



Janet T. Mills
Governor

**STATE OF MAINE
STATE EMPLOYEE HEALTH COMMISSION
61 State House Station
Augusta, ME 04333-0061**

Jonathan French
Labor Co-Chair

Heather Perreault
Management Co-Chair

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, March 19, 2020 @ 8:30am
Burton Cross Office Building, Augusta**

Commission members in attendance: Diane Bailey, Lois Baxter, Kurt Caswell, Cecile Champagne-Thompson, Laurie Doucette, Darcey Emery, Jonathan French, Deidre Kinney, Peter Marcellino, Carrie Margrave, Karen O'Connor, Robert Omiecinski, Heather Perreault, Michelle Probert, Joanne Rawlings-Sekunda, Kim Vigue, Jon Woodard & Frank Wiltuck.
(total = 18)

Commission members absent: Derek Chase, Terry James, Kelly John, Lew Miller, Mara McGowen & Will Towers.

Vacant seat(s): None

Others present:– Roberta Leonard, Shonna Poulin-Gutierrez, Joel Hill & Paige Lamarre – Employee Health & Benefits; Sabrina DeGuzman-Simmons & Kevin Fenton – Aetna; Lianna Della Torre, Burr Duryee & Heidi Giroux– USI; Lisa Lagios, Jean Wood & Jon Edwards - Anthem Blue Cross and Blue Shield; Tina Marie Cappabianca – The TGN Agency; Sue Wolf – Express Scripts; Laura Roberts – Sun Life; Erica Brown & Phonse Allen Laney - MCD Public Health; Cindy Walsh – Humana; Kerryanne Shuler – Grand Rounds Trevor Putnoky & Peter Hayes – Healthcare Purchasers Alliance.

Agenda Item	Discussion	Action/Next Steps
I. Call Meeting to Order (8:31 am)	Jonathan French called the meeting to order.	
II. Introductions		
III. Review & Approval of Minutes (February 20,2020)		Lois Baxter made motion to accept the minutes; Heather Perreault seconded; Motion passed.
IV. UPDATES-QUARTERLY		
a. Open Discussion/Questions on Vendor Reports – All	Information contained in written reports; highlights and discussion noted below:	Carrie Margrave made the motion to follow the state-specific public health emergency mandates for COVID-19 coverage issued in the state where your company is headquartered and any future plan changes. Michelle Probert seconded. Motion passes.
b. Executive Summary Highlights Employee Health & Benefits – Kurt Caswell	<ul style="list-style-type: none"> No questions or comments on vendor reports. <u>Executive Summary Highlights; Corona Virus Health Provision Update:</u> Three options were outlined. Option 1 - opt out of waving the cost share for COVID-19 testing. Option 2 - waive members cost share for COVID-19 testing. Option 3 – Follow the state-specific public health emergency mandates for COVID-19 coverage issued in the state 	Carrie Margrave made the Motion to cover treatment for COVID-19 with no member cost



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c. Financial Update – Heather Perreault

- where your company is headquartered. Option 3 is recommended by the Bureau of Insurance (BOI).
- Covering the cost of treatment related to COVID-19: The health plan would cover the exam in full, testing and everything thereafter. Heather Perreault asked what the cost impact would be to the health plan. Kurt Caswell stated this is dependent on the volume and is currently unknown. Lisa Lagios stated Anthem is changing rapidly to wave member cost shares, wherever the member receives COVID-19 services. Darcy Emery asked if Anthem is waiving deductibles. Kurt Caswell responded yes Anthem’s fully insured commercial plans will cover the deductible. Diane Bailey asked if this would include retirees. Kurt Caswell responded that the Medicare Advantage plan is separate and follows Federal guidelines. Sabrina DeGuzman-Simmons stated the MA plan is following the federal mandate on covering all COVID-19 testing costs. Telehealth (term Medicare uses for telemedicine) and Teladoc (Medicare Advantage working with to provide all members with access) co-pays are being waived. Free home delivery on medications for CVS customers is available. Restrictions on medication refills have been lifted to allow members to stay at home. Kurt Caswell asked once changes are finalized on the federal level will they go into the plan automatically. Sabrina DeGuzman-Simmons confirmed yes.
 - Grand Rounds Contract: Two options on the 1-year extensions. The current contract ends on March 31st. Option 1 – Expert opinion service only. Annual bundle of 50 expert opinions for \$150k. Each additional case \$3,200. Option 2- Core EMO package; expert opinions, concierge referrals and treatment decision support consumption based. Utilization = completed cases/eligible employee count. Both options contain communication strategies and a \$14,000 communication allowance. Karen O’Connor shared a personal story regarding her recent experience with Grand Rounds. Jonathan French asked for more details on the second opinion service to clarify the value to the health plan. Kerryanne Shuler stated that Grand Rounds has access to 96% of Doctors in the country. Experts work with members to collect all records and imaging for evaluation. In 2-3 days, the member will have a written report. A staff member reviews

shares. Robert Omiecinski seconded the motion. Kurt Caswell deferred to include all treatment elements until more information is present from Anthem to auto judicate the cost. Heather Perreault motioned to table this motion until the next meeting. Karen O’Connor seconded. Carrie Margrave withdrew the motion.

Kurt Caswell will do some research on the protentional cost impact to the health plan, by working with the Anthem & USI for April’s meeting.

Diane Bailey requested more information on the Federal guidelines pertaining to the Medicare Advantage(MA) plan. Sabrina DeGuzman-Simmons responded she is waiting for a bill to be posted on the federal level for the treatment to be covered as well. The update will be sent to Kurt Caswell once finalized.

