



Janet T. Mills
Governor

STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

Thursday, April 16, 2020 @ 8:30am
Microsoft Teams Meeting

Commission members in attendance: Diane Bailey, Kurt Caswell, Cecile Champagne-Thompson, Darcey Emery, Jonathan French, Deidre Kinney, Peter Marcellino, Carrie Margrave, Lew Miller, Karen O'Connor, Robert Omiecinski, Heather Perreault, Michelle Probert, Joanne Rawlings-Sekunda, Will Towers, Kim Vigue, & Frank Wiltuck.
(total = 17)

Commission members absent: Lois Baxter, Derek Chase, Laurie Doucette, Terry James, Kelly John, Mara McGowen & Jon Woodard.

Vacant seat(s): None

Others present:– Roberta Leonard, Shonna Poulin-Gutierrez, Joel Hill & Paige Lamarre – Employee Health & Benefits; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Lianna Della Torre, Burr Duryee & Heidi Giroux– USI; Lisa Lagios, Stefanie Pike & Jean Wood - Anthem Blue Cross and Blue Shield; Sue Wolf – Express Scripts; Laura Roberts – Sun Life; Erica Brown - MCD Public Health; Cindy Walsh – Humana; Trevor Putnoky & Peter Hayes – Healthcare Purchasers Alliance; Carly Winokur – Carrum Health.

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:32 am)	Jonathan French called the meeting to order.	
II. Introductions		
III. Review & Approval of Minutes (March 19,2020)		Frank Wiltuck made motion to accept the minutes; Robert Omiecinski seconded; Motion passed.
IV. RECURRING MONTHLY BUSINESS		
a. Open Discussion/Questions on Vendor Reports – All	Information contained in written reports; highlights and discussion noted below:	Sabrina DeGuzman-Simmons will email Kurt Caswell an FAQ sheet and timeline of when Aetna started waiving member cost shares related to COVID-19.
b. Executive Summary Highlights Employee Health & Benefits – Kurt Caswell	<ul style="list-style-type: none"> No questions or comments on vendor reports. <u>COVID-19 resource web page</u>: Separate page on EH&B's website that is updated often. Diane Bailey asked how retirees know about this site. Kurt Caswell responded a mailing would be the only way EH&B can inform the retiree population. <u>Wellness</u>: Extension of the Health Premium Credit (HPC) deadline to 9/30/20. Continuation of existing credits at 6/30/20 to 9/30/20. Re- 	Kurt Caswell will look at 60-day utilization of Telehealth with Aetna effective March 1. If members are utilizing the Commission may



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c. **Financial Update – Heather Perreault**

evaluation of credits from 10/1/20-6/30/21. Frank Wiltuck asked if the time frame for the credit will change due to the HPC extension. Kurt Caswell stated it is in statute to follow the plan year.

- Medicare Advantage Plan Updates: Waiving copays for COVID-19 testing. Waiving member cost-sharing for all COVID-19 treatment. Offering a \$0 copay for telehealth visits. Telehealth was removed from the plan, due to no activity. Aetna has made this a free service for members due to pandemic. Waived charges for home delivery of all prescription medications from CVS.
- Diane Bailey asked if a vote was needed for the Aetna plan to waive member cost-sharing related to COVID-19. Kurt Caswell stated the Aetna plan is fully insured and automatically updates.
- Anthem Medical Plan: Waiving copays for COVID-19 testing. Waiving member cost-sharing for all COVID-19 treatment. Offering a \$0 copay for Telehealth visits.
- Will Towers asked what if COVID-19 diagnosed is after 6/1/20. Kurt Caswell stated he will revisit with vendors to extend \$0 cost-share if necessary. Heather Perreault stated the intend is not to exclude anyone from \$0 cost-shares for COVID-19 treatment.
- Dental Plan Stabilization Fund: Surplus as of 3/31/20 is \$162K. Attributable to very low claims in March and extra \$70K contributions. Surplus should continue to grow through the end of May. Heather Perreault stated the State may discontinue the extra cost put forward to pay down the fund.
- Benefits Consulting RFP: USI contract expires 5/31/20. 8 bids received. Review to begin this month.
- Pharmacy RFP: Passed SPRC review (State's high-dollar review). On target for early May release.
- Heather Perreault stated the Anthem and Sun Life contract will be terminated on 6/30/20 and would like to Commission to consider voting on extending.
- Financial Update: The finance committee was not able to meet again due to the current situation. Frank Wiltuck stated the next step is to meet with Kurt Caswell to go over financial data and answer some of the Commission questions related to the information to be reported on.

want to consider adding it back to the Aetna plan for the remainder of the calendar year.

The Commission conducted an on-line vote because of timing; to eliminate members cost-share for COVID-19 related treatment for the Anthem plan. Labor and Management both in favor. Motion passed.

