



# Connect with a dermatologist online anytime, anywhere

When you have a skin issue and need care quickly, use our **Sydney<sup>SM</sup> Health** mobile app or website, **anthem.com**, to receive virtual care from a dermatologist, 24 hours a day, seven days a week. No appointment needed.

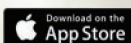
All you need is a smartphone, tablet, or computer with a camera to connect securely online. The doctor can assess your condition, give you a treatment plan, and even send a prescription to your pharmacy, if needed.\*



## Visit with a dermatologist online for these common skin conditions

- Acne
- Athlete's foot
- Chronic hives
- Eczema
- Genital herpes or warts
- Hair loss
- Insect bites
- Jock itch
- Lice
- Nail problems
- Psoriasis
- Rash
- Ringworm
- Rosacea
- Shingles
- Suspicious moles

## How to download our Sydney Health app:



Scan the QR code with your phone's camera.

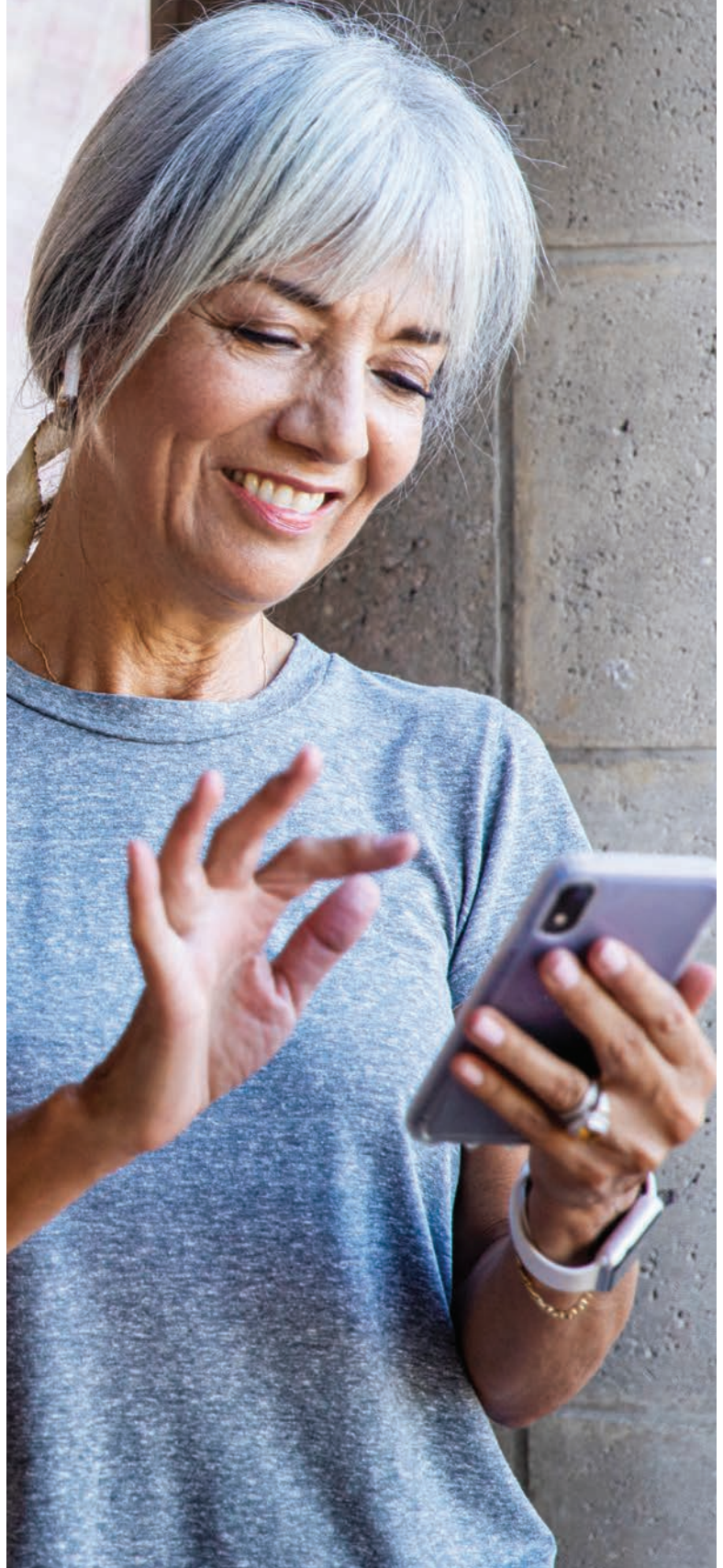
## Here's how to access the program through virtual care:

Download our no-cost **Sydney Health** app.

1. Register (if you haven't yet) and log in.
2. Once you register, your username and password are the same for our app and **anthem.com**.
3. Select **Care** and then select **Video Visits**.

Visit **anthem.com**.

1. Register (if you haven't yet) and log in.
2. Once you register, your username and password are the same for **anthem.com** and our **Sydney Health** app.
3. Select **Care** and then select **Virtual Video Visit With A Provider**.



\*Prescription availability is defined by physician judgment.

In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

LiveHealth Online is the trade name of Health Management Corporation, a separate company, providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Sydney Health is offered through an arrangement with Caredon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023 The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

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