

INTEGRATED PEST MANAGEMENT

Unit 1 Lesson 1 More Than Just Dust Bunnies

Focus Areas: Pest Identification; Science

Focus Skills: Preparing slides, using a microscope, collecting and recording data

Level of Involvement: MAXIMUM







Dedicated to Reducing Pesticides

Unit 1 Lesson 1: More Than Just Dust Bunnies

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Objectives

- * To discover that dust contains living organisms
- * To understand that some people are allergic to the fecal material of these organisms
- * To recognize the need to prevent dust from accumulating

Essential Question

Why should areas be kept free of dust?



Essential Understanding

Small arachnids live in accumulated dust and can cause allergic reactions.

Background

The inventor of the microscope, Anton van Leeuwenhoek, reported in 1694 that mites live in dust. Now, more than 300 years later, it is an established fact that dust mites can be found in house dust all over the world. Dust mites are not insects but are more closely related to spiders and ticks. There are two common dust mites, the American house dust mite (*Dermatophagoides farinae*) and the European house dust mite (*D. pteronyssinus*). Due to their very small size, these dust mites are not visible to the naked eye. They live in bedding, couches, carpet, stuffed toys and old clothing. Dust mites feed on the dead skin that falls off the bodies of humans and animals and on other organic material found where they live.





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Background (continued)

Habits and Habitats

Dust mites do not live in air ducts in homes. Many people spend much time and money cleaning the air ducts to reduce dust mites. This is not necessary because dust mites need about 70 percent relative humidity or higher to live, and they need food. Areas where people spend much time, like a bed or a favorite plush chair, are prime sites for dust mites. The top part of mattresses containing fibrous material is a favorite place for dust mites during warm and humid times. The deeper parts of mattresses may provide protected areas for the dust mites during unfavorable conditions. Clothing is used by dust mites as a means of transportation from room to room or even from house to house.



Vocabulary

allergic reactions	Physical symptoms, which may include sneezing, itching, skin rashes, caused by abnormally high sensitivity to certain substances such as pollens, foods, or microorganisms.
allergen	A substance, such as pollen, that causes an allergy.
arachnids	The anthropod class (invertebrate animals with jointed appendages) that includes spiders, mites, ticks, and scorpions.
dust bunny	A clump of dust commonly found under beds, chairs, and couches.



Challenge Search for animals in a dust bunny!

LogisticsTime: 45 minutesGroup size: as many as your supply of microscopes
can accommodate (3 to a scope maximum)Space: an area to accommodate microscopes

Materials	microscopes
	slides (minimum of 6 per group)
	slide covers
	eye droppers
	water for wet mount preparation
	dust from several locations and containers for each
	computer with Internet access
	overhead projector
	Overhead Control of Dust Mites *
	Assessment for a Scientific Drawing *
	Assessment for a Graph *

* single copy provided

Preparations

- 1. Gather materials as listed above (except dust)
- 2. Set up lab stations with materials

Important

Before beginning this activity, be sure that neither you nor anyone in your group is prone to severe allergies to dust. Send notes home asking parents to give permission for their child to participate in this activity.









Activity

Introduction

Ask the group if they know anyone who is allergic to dust. Explain that when people think they are allergic to dust, they are reacting to tiny animals that live in dust, called **dust mites**. In fact, the actual **allergen**, or irritating substance, is any of a variety of proteins present in the feces of dust mites! Inform the group that mites are **arachnids**,which are animals related to spiders, and that they can be seen only under the lens of a microscope.

