

Facility Name	Providers	Hrs of Operation	Address	Phone #
Katahdin Valley Health	Jennifer Creswell, NP	Monday: 8am-5pm Tuesday: 7:30am - 5:30pm Wednesday: 8am - 5pm Thursday: 7:30am - 7pm Friday: 8am - 5pm	33 Walker St. Ashland, ME 04732	866-366-5842
WorkMed bnormandeau@stmarysmaine.com	Jonathan Torres, MD Roseanne Marquis, NP Kim Boutwell, NP Alan Bean, MD	Monday - Friday 7am - 5pm	15 Gracelawn Rd Auburn, Me 04210	P : 753-3080 F : 753-3088
Concentra mary.kenney@concentra.com	Joseph Castorina, MD Jason Chretien, PA Michael Blab, MD	Monday - Friday 7am - 5pm	219 Capitol St Augusta, ME 04330	P : 629-5005 F : 629-5220
WorkPlace Health/Maine General Medical Center workplacehealth@mainegeneral.org	Laurie Robinson, PA Gerald Hussar, FNP Nelson Haas, MD	Monday - Friday 7:30am - 4:30pm	21 Enterprise Dr Augusta, ME 04330	P : 621-7550 F : 621-7551
Concentra val.grenier@concentra.com	Andrea Barr, FNP Eric Semmel, PA Ronald Oldfield, PA	Monday - Friday 7am - 5pm	34 Gilman Rd Bangor, ME 04401	P : 941-8300 F : 947- 3134
St. Joseph Workwell alicia.irish@sjhhealth.com terri.harnish@sjhhealth.com	Sherrie Downing, PA-C Mike Rizzo, FNP	Monday - Friday 8am - 5pm	900 Broadway, Bldg 1 Bangor, ME 04401	P : 907-3010 F : 907-3011
Work Health LLC http://workhealthllc.org	Howard Jones, MD Lisa Gordon, PA Tom Robinson, PA	Monday - Friday 7am - 5pm	885 Union Street Suite 215 Bangor, ME 04401	P : 973-7380 F : 973-7238
MaineHealth Occupation Health (formerly Health Connections) dwcollins@pbmc.org	John C Nicolett, Med Dir Matthew Turner, PA Lise Desjardins, FNP-C	Monday - Friday 8am - 4:30pm	163 Northport Ave Belfast, ME 04915	P : 301-5566 F : 301-5341
MaineHealth Occupational Health/Workwell sdmiller@smhc.org	Uchechukwu Onuoha, MD A. Desarno-Rubinoff, NP	Monday - Friday 7am - 4pm	10 Wellsprings Rd. Biddeford, ME 04005	P : 283-7600 F : 294-8600
Katahdin Valley Health	Jean Hamlin, MD Jessica Glant, PA-C	Monday: 8am - 5pm Tuesday: 8am - 1pm Wednesday: 8am - 4:30pm Thursday: 11am - 7pm	180 Main Road Brownville, ME 04414	866-366-5842
Concentra	Bart Decristoforo, PA	Monday - Friday 8am - 5pm	11 Medical Center Brunswick, ME 04011	P : 725-2697 F : 729-4719

