STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
1 out of 5 children suffer from asthma	Fatigue	Schools (picking up or dropping off students)	Car	Ride a bike more often
Everyday we each take about 20,000 breaths	Throat irritation	Warming up/cooling off vehicle	Airplane	Keep cleaning supplies tightly sealed
65,000 lost school days due to asthma related absences each year in Maine	Dizziness		Tractor trailer truck	Don't idle vehicle
37,500 lost work days due to asthma related absences each year in Maine	Aggravated respiratory conditions	Fast food restaurants	Tractor	Carpool
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Heart disease	Video store	Bus	Set air conditioners no lower then 72 degrees

STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
Everyday we each take about 20,000 breaths	Fatigue	Library	Subway	Keep cleaning supplies tightly sealed
1 out of 5 children suffer from asthma	Headaches	Dunkin Donuts	Tractor trailer truck	Use cleaning and paint products that pollute less often
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Aggravated respiratory conditions		Car	Don't idle Vehicle
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Lung disease	Warming up/cooling off vehicle	4-Wheeler	Ride a bike more often
37,500 lost work days due to asthma related absences each year in Maine	Dizziness	Bank	Motorcycle	Keep all vehicles tuned up and running effectively

STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Congestion	Post office	Motorcycle	Walk more often
Vehicle or mobile sources contribute more than 50% of our air pollution emissions here in Maine	Headaches	Gas stations	Dirt bike	Keep tires properly inflated to reduce gas consumption
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Can cause chest pain		Snowmobile	Carpool
1 out of 5 children suffer from asthma	Asthma	Bank	Jet ski	Be energy sufficient at home
65,000 lost school days due to asthma related absences each year in Maine	Aggravated respiratory conditions	Fast food restaurants	Car	Ride a bike more often

STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
37,500 lost work days due to asthma related absences each year in Maine	Headaches	Video store	Train	Walk more often
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Aggravated respiratory conditions	Picking someone up	Truck	Don't idle vehicle
65,000 lost school days due to asthma related absences each year in Maine	Asthma		Lawnmower (riding)	Keep all vehicles tuned up and running effectively
1 out of 5 children suffer from asthma	Throat irritation	Post office	Dirt bike	Carpool
Everyday we each take about 20,000 breaths	Fatigue	Warming up/cooling off vehicle	Snowmobile	Be energy sufficient at home

STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
Children are more sensitive to pollution; they breathe 50% more air per pound of body weight	Irritate lungs	Library	Jet ski	Ride a bike
Everyday we each take about 20,000 breaths	Can cause chest pain	Cumberland Farms	Car	Keep tires properly inflated to reduce gas consumption
Vehicle or mobile sources contribute more than 50% of our air pollution emissions here in Maine	Throat irritation		4-wheeler	Be energy sufficient at home
65,000 lost school days due to asthma related absences each year in Maine	Breathing difficulty	Grocery store	Minivan	Keep cleaning supplies tightly sealed
37,500 lost work days due to asthma related absences each year in Maine	Dizziness	Post office	Motorcycle	Walk more often

STATISTICS	POLLUTION	PLACES	TRANSPORTATION	REDUCE
Vehicle or mobile sources contribute more than 50% of our air pollution emissions here in Maine	Congestion	Dunkin Donuts	Bus	Set air conditioner no lower then 72 degrees
13.2% of children in Maine suffer from asthma which is the highest rate and state in New England	Lung disease	Grocery store	4-Wheeler	Carpool
Idling a vehicle for 5 minutes per day wastes 13 gallons of gas per year	Headaches		Train	Be energy sufficient at home
37,500 lost work days due to asthma related absences each year in Maine	Breathing difficulty	Cumberland Farms	Airplane	Use cleaning and paint products that pollute less often
1 out of 5 children suffer from asthma	Throat irritation	Library	Minivan	Don't idle vehicle