



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, March 18th, 2021 @ 8:30am
Microsoft Teams Meeting**

Commission members in attendance: Diane Bailey, Lois Baxter, Cecile Champagne-Thompson, Jonathan French, Kelly John, Deidre Kinney, Thomas Lamontanaro, Peter Marcellino, Carrie Margrave, Mara McGowen, Lew Miller, Robert Omiecinski, Heather Perreault, Angela Porter, Shonna Poulin-Gutierrez, Michelle Probert, Joanne Rawlings-Sekunda, James Russell, Kim Vigue, & Frank Wiltuck.
(total = 20)

Commission members absent: Laurie Doucette, Peter Baker, & Jeremy Roberts

Vacant seat(s): 1

Others present: Kurt Caswell, Joel Hill, Paige Lamarre, & Roberta Leonard – Employee Health & Benefits; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Lisa Lagios, Kristine Ossenfort, & Stefanie Pike - Anthem Blue Cross and Blue Shield; Amy Deschaines, Oscar Tsao, Ken Ralff & Ed Pierce – Lockton; Cindy Walsh – Humana; Libby Arbour - MCD Public Health; Peter Hayes, Lisa Nolen, Sara Fitzgerald & Trevor Putnoky – Healthcare Purchasers Alliance; Kerryanne Shuler – Grand Rounds; Mark Saunders – Maine General; Emily Kovalsky – Maine Health; Jackie Little – Legislature; Laura Robert – SunLife;

| Agenda Item | Discussion | Action/Next Steps |
|---|---|--|
| I. Call Meeting to Order (8:32 am) | Jonathan French called the meeting to order. | |
| II. Introductions | | |
| III. Review & Approval of Minutes (February 18th, 2021) | | Lois Baxter made motion to accept the amended minutes; Frank Wiltuck seconded the motion; Motion passed. |
| IV. Recurring Monthly Business | | |
| a. Highlights - Employee Health & Wellness - Shonna Poulin-Gutierrez | Information contained in written reports; highlights and discussion noted below: <ul style="list-style-type: none"> <u>HMS Audit:</u> The response rate of the dependent audit was 95.81% of employees successfully completed the verification. HMS processed 14,217 documents through February 5, 2021. Of the documents received 81% were received through uploads. <u>Anthem:</u> As voted on in the February meeting, Anthem was provided notification to extend coverage for members diagnosed with COVID- | |



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| | <p>19, for no out-of-pocket costs from in-network doctors, hospitals and other healthcare professionals through March 31, 2021.</p> <ul style="list-style-type: none"> • <u>Naturally Slim</u>: Open enrollment for Naturally Slim was held from February 22nd – March 5th, over 800 eligible members will start Naturally Slim in March. • <u>Express Scripts</u>: Covid-19 vaccine utilization as of 3/10/2021, is 461 members. • <u>Pharmacy RFP</u>: On February 23, 2021 a notice of conditional award was sent out to all bidders to indicate that MedImpact Healthcare Systems, Inc. received the evaluation team’s highest ranking • <u>Committees</u>: Second appeal meetings were held on March 4, 2021 and March 8, 2021. A Plan Design meeting was held on Feb. 22, 2021. Lockton is compiling additional data for the next scheduled meeting on April 6, 2021. | |
| <p>b. Committee Updates</p> | | |
| <p>i. Financial Update – Frank Wiltuck</p> | <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Reserve Calculation</u>: Required Reserve Balance for FY2020 is \$50M Revised Method • Cecile Champagne-Thompson asks on the ancillary prescription piece what is the question? Frank Wiltuck states that how those numbers are entered into the Advantage System and whether they are captured in a Gross or Net fashion is the question. • <u>Operating Statement</u>: State FY2021 through 2/28/21 Revenues over Expenses is \$34M • <u>Balance Sheet</u>: State FY2021 through 2/28/21 Equity is \$198M Revised Method | |
| <p>ii. Plan Design Update- Heather Perreault</p> | <p>Discussion highlighted below:</p> <ul style="list-style-type: none"> • <u>Health Plan premium options (assumes no plan design changes)</u>: ~3% increase, 0.00% premium increase, Cost to plan: ~\$8M for the year. 3% premium increase, plus “premium holiday”. Cost to plan ~ \$21M per Month • <u>Health Plan design options</u>: Add Clear Choice provisions for \$0 co-pay for first PCP and behavioral health visit and add massage benefit | <p>Lois Baxter made motion not to renew the Grand Rounds Second Opinion program contract; Robert Omiecinski seconded the motion; Motion passed.</p> |



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| | <ul style="list-style-type: none"> • <u>Dental Plan recommendations:</u> No change to plan design. Estimated additional claims cost 97k, 3% increase to fees schedule for payments to providers. • Jackie Little asks that the premium holiday would only include medical, not dental? Heather Perreault states that is correct. | Michelle Probert made the motion to leave the dental premiums as is and increase the fees schedule by 3%, Robert Omiecinski seconded the motion; Motion passed. |
| <p>iii. Appeals – Health Premium Credit (Chair)</p> | <p>Discussion highlighted below:</p> <ul style="list-style-type: none"> • The appeals committee met a few times • The originally appeal list was approximately 20 • Two second appeals were submitted • One appeal was approved | |
| <p>a. MCD Wellness Program-Libby Arbour</p> | <p style="text-align: center;"><i>V. Semi Annual Update</i></p> <p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Flu Clinic Total:</u> 2019- 2,529 & 2020- 1,835 • <u>Health Navigation Model:</u> 56 scheduled events & 761 of people who have participated to date • <u>Participant Feedback Survey:</u> 286 Responses average rating of 10 out of 10 • <u>WellStarME Midyear Totals:</u> 17,024 Individuals Registered, 2,073 Primary Subscribers Eligible, 3,746 participants completed the wellness questionnaire, & 1,995 flu shot entries • <u>Headspace Pilot:</u> 700 actively involved participants, 12,201 total meditations completed • <u>Wellbeats Pilot:</u> Launched March 9, 2021, 145 members enrolled in pilot • <u>National Diabetes Prevention Program:</u> Webinar introduced that members can watch at their leisure • <u>Winter Toolkit:</u> Comprehensive toolkit includes information and evidence-based resources • <u>Wellness Updates:</u> Working with several departments to provide customized flyers and handouts on various health and wellness topics. Working to promote the Health and Wellness Navigator role more actively among employees. Working with the Office EHW to provide bi-weekly Wellness Wednesday tips. | |
| | <p><i>VI EDUCATION</i></p> | |



