



Value added programs

We're here to support your total well-being because **healthier happens together™**. Be sure to take advantage of these programs, available only for those enrolled in the Aetna Medicare Advantage plan.



Over the counter (OTC)

Spend up to **\$45** per quarter, up to **\$180** per year on approved health and wellness products without spending money out of pocket. To request a catalog or place an order call **1-844-428-8147 (TTY: 711)**, Monday–Friday, 9 AM–8 PM local time.



SilverSneakers®

Join any of several thousand participating locations nationwide and/or get a home fitness kit. For more information, visit **SilverSneakers.com** or call **1-888-423-4632 (TTY: 711)**, Monday–Friday, 8 AM–8 PM ET.



Resources For Living® program

Get referrals to services in your area that offer help such as house cleaning, lawn care, transportation, social and recreational activities, and caregiver support. You just pay for the cost of the services you use. Just call **1-866-370-4842 (TTY: 711)**, Monday–Friday, 8 AM–6 PM local time.



Nurse support

Talk to our registered nurses, day or night. Based on your symptoms, they can help you decide if you need a doctor or urgent care visit. Just call **1-800-556-1555**, available 24/7.



Healthy Home Visit

Have a licensed doctor or nurse come to your home to review your health needs, do a home safety assessment, review your medications and ask about your medical and family history. To schedule a visit online go to **Schedule.SignifyHealth.com** or call **1-877-503-5802 (TTY: 711)**, Monday–Friday, 7 AM–7 PM CT.



Hearing aid allowance through NationsHearing

You get an annual routine hearing exam and a hearing aid evaluation and fitting for a **\$0** copay. You are eligible for up to **\$6,000, every 36 months**. This amount is used to cover hearing aids at the time of purchase. Call **1-877-225-0137 (TTY: 711)**, Monday–Friday 8 AM–8 PM local time or visit **Aetna.NationsBenefits.com/Hearing** to get started.



Meal delivery

Take advantage of this service when you return home after an inpatient hospital, psychiatric or skilled nursing facility stay. Having your meals taken care of may help you on your journey to recovery and lower your chance of hospital readmission. Your Aetna nurse will coordinate a delivery of **up to 28 nutritious meals** (2 meals a day for 7 days) directly to your home.



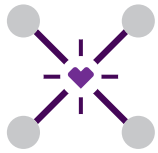
Transportation

Access nonemergency transportation to your medical appointments including **24 one-way trips** per year with **60 miles** allowed per trip. If you need to reserve a ride, visit **Access2Care.net** or call **1-855-814-1699 (TTY: 711)**, Monday–Friday, 8 AM–8 PM all time zones.



Teladoc Health

Connect with a Teladoc primary care provider (PCP) by web, phone or mobile app from home, for nonemergency medical needs. To access Teladoc, just call **1-855-TELADOC (1-855-835-2362)**. Or visit **Teladoc.com/Aetna**, available 24/7.



Your resources

Aetna® Member Services

For questions about the Aetna Medicare Advantage PPO call Aetna Member Services at **1-888-267-2637 (TTY: 711)**, Monday–Friday, 8 AM–9 PM ET.

Visit us online: **StateofMaine.AetnaMedicare.com**

State of Maine - Office of Employee Health, Wellness & Workers' Compensation

To update your information or questions about your eligibility call **1-800-422-4503 (TTY: 711)**, Monday-Friday, 8 AM- 4:30 PM ET.

Log in to your account:
Maine.gov/bhr/oeh/benefits

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. SilverSneakers is a registered trademark of Tivity Health, Inc. ©2024 Tivity Health, Inc. All rights reserved. Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies. Aetna and Signify Health® are part of the CVS Health® family of companies.