



STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Janet T. Mills, Governor

Jonathan French, *Labor Co-Chair*
Heather Perreault, *Management Co-Chair*

Health Credit Premium Program Appeal Form

Name: _____

Mailing Address: _____

Department: _____ Day Time Phone: _____

Please review the enclosed Frequently Asked Questions (page 2) and provide a detailed explanation of the events beyond your control that prevented you from completing the Health Credit Premium Program requirements prior to the deadline (attach a separate sheet for additional information if necessary):

Signature: _____ Date: _____

Please return to:

Employee Health & Wellness
SEHC Appeals
61 State House Station
Augusta, ME 04333-0061

Deadline for submitting appeal:
August 8th, 2022

Forms must be received by the Office of Employee Health & Wellness by the deadline noted above.

Frequently Asked Questions

1. What was the deadline to complete the requirements for the Health Credit Premium Program?

By 11:59 PM on April 30th, 2022.

1) 2. What were the requirements for the 2022 Health Premium Credit Program?

- 1.) Log on to WellStarME and
- 2.) Complete the Wellness Questionnaire on WellStarME and
- 3.) Watch the Benefits Navigation video and take a short quiz on WellStarME (The first question will appear once the video has ended) and Complete one of the following "My Health" options:
 - Get your numbers from a free-standing lab (Please note: your primary care provider must send a lab order to your preferred lab.)
 - OR Get your numbers from your primary care provider
 - OR Receive a Flu Shot
 - OR Participate in a vision appointment or dental appointment
 - OR Participate in a Health Navigation appointment

3. What is the premium cost for the health insurance?

The health insurance premium rate sheet can be found at www.maine.gov/bhr/oeH.

4. I have filed an appeal; when will I hear a decision on my appeal?

Each appeal will be reviewed by Employee Health & Wellness as soon as administratively feasible after the appeal deadline (August 8th, 2022). The information will be compiled for the State Employee Health Commission who will meet to review appeals and render a decision. You will then be notified in writing of their decision.