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**a. U.S. Healthcare Landscape -
Peter Hayes**

Information contained in written report; highlights and discussion noted below:

- Prices, Not Utilization, Driving Costs: Between 2014-2018, per capita healthcare spending among those with employer-sponsored plans grew an average of 4.3% annually- more than 25% higher than per capita GDP
- Spending on Health Care Crowds Out Other Priorities: "Twenty years of wage stagnation on the middle class has been 95% caused by exploding healthcare costs."
- Value = Cost and Quality: High value care must be both affordable and high quality. Many studies of the U.S. healthcare system have found significant variation in quality and that poor-quality results in negative outcomes and higher costs.
- National and SEHC Strategies to Promote Healthcare Value: Accountable Care Organizations (ACOs), Bundled payments, Centers of Excellence (CoEs), Claims audits, Disease/chronic condition managements, Eligibility audits, Second opinion programs, Tiered networks
- Other National Strategies: Advanced primary care & onsite/near-site clinics, MSK, Narrow networks, Reference-based pricing, Shopping tools, Transparent/pass-through PBMs, Virtual care
- Maine Healthcare Landscape: Maine has 33 hospitals; 64 percent are owned by larger health systems
- Total Spending by Year: The State Employee Health Commission has oversight of over \$200 million in combined annual medical and pharmacy spend
- Medical Spending Trends: The State's medical costs declined in 2017, remained stable in 2018, and then rebounded 5.4% in 2019
- Rising Pharmacy Costs: The State's pharmacy allowed PMPM has increased at an average annual rate of 5.0%
- Member Cost Sharing Trends: Member cost sharing for medical services increased in 2017 in response to higher deductibles and larger copays for primary care & specialist visits
- Impact of Chronic Conditions: Members with chronic conditions account for 38.8% of the State Employee population and 62.0% of total spend

Heather Perreault asks if we could have a comparison between increased premiums and total employee spend? Lisa Nolen says yes she will work with Lockton and follow up.



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VII. OTHER BUSINESS

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| <p>a. Dependent Audit Discussion- Shonna Poulin-Gutierrez</p> | <p>Discussion noted below:</p> <ul style="list-style-type: none"> • An update was made to the Q&A form that accompanies the appeal form, added more information of how documents could be submitted and what was needed from specific dependents. • Approximately 500 names on the final report for removal. This was just a snapshot in time. Some were voluntary terms, some terminated, some retired. • EH&W has received approximately 120 appeals. • On track for review for removal of voluntary terms to be removed as of April 1st. • EH&W is doing everything possible to assist employees in completing the audit. • Jonathan French asks is the EH&W office still allowing employees to submit appeals and documentation? Shonna Poulin-Gutierrez answers yes, HR and EH&W are still working with employees to have the audit completed. • Cecile Champagne-Thompson asks what the timing of EH&W is to notify Anthem for the first April bill, Shonna Poulin-Gutierrez answer that EH&W is looking to have those processed through Anthem by next week. | |
| <p>b. Special SEHC Meeting to be Scheduled in April to Finalize Plan Design</p> | <p>Discussion noted below:</p> <ul style="list-style-type: none"> • There have been a few tentative dates that have been proposed for Plan Design • EH&W is working to make sure everything is ready for the next Plan Design meeting • Special SEHC Meeting scheduled for the 8th of April | |
| <p>c. Updates – Jonathan French</p> | <p>Discussion noted below:</p> <ul style="list-style-type: none"> • ConvenientMD set to open within Augusta Maine in late summer/early fall of 2021 • Diane Bailey states there have been three legislative bills that have been released recently that are regarding increasing eligibility within the State of Maine Health Plan <ul style="list-style-type: none"> ○ LD1002 ○ LD1036 | |



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| <i>FUTURE UPDATES – SEMI-ANNUAL</i> | | |
| a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in January & July) | Formal report not due this month. | |
| b. WellStarME Medical Care Development – Kelsey Robinson (Provided in March and November) | | |
| c. Carrum Health Program – Kyle Thompson (April & October) | Formal report not due this month. | Michelle Probert asks if it’s typical in the market for only about 10% of cases to result in consultations. Kyle Thompson says he will have to follow up. November 2020 |
| d. Anthem/Lockton Compliance Review (May & November) | Formal report not due this month. | |
| e. Expert Medical Opinion Grand Rounds (June & December) | Formal report not due this month. | |
| <i>VII. REQUEST MOTION TO ADJOURN</i> | | |
| X. Adjourn Meeting (11:25 am am) | | Frank Wiltuck motions to adjourn; Lois Baxter seconds the motion; Meeting adjourned |

2021 meeting schedule available at www.maine.gov/bhr/oeH