Involvement

- 1. With the group, collect several types of dust in small containers. Collect dust from different locations in the room, such as the backs of chairs and under tables. Turn pockets inside out and collect pocket lint. You might use chalk dust, as well.
- 2. Label the containers to show where the dust in each one was found.
- 3. Make a dry-mount and a wet-mount slide to view under a microscope.
- 4. Have participants view the slides and draw what they see, labeling drawings with the locations in which the dust was found. (needed for **Assessment**)



Follow Up

- * Discuss with group what they saw. Did they find any dust mites? If so, how many?
- * Have them use the Internet to find out more about dust mites and list the facts they learn. Following are examples of facts:
 - * The average mattress contains about two million dust mites.
 - * More than half the weight of an old pillow is accounted for by the weight of the dust mites it contains.
 - * Not everyone has the same reaction to dust mite feces. Each individual reacts to different proteins in the allergen. People may not be allergic to all or any of the proteins that cause allergic reactions.
- **Note:** If you choose to omit the Internet search, share these facts with the group. Brainstorm with the group how dust mites might be controlled. Generate a list and compare your results to the controls listed on the overhead.

Answer Key none needed

Follow Through

Focus Skills: Collecting samples, graphing results

- 1. Assign individuals the collection of dust samples from 3 other sites. Each sample must be contained and labeled with the site from which it was obtained.
- 2. Repeat the **Involvement** portion of the initial activity.
- 3. Have participants create graphs to illustrate their findings.
- 4. Hold a group discussion to compare results.





Assessment

- **Option #1** Evaluate the scientific drawings produced in the initial activity.
- **Option #2** Evaluate the graphs created in the **Follow Through** activity.
- **Option #3** Have participants create graphs for the initial activity and submit for evaluation.

Resources

Suggested Reading

"Slime City" Andy Coghlan, *New Scientist*, August 31, 1996 In the past few years, scientists have learned how to observe the structures of biofilms or mucilages, which are built and populated by humble bacteria such as *E. coli* and salmonella. New findings about genetics and biochemistry of biofilms are reported.

"Biofilms Invade Microbiology"

Carol Potera, *Science*, September 27, 1996 The great recent shock in the field of microbiology is the discovery of "biofilms," or free-floating aggregations of common bacteria that create "slime cities" in water pipes or human bodies to create infection, disease, and even kill.



Internet Websites

Dust Mites: A Primer

An interesting and informative site about the diverse, small arthropods commonly known as dust mites. http://members.ozemail.com.au/~lblanco/

Mites That Attack Humans

Good information on different types of mites. The diagrams are particularly helpful to students when comparing and contrasting specific species.

http://edis.ifas.ufl.edu/IG086



Notes



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Notes



Assessment for a Scientific Drawing

Criteria	Possible Points	Points Earned
1. There is an explanatory main title.		
2. All elements of the drawing use the same scale.		
3. Appropriate details are shown accurately.		
 The drawing is correctly labeled, including magnification if appropriate. 		
5. The drawing is easily understood.		
6. Space is used well.		
7. The drawing is neatly done.		
Comments:		

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Comments:		



Assessment for a Graph

Criteria	Possible Points	Points Earned
1. There is an explanatory main title.		
2. Starting points and intervals are appropriate.		
3. Axes are clearly and correctly labeled.		
4. The data is plotted correctly.		
5. The graph is easily understood.		
6. Space is used well.		
7. The graph is neatly done.		
Comments:		

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Comments:		



Overhead

Control of Dust Mites

- * Enclose mattresses, box springs and pillows in zippered allergenand dust-proof covers.
- * Wash bedding materials, including pillowcases, sheets, blankets and mattress pads every other week in hot water (130ßF).
- * Eliminate or reduce fabric wall hangings such as tapestries or pennants.
- * Purchase stuffed toys that are machine washable.
- * Avoid using curtains, drapes or blinds on windows. Use plastic shades instead.
- * Remove carpeting from the bedroom of the allergic person and replace it with tile or wooden floors.
- * Replace upholstered furniture with wooden or plastic furniture.
- * Vacuum often with a vacuum cleaner provided with a high efficiency purifying air (HEPA) filtration system. Throw away vacuum bags after use because dust mites can leave the bag.
- * Chemical control is not necessary, nor will it have a lasting effect on dust mite populations. Regular cleaning and vacuuming will have a greater impact.



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