Frank Wiltuck made the motion to extend the Anthem contract through June 30, 2021. Will Towers seconded. Motion passes

Will Towers made the motion to except the recommendation for the Health and RX plan for FY21. Frank Wiltuck seconded. Motion passes.



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V. OTHER BUISNESS

a. COVID-19 Update Employee Health & Benefits - Shonna Poulin-Gutierrez

b. Plan Design Committee Recommendations for FY21

- i. Health Plan**
- ii. Dental Plan**

Information contained in written report; highlights and discussion noted below:

- COVID-19 Update: Common terms mentioned in the media such as: Asymptomatic – lacking obvious signs or systems of disease. Transmission of COVID-19 surface’s touched or within 6 feet of the infected person. Face covering recommended and continuing to practice good hygiene such as hand washing often. CDC is now reporting weekly, rather than daily the number of negative cases.
- Health Plan and RX Recommendation for FY21: Monthly premium increase for Fy21 = 2.00% . The amount of revenue needed to run the plan and contract associated with the plan. 1.6% claims margin to cover extra expenses such as COVID-19. Hearing aid and HIV prevention mandate required by the legislature to be added to the plan. Adding gene therapy coverage. Pharmacy program updates include, HIV prevention, RX prior authorization, Rx patient assurance program, Rx pharmacogenomics prior authorization and drug quantity limit program. Kim Vigue asked if the MGARA fee was included in the recommendation. Kurt Caswell stated yes and is still struggling to get clarification from the Attorney Generals office regarding the fee.
- Dental Plan Recommendations for FY21: Current “retention” contract would have a 2% increase; Administrative fees are 9.84% of claims. Fees increase with claim levels. Delta dental maintains positive/negative stabilization fund. Self-Insured contract 1.5% increase, administrative fees \$4.25 per contract, administrative fee levels can be better managed and will have control of programs.
- Kurt Caswell stated members on the dental plan turning the age of 26 may be able to stay on the plan longer due to procedures being rescheduled.
- Health Plan: Darcey Emery asked a member question - Hearing aid coverage applied to deductible. Kurt Caswell stated \$3K per ear, \$6K total. Members are subject to the cost-share of the current plan.
- Cecile Champagne-Thompson asked what open enrollment will look like this year. Kurt Caswell responded open enrollment will be from 5/4/20-5/29/20, allowing extra time for employees. Currently

Will Towers made the motion to transition the fully insured dental plan to a self-insured dental plan with a 1.5% increase. Cecile Champagne-Thompson seconded. Motion passes.

Will Towers made the motion to except the recommendation for the Health and RX plan for FY21. Frank Wiltuck seconded. Motion passes.



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	discussing with vendors, the multiple ways forms can be submitted. EH&B looking at multiple ways to except incoming forms.	
	VI. UPDATES – SEMI-ANNUAL	
a. Carrum Health Program – Carly Winokur	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Centers of Excellence Platform</u>: Connect State of Maine employees to quality care for specific services. Hand-picking the best facilities and surgeons. • <u>Engagement Timeline</u>: 2019 Completed contract with the SOM, starting with New England Baptist in Boston, launched 7/1/19. Activated 2 Centers of Excellence in Maine to improve regional access. As of 4/10/20 over 363 member registrations. 179 episodes created, 13 consultations held, and 8 surgeries preformed. • <u>State of Maine Employee Experience Shared</u>: Quote “excellent care and professional staff” • <u>Savings on ROI for the State</u>: 9% utilization rate from launch to Q1’20. • <u>Centers of Excellence, Northern Lights Health</u>: Located in Bangor and Portland. • <u>COVID-19 impact</u>: Surgeries are on hold until at least 5/1/20. Still taking new inquiries, facilitating questions, collecting records and scheduling virtual consultations. • <u>What to expect in 2020</u>: Oncology bundle, adding nation’s top cancer institutions. Outpatient is also a possibility. • <u>Joanne Rawlings-Sekunda: Is there an uptick in Telehealth services.</u> Carly Winokur stated yes, Telehealth is offered all throughout the members experience. 	
	VII. EDUCATION	
	No education due this month.	
	VIII. FUTURE UPDATES – SEMI-ANNUAL	
a. Living Resources Program – ComPsych – Tricia Mahoney (Provided in June & October)	Formal report not due this month.	



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b. Northeast Delta Dental – Maire Bridges (February & August)	Formal report not due this month.	
c. WellStarME Medical Care Development – Erica Brown (Provided in August)	Formal report not due this month.	
d. Carrum Health Program – Carly Winokur (April & October)		
e. USI Compliance Presentation (May & November)	Formal report not due this month.	
f. Expert Medical Opinion Grand Rounds (June & December)	Formal report not due this month.	
IX. REQUEST MOTION TO ADJOURN		
IX. Adjourn Meeting (10:30 am)		Will Towers made motion to adjourn the meeting; Robert Omiecinski seconded; no abstentions. Motion passed.

2020 meeting schedule available at www.maine.gov/bhr/oeH