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Work Helath (formerly WorkWise) - Mayo Reg <a href="mailto:kwakefield@mayohospital.com">kwakefield@mayohospital.com</a>	Eric Semmel, PA-C	Monday - Friday 8am - 4:30pm	47 Dwelley Ave. Dover-Foxcroft, ME 04426	P : 564-4338 F : 564-4370
Work Health	Kirstin Gleason, MD	Monday - Friday 7am - 5 pm	32 Resort Way Ellsworth, ME 04605	P : 664-7800 F : 275-4801
Katahdin Valley Health <a href="mailto:ehagerman@kvhc.org">ehagerman@kvhc.org</a>	Audie Horne, PA-C Robert Lemoine, FNP	Monday - Friday 7:30am - 7pm Saturday and Sunday 9am - 7pm	59 Bangor St. Houlton, ME 04730	P : 521-0022 F : 528-2595
Concentra <a href="mailto:karen.ouellette@concentra.com">karen.ouellette@concentra.com</a> <a href="mailto:sandra.myers@concentra.com">sandra.myers@concentra.com</a>	Stephen Brewster, MD David Davidson, PA-C Jason Chretien, PA Suzanne Meub, NP	Monday - Friday 7am - 5pm Saturday: 9am - 1pm	59 East Ave Lewiston, ME 04240	P : 784-1680 F : 783-9649
Katahdin Valley Health Center	Henry Roy, MD Marie Mason, PA-C	Monday - Friday 7am - 6pm	50 Summer St. Millinocket, ME 04462	866-366-5842
Concentra <a href="mailto:kristen.searles@concentra.com">kristen.searles@concentra.com</a>	Joseph Castorina, MD Jsson Chretien, PA David Davidson, PA	Monday, Tuesday, Wednesday, Friday: 8am - 4:30 pm	1570 Main St. Suite 3 Oxford, ME 04270	P : 743-7399 F : 743-1589
Katahdin Valley Health Center	Henry Roy, MD Nicki Larrabee, FNP Torri Thoreson, PA-C Ross Levesque, DPT Michael Farrell, DC	Monday: 7:30am - 7pm Tuesday: 7am - 7pm Wed: 7:30am - 5:30pm Thursday: 7am - 5:30pm Friday: 7:30am - 5:30pm	30 Houlton St Patten, ME 04765	866-366-5842
Work Health,LLC <a href="http://workhealthllc.org">http://workhealthllc.org</a>	Howard Jones, MD Elizabeth Ross, NP	Monday - Friday 8am - 4pm	125 Main Street Pittsfield, ME 04967	P :487-3726 F : 487-5725
Work Health,LLC <a href="http://workhealthllc.org">http://workhealthllc.org</a>	Howard Jones , MD Joe Perocier, PA	Monday - Friday 7am - 5pm	43 Baxter Blvd, Suite 220 Portland, ME 04101	P : 879-3466 F : 879-3066
Work Health,LLC	Tom Robinson, PA Bob Hunt, PA-C	Monday - Friday 7am - 5pm	19 North Street Presque Isle, ME 04769	P : 768-4568 F : 764-6459
Bayside Employee Health <a href="mailto:clientservices@behc.net">clientservices@behc.net</a>	Susan Upham, MD Jane Glass, DO Abby Sturmer, PA	Monday - Friday 7:30 - 5pm	50 Sewall St. 3rd Fl Portland, ME 04102	P : 780-6631 F : 780-6320
MaineHealth Occupation Health (formerly Health Connections) <a href="mailto:carrie.adams@mainehealth.org">carrie.adams@mainehealth.org</a>	Sandra Lowe - LPN Matt Turner, PA-C	Monday - Thursday 7:30am - 5:00pm By Appt only Closed Fridays	75 Maverick St Rockland, ME 04841	P : 301-5566 F : 800-4333

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MaineHealth Occupational Health/Workwell sdmiller@smhc.org	Uchechukwu Onucha, MD Erica Chaffey, PA-C	only open T, WE, TH	13 July St. Sanford, ME 04073	P : 490-7099 F : 490-7029
Concentra	Stephen Brewster, MD Joseph Castorina, MD Jeanne Scheddel, DO Jessica Cyr, PA Bonnie Troubh, PA Ben Weinberg, MD	Monday - Friday 7:30 - 7pm Saturday & Sunday 9am - 1pm	85 Western Ave. Units 6, 7,8 S. Portland, ME 04106	P : 741-0220 F : 828-5140
Concentra	Peter Mason, DO Dale Martin, FNP Janet Hawkins, PA	Monday - Friday 8am - 5pm	400 Southborough Dr. S. Portland, ME 04106	P : 761-1100 F : 761- 3700
Work Health	Marshall Hollinger, FNP Peter Bragdon, RN	Monday - Friday 7am - 5 pm	10 Washington St. Waterville, ME 04901	P : 861-5731 F : 275-4897
Occupational Health Assoc.	Alexander Mesrobian, MD John Knowles, MD	Monday - Friday 8am - 4:30pm	270 State Road West Bath, ME 04530	P : 442-8625 F : 442-8318
Updated 12.5.25 LAD				