Carrie Margrave made the motion to go with option 1, expert opinion service only for extending the Grand Rounds contract under reduced fees. Seconded by Robert Omiecinski. 1 objection to the motion, 1 abstain. Motion passes.



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	<p>the report with the member and advise on where to get the care they need.</p> <ul style="list-style-type: none"> • <u>Dental Plan Stabilization Fund</u>: Doing very well. By the end of June 2020, the balance should be at \$0. • <u>Plan Design & Rate Setting-Medical & Dental</u>: Scheduled for this afternoon, March 19th at 1:00. • <u>RFP's</u>: State of Maine Health Plan Audit. Health management Systems (HMS) scored the highest. HMS conducted the eligibility audit in 2011 for the state. Negotiations on the contract are taking place. Service to start this summer. Pharmacy RFP; goal to be completed is May 2020. • <u>Financial Update</u>: Finance committee met in March. Frank Wiltuck was appointed the chair. Service provided will meet the needs of the Commission. No voting will take place. A summary package with key financial data will be created for the Commission. Commission members are invited to reach out to Frank on what information they would like to see. Members may join on a voluntary basis. 	
<i>V. UPDATES - SEMI-ANNUAL</i>		
<p>a. MDC Wellness Program - Erica Brown</p>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> • <u>Flu Clinic Totals</u>: Increase this year. 2519 members had their flu shot. Some sites have reached out to have more flu clinics scheduled. • <u>Health Screening Totals</u>: Slight dip in health screenings, may be because of the decrease in budget. Members do tent to wait until the end. 2183 total screened members. • <u>WellStarME Midyear Totals</u>: 16,468 individuals have registered. This includes employees, spouse and demotic partners. 1,427 with vision entries and 1,365 are self-reporting their information. If members are deemed at risk by the risk quiz a list of classes will display, they may sign up for. • <u>Participant Feedback</u>: 619 members responded to the survey that was sent out 24 hours after the screening. Members are pleased with appointments taking place on time and for 15 mins or less. • <u>Wellness Ambassador Network</u>: Name changed from Wellness Champion after research showed that members were uncomfortable with this name. 	



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- Stress Management Pilot: Out of 200 members 158 were actively involved. 99% of members that responded to the post survey would continue to use Headspace.
- National Diabetes Prevention Program: Reaching out to vendors to conduct lunch and learns for members. Federal guidelines state the program must be at least 1 hour long. Reaching out to providers to better service employees. Working on a webinar for members.
- Wellness Update: Wellness days. 21 health stations with blood pressure cuffs. Every 6 months cuffs are collected and recalibrated. 14 individuals using loaner cuff. 26 sites that participate with the bathroom signage program, 668 posters were provided for. If departments are interested in wellness information that is something that can MCD provide.

VI. Other Business

- a. **COVID-19 Update Employee Health & Benefits - Shonna Poulin-Gutierrez**
- b. **Update of Committee Meetings – Co-Chairs**
- c. **Grand Rounds Contract Update Employee Health & Benefits – Kurt Caswell**
- d. **SEHC Goal Setting – Co-Chairs**

Information contained in written report; highlights and discussion noted below:

- COVID-19 information changes every day. CDC conducts a press conference daily. Important to look at facts not fear. Maine has doubled the number of cases from March 16 to March 17. Over 1600 people tested negative. 80% of people that are positive will not need to be hospitalized. Remember to practice good hygiene. Call your provider first if you have symptoms. Health care facilities are setting up external spaces for testing. Living Resources can provide information on how to cope. Carrum postponing all surgeries. MCD postponing Health screenings.
- Lisa Lagios stated Anthem has a new free Sydney care mobile app that will evaluate your systems and connect you with a doctor. LiveHealth online is experiencing a long wait time.
- EH&B has hired a new communication coordinator Paige Lamarre.
- Plan Design Committee: Will maintain current purpose. Structure has been balanced out. EH&B will act as an advisor. The 2 co-chairs will appoint others to the committee. Commission members may reach out to Heather Perreault and Jonathan French if you would like to be on the committee or removed. Minutes will be recorded. Vote’s will be by consensus.



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	<ul style="list-style-type: none"> • <u>Appeals Committee</u>: Will look at administrative and HPC appeals. Not geared on hearing personal medical information that will be done by the BOI. Appeals officer is Heather Perreault. Balance of members. Quorum with 4 members, majority rules. Will be updating by-laws. • <u>Wellness Committee</u>: Will be updating some older language in the by-laws, purpose stays the same. Will meet quarterly. 4 members quorum. Balance of members. • SEHC Goal setting - deferred to next meeting, April 2020. 	
	VII. EDUCATION	
	No education due this month.	
	VIII. FUTURE UPDATES - SEMI-ANNUAL	
a. Living Resources Program - ComPsych - Tricia Mahoney (Provided in June & October)	Formal report not due this month.	
b. Northeast Delta Dental - Maire Bridges (February & August)	Formal report not due this month.	
c. WellStarME Medical Care Development - Erica Brown (Provided in August)		
d. Carrum Health Program (April & October)	Formal report not due this month.	
e. USI Compliance Presentation (May & November)	Formal report not due this month.	
f. Expert Medical Opinion Grand Rounds (June & December)	Formal report not due this month.	
	IX. REQUEST MOTION TO ADJOURN	
IX. Adjourn Meeting (10:30 am)		Lois Baxter made motion to adjourn the meeting; Deidre Kinney seconded; no abstentions. Motion passed.



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2020 meeting schedule available at www.maine.gov/bhr/oeH