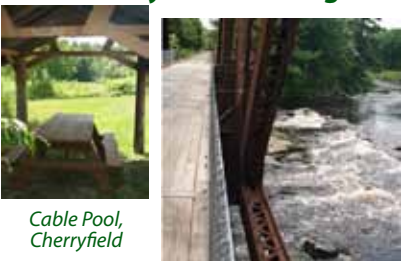


The Down East Sunrise Trail (DEST) takes riders off-road through a variety of landscapes providing scenic views of coastal mountains, forests, open wetlands, and blueberry barrens. Along the way, 28 bridges span tree-lined streams and salmon rivers.

85 miles and growing, the DEST is the longest off-road section of the East Coast Greenway.

FMI: www.sunrisetrail.org
www.greenway.org
www.parksandlands.com

Cherryfield Crossing



Cable Pool, Cherryfield

Location: Trail crosses ME 193 in Cherryfield.

Parking: At North St. - North St. intersects ME 193 about 1 mile north of US 1, and 1/4 mile south of the DEST/ME 193 crossing.

Trail Section Length: 7 miles
 Cherryfield to Harrington

Points of Interest & Side Trips:

Trail skirts downtown Cherryfield's historic district and then parallels US1 for almost 3 miles before crossing the Harrington River. A side trip to the historic district for the history and cafes makes for a fun lunch stop. To learn more about the geology of the area view Maine's Ice Age Trail at <http://iceagetrail.umaine.edu>.

Harrington and Columbia Falls Crossings

Location: Trail crosses North St. just north of Harrington; enters Columbia Falls at Tibbetstown & Centerville Rds.

Parking: Limited at Harrington and Columbia Falls Crossings. Summer and weekend parking at Narraguagus High School, Harrington.

Trail Section Length: 10 miles
 Harrington Crossing to Columbia Falls = 6 miles
 Columbia Falls to Jonesboro Station = 4 miles

Points of Interest & Side Trips:

Pass by blueberry barrens and the Pleasant River before the trail becomes semi-remote beyond Columbia Falls. The Wild Salmon Resource Center, Pleasant River Community Forest, Forest Hills Cemetery, Gallison Library, and Ruggles House & Garden are great side trips. A country store, 1 mile east of Columbia Falls is known for doughnuts and makes a good lunch and provisions stop.



Gallison Memorial Library

Jonesboro Station

Location: Trail crosses Station Road northwest of Jonesboro.

Parking: Limited parking next to the trail

Trail Section Length: 8 miles
 Jonesboro Station to Whitneyville Crossing



Points of Interest & Side Trips:

The trail becomes increasingly remote, crossing the Chandler River, numerous streams, and beaver ponds. It passes by the Jonesboro Wildlife Management Area and provides opportunities for wildlife viewing.

Whitneyville Crossing

Location: Trail crosses ME 1A just south of Whitneyville.

Parking: Limited roadside parking

Trail Section Length: 4 miles
 Whitneyville to Machias

Points of Interest:

An 1868 schoolhouse turned library in 1966 is located close to the trail in Whitneyville.



Leaving Whitneyville, the trail crosses the Machias River and cuts through freshwater marshes and upland forests. Skirting downtown Machias, the trail crosses just two roads in this section before reaching the Machias Station 98.

