerings are WellStarME Platform Administration, the Health Premium Credit Program, the Health and Wellness Navigation Team, Health and Wellness Pilot Programs, Health and Wellness Resources, Presentations and Monthly Signage Programs, and the Wellness Ambassador Network.
- WellStarME Registered Accounts Totals: In 2026 there were 22,762 individuals registered, up from 21,615 in 2025.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

- 2026 Health Premium Credit Program (HPCP) Timeline: The 2026 Health Premium Credit Program was launched on September 2, 2025, with a deadline of April 30, 2026.
- 2026 Midyear Eligibility Totals: As of March 1, 2026, there were 3,540 primary subscribers eligible to the Health Premium Credit Program, up from 2,935 on March 1, 2025.
- Midyear Comparison: 2025 Health Premium Credit Program vs. 2026 Health Premium Credit Program: As of March 1, 2026, in the category of My Numbers, there were 511 submitted which is a 13.6% increase over the same date in 2025. My Flu Shot had 1,915 submissions, a 6.3% increase. My Annual Physical Exam had 1,879 submissions, a 30.7% increase and My Well-Being Visit increased 21.7% to 982 submissions. The total My Health entries increased by 21.7% in 2025 to 5,287 and the Wellness Questionnaires completed increased 18.4% from 4,604 in 2025 to 5,449 by the same date in 2026.
- Health Premium Credit Program Survey: Feedback on the Health Premium Credit Program was requested by participants using a survey to learn about why members do or do not participate in the program.
- WellStarME Member Communication: As of March 1, 2026, there were 676 users of My Message Center, with 143 of these being new users. There were 2,506 messages exchanged, with 558 of these being new.
- 2026 Midyear Resource Hub Activity: The top five categories of resources accessed were State of Maine Benefits, Health and Prevention, Nutrition, Behavioral Health, and Diabetes Prevention and Management.



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

- 2026 Midyear Top Resources Accessed: The top five resources accessed were Anthem, LiveHealth Online, ComPsych Living Resources, Nutrition, and Well-Being Coaching.
- Bumper Crop Pilot Program: State of Maine employees enrolled in the State of Maine Health Plan as of July 1, 2025, received \$30 in Bumper Crop vouchers to spend at over 50 participating farmers’ markets across Maine by March 31, 2026. There were \$105,070 in vouchers redeemed at 60 market locations. There were 321 pre-surveys completed and 145 members were sent post-surveys.
- Wellness Ambassador Network: Members can join the Wellness Ambassador Network to learn about wellness initiatives firsthand at quarterly meetings highlighting offerings for State of Maine Health Plan members. Members can join the Network by contacting their Health and Wellness Navigation Team. There are currently 60 Wellness Ambassadors across the State of Maine.

VII. OTHER BUSINESS

a. Confidentiality Agreement Reminder

Clerk, Devon French reminded any Commission members who have yet to complete the Confidentiality Agreement to please do so.

There was no further discussion.

b. Open Discussion

There was no further discussion.

VIII. MOTION TO ADJOURN

VIII. Adjourn Meeting (11:45 am)

Labor Member, Laurie Doucette made a motion to adjourn.
Management Member, Frank



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Member, Co-Chair

Michael Dunn
Management Member, Co-Chair

Wiltuck seconded the motion.
Motion approved.

2026 meeting schedule available at www.maine.gov/bhr/oeH