Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services
Paul R. LePage, Governor Mary C. Mayhew, Commissioner

County and District Data from the 2012 Maine State Health Assessment

Western District

Updated 1/2/2013

Indicators from the "2010 Call to District Action"	Androscoggin County	Franklin County	Oxford County	District Rate	Maine Rate	US Rate
General health status						
Fair or poor health - adults	15.4%	14.8%	16.0%	15.5%	14.7%	14.9%
Average number of unhealthy days in the past month (physical health)	4.0	5.6	3.9	4.3	3.8	NA
Average number of unhealthy days in the past month (mental health)	3.5	3.8	3.9	3.7	3.7	NA
Access						
Proportion of persons with a usual primary care provider	89.3%	89.2%	89.2%	89.3%	88.4%	NA
No dental care in past year	37.4%	31.9%	39.2%	37.0%	32.4%	NA
Physical Activity, Nutrition and Weight						
Obesity - adults	26.0%	33.5%	25.4%	27.1%	27.7%	27.5%
Obesity - high school students	13.5%	10.3%	15.0%	13.7%	12.9%	NA
Overweight - high school students	19.6%	20.0%	17.4%	18.8%	15.5%	NA
Sedentary lifestyle - adults	24.0%	18.3%	21.9%	22.3%	22.5%	23.9%
Cardiovascular Health						
High blood pressure	31.3%	28.2%	27.5%	29.5%	30.0%	28.7%
High cholesterol	39.7%	40.8%	38.1%	39.4%	38.8%	37.5%
Diabetes						
Diabetes - adults	8.9%	9.2%	9.2%	9.0%	8.7%	8.7%
Adults with diabetes who have had a A1c test 2x per year	NA	89.2%	81.8%	76.6%	79.5%	NA
Diabetes hospitalizations per 100,000 population (principal diagnosis)	136.8	128.9	121.8	131.0	118.4	NA
Respiratory						
Current asthma - adults	8.9%	8.3%	9.9%	9.1%	10.0%	9.1%
Current asthma - children and youth (ages 0-17)	10.4%	11.1%	9.9%	10.4%	8.9%	NA
Bronchitis and Asthma ED visits per 100,000 population	1,177	546	1,087	1,057	1,105	NA
COPD hospitalizations per 100,000 population	220.2	318.7	262.2	248.1	198.3	NA
Tobacco Use						
Current smoking - high school students	14.9%	12.1%	17.2%	15.4%	15.5%	NA
Current smoking - adults	13.7%	16.7%	21.5%	16.8%	18.2%	17.2%
Alcohol Use						
Binge drinking - adults	11.0%	21.4%	18.2%	15.1%	14.5%	15.1%
Current alcohol use - high school students	24.6%	31.2%	28.6%	26.8%	28.0%	NA
Infectious Disease						
Influenza Vaccine Coverage - Ages 18 Years and Older	47.2%	45.7%	47.1%	46.9%	47.1%	NA
Pneumococcal Vaccination Coverage - Ages 65 Years & Older	65.9%	78.9%	NA	68.0%	71.8%	68.8%

For a number of reasons, several indicators from the "Call to Action" were not analyzed for the 2012 State Health Assessment, and therefore are not included in this update, including: adult asthma hospitalizations, bacterial pneumonia hosptializations, congestive heart failure hospitalizations, hypertension hospitalizations, diabetes short and long term complication hospitalizations, uncontrolled diabetes hospitalizations, the rate of lower-extremity amupation among patients with diabetes, the percent of adults with greater than 14 days of frequent mental distress, and the number of visit to KeepME Well.org

Demographics						
Population	107,702	30,768	57,833	196,303	1,328,361	3.08 mil.
Population ages 0-17	24,308	6,047	12,317	42,672	274,533	0.74 mil.
Population ages 65-74	7,856	2,921	5,306	16,083	112,651	0.21 mil.
Population ages 75+	7,328	2,239	4,537	14,104	98,429	0.17 mil.
Population Density	230.2	18.1	27.8	46.3	43.1	87.4
Population - White, non-Hispanic	91.9%	96.6%	96.1%	78.3%	94.4%	63.7%
Population - Hispanic	1.5% (1669)	1.0% (315)	1.0% (587)	1.3% (2571)	1.3%	16.3%
Population - Two or more races	2.0% (2156)	1.4% (437)	1.5% (890)	1.8% (3483)	1.6%	2.9%
Population - Black or African-American	3.6% (3931)	0.2% (71)	0.4% (212)	2.1% (4214)	1.2%	12.6%

