Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services
Paul R. LePage, Governor — Mary C. Mayhew, Commissioner

County and District Data from the 2012 State Health Assessment

Aroostook District

Updated 1/2/2013

Indicators from the "2010 Call to District Action"	District Rate	Maine Rate	US Rate
General health status			
Fair or poor health - adults	23.1%	14.7%	14.9%
Average number of unhealthy days in the past month (physical health)	4.6	3.8	NA
Average number of unhealthy days in the past month (mental health)	3.3	3.7	NA
Access			
Proportion of persons with a usual primary care provider	82.8%	88.4%	NA
No dental care in past year	41.7%	32.4%	NA
Physical Activity, Nutrition and Weight			
Obesity - adults	29.8%	27.7%	27.5%
Obesity - high school students	14.7%	12.9%	NA
Overweight - high school students	15.4%	15.5%	NA
Sedentary lifestyle - adults	36.4%	22.5%	23.9%
Cardiovascular Health			
High blood pressure	28.7%	30.0%	28.7%
High cholesterol	39.1%	38.8%	37.5%
Diabetes			
Diabetes - adults	12.0%	8.7%	8.7%
Adults with diabetes who have had a A1c test 2x per year	68.2%	79.5%	NA
Diabetes hospitalizations per 100,000 population (principal diagnosis)	132.4	118.4	NA
Respiratory			
Current asthma - adults	9.2%	10.0%	9.1%
Current asthma - children and youth (ages 0-17)	8.7%	8.9%	NA
Bronchitis and Asthma ED visits per 100,000 population	1,450	1,105	NA
COPD hospitalizations per 100,000 population	290.1	198.3	NA
Tobacco Use			
Current smoking - high school students	16.8%	15.5%	NA
Current smoking - adults	23.7%	18.2%	17.2%
Alcohol Use			
Binge drinking - adults	7.8%	14.5%	15.1%
Current alcohol use - high school students	26.9%	28.0%	NA
Infectious Disease			
Influenza Vaccine Coverage - Ages 18 Years and Older	42.8%	47.1%	NA
Pneumococcal Vaccination Coverage - Ages 65 Years & Older	69.7%	71.8%	68.8%

For a number of reasons, several indicators from the "Call to Action" were not analyzed for the 2012 State Health Assessment, and therefore are not included in this update, including: adult asthma hospitalizations, bacterial pneumonia hosptializations, congestive heart failure hospitalizations, hypertension hospitalizations, diabetes short and long term complication hospitalizations, uncontrolled diabetes hospitalizations, the rate of lower-extremity amupation among patients with diabetes, the percent of adults with greater than 14 days of frequent mental distress, and the number of visit to KeepME Well.org

Demographics			
Population	71,870	1,328,361	3.08 mil.
Population ages 0-17	14,384	274,533	0.74 mil.
Population ages 65-74	7,217	112,651	0.21 mil.
Population ages 75+	6,434	98,429	0.17 mil.
Population Density	10.8	43.1	87.4
Population - White, non-Hