

## ELIGIBILITY

Each Veteran is unique. Contact your local VA facility or call 1-800-827-1000 for help determining your individual eligibility status.

## FOR MORE INFORMATION

VA Health Benefits Call Center  
1-877-222-VETS (1-877-222-8387)

Veterans Benefits Administration  
1-800-827-1000  
[www.vba.va.gov](http://www.vba.va.gov)

VA Women Veterans Health  
Strategic Health Care Group  
[www.publichealth.va.gov/womenshealth](http://www.publichealth.va.gov/womenshealth)

## COMMUNITY BASED OUTPATIENT CLINICS

Bangor CBOC 1-877-421-8263 ext 3600

Calais CBOC 1-877-421-8263 ext 7490

Caribou CBOC 1-877-421-8263 ext 7490

Lincoln CBOC 1-877-421-8263 ext 7490

Lewiston/Auburn 1-877-421-8263 ext 4601

Portland CBOC 1-877-421-8263 ext 7490

Rumford CBOC 1-877-421-8263 ext 3200

Saco CBOC 1-877-421-8263 ext 7490

Bingham Coach 1-877-421-8263 ext 7490

## A PROMISE KEPT

*Women Veterans Health Care promotes the health, welfare, and dignity of Women Veterans and their families by ensuring equitable access to timely, sensitive, high-quality health care.*



Augusta, Me 04330  
1-877-421-8263  
Ext. 4017

# VA Maine Healthcare System

**1 VA Center  
Augusta, Maine  
04330  
1-877-421-8263**

## WOMEN VETERANS HEALTH CARE



*You served, you deserve  
the best  
care anywhere*



**VA Maine HCS is committed to meeting the unique needs of our Women Veterans by delivering the highest quality health care to each woman, while offering her the privacy, dignity, and sensitivity to gender-specific needs that she deserves. Our VA facility has a full-time Women Veterans Program Manager ready to assist you in getting timely access to the health care **YOU** need.**

LaRhonda Harris, RN  
Women's Veteran Program  
Manager

1-877-421-8263 ext 4017



The Department of Veterans Affairs is deeply committed to recognizing the contributions of our Women Veterans. Each one of the 1.8 million women veterans alive today serves as a living reminder of their courage and sacrifice that women have made and continue to make for our nation.

Women were officially recognized as members of the armed forces in 1901, but their military involvement dates back to the Revolutionary War. Women are now the fastest growing subgroup of U.S. Veterans.

As of 2007, 14.3% of active duty military (all branches) are Women, and 11% of the fighting force in Iraq and Afghanistan are women. The number of women veterans is expected to increase dramatically in the next 10 years, which will result in an increased demand for VA health care.

The Department of Veterans Affairs understands the health care needs of women veterans, and is committed to meeting these needs.

***You served, you deserve  
The Best Care Anywhere!***

**\*GENERAL HEALTH**

- Primary Care
- Gynecological Care
- Maternity Care/7 days of Infant Care
- Infertility Evaluation and Treatment
- Menopause Evaluation and Treatment
- Osteoporosis Screening and Treatment
- Cancer Screening
- Mammograms
- Wellness and Healthy Living
- Nutrition and Weight Management
- Stop Smoking Programs

**\*MENTAL HEALTH**

- Management of Depression, Anxiety and Stress
- Adjustment from Deployment
- Counseling and Treatment for:
  - \*Military Sexual Trauma
  - \*Parenting and Caregiver Issues
  - \*Violence and Abuse
  - \*Alcohol and Drug Dependence

**\*SPECIAL PROGRAMS**

- Vocational Rehabilitation
- Educational Opportunities
- Links to Job and Career Counseling
- Services for Homeless Veterans
- MOVE!-Managing Obesity in Veterans Every Where.