Other Key Health Indicators from the 2012 Maine State Health Assessment	Androscoggin County	Franklin County	Oxford County	District Rate	Maine Rate	US Rate
Life expectancy in years (M/F, for 2007)	75.2/79.9	76.1/80.3	74.5/80.0	NA	78.7	78.6
Oral Health						
Tooth loss to gum disease or tooth decay (6 or more) - adults	21.6%	21.4%	24.4%	22.4%	19.7%	NA
Maternal and Child Health						
Low Birthweight, <2500 grams per 100,000 births	6.4	7.3	6.9	6.6	6.4	8.2
Infant death per 100,000 births	6.3	5.7	6.0	6.1	6.1*	6.4*
Live births, for which the mother received early & adequate prenatal care	89.1%	81.1%	87.0%	87.6%	85.4%	NA
Teen birth rate per 1,000 females aged 15-19	38.3	19.5	30.0	32.2	24.9	34.2
Injury						
Suicide deaths per 100,000 population	10.9	12.1	12.1	11.4	12.6	11.8*
Violence by current or former intimate partners	NA	3.9%	NA	1.5%	1.0%*	NA
Rape or attempted rape	6.6%	4.9%	7.5%	6.5%	11.9%*	NA
Non-fatal child maltreatment per 1,000 population	15.2	15.0	14.1	14.9	11.9	9.2
Motor vehicle crash related deaths per 100,000 population	9.6	18.2	18.4	13.5	12.5	11.1*
Unintentional poisoning deaths per 100,000 population	10.7	6.7 #	11.5	10.2	11.4	11.8
Emergency department visits due to falls among older adults per 100,000 population	7,890	8,611	7,155	7,764	7,325	NA
TBI Hospitalizations per 100,000 population	93.9	81.0	103.4	94.6	82.3	NA
Cancer						
Sigmoid/colonoscopy (ever) - people age 50 & over	70.9%	68.7%	72.2%	70.9%	74.2%	65.2%
Mammograms in past two years - women age 50 & over	84.0%	80.5%	75.9%	80.9%	83.6%	77.9%
Pap smears in past three years - women age 18 & over	85.1%	77.9%	86.0%	84.0%	85.0%	85.0%
Mortality - all cancers per 100,000 population	192.3	215.0	213.3	201.5	196.0	175.8*
Incidence - all cancers per 100,000 population	491.5	506.3	527.6	503.4	480.8*	456.4*
Mental Health						
Co-morbidity for persons with mental illness	NA	NA	NA	48.0%	NA	NA
Lifetime depression - adults	21.4%	15.6%	20.8%	20.2%	21.1%*	NA
Lifetime anxiety - adults	15.7%	15.5%	16.8%	16.0%	17.3%*	NA
Alzheimer's disease, dementia & related disorders per 1,000 population	12.1	10.6	9.0	10.9	12.0	NA
Environmental Health						
Homes with elevated radon	13.9%	10.9%	7.2%	11.3%	14.8%*	NA
Homes with private wells tested for arsenic	40.9%	NA	34.0%	35.4%	NA	NA
Children with elevated blood lead levels per 10,000 population	2.0	1.1	1.0	1.6	1.0	0.6*
Carbon monoxide poisoning ED visits per 100,000 population	18.1	12.3	25.8	19.3	9.9	NA
Infectious Disease						
Chronic Hepatitis B per 100,000 population	6.5	3.3	1.7	4.6	7.9	NA
Lyme disease incidence per 100,000 population	54.0	19.5	48.5	47.0	75.7	7.9
Salmonellosis incidence per 100,000 population	15.8	16.3	10.4	14.3	10.1	17.6
Pertussis Incidence per 100,000 population	0.9	3.3	5.2	2.6	15.4	8.9
Gonorrhea incidence per 100,000 population	85.7	0.0	10.4	50.0	20.5	100.8
Chlamydia incidence per 100,000 population	340.8	227.7	161.2	270.1	232.9	426.0
HIV incidence per 100,000 population	1.9	6.5	0.0	2.0	4.1	19.7

Additonal Socio-Ecomonic Status measures						
People who speak English less than very well, >5 years	3.5%	1.2%	0.9%	2.4%	1.7%	8.7%
Poverty - total under 100% of the Federal Poverty Level	14.3%	15.5%	13.2%	14.2%	12.6%	13.8%
No current health insurance	9.8%	11.0%	11.8%	10.6%	10.2%	15.0%
Unemployment	7.5%	9.4%	9.7%	8.4%	7.5%	8.9%
High school graduation rate, 2011	79.0%	80.9%	84.3%	81.1%	83.8%	NA
Persons 25 and older with less than a HS education	13.6%	12.3%	12.5%	13.1%	10.2%	15.0%
Disability status	15.9%	17.1%	18.0%	16.7%	15.7%	12.0%
Veterans Status	13.9%	11.5%	14.6%	13.7%	13.2%	9.9%
65+ living alone	30.8%	28.6%	27.7%	29.4%	29.8%	27.3%

data may be unreliable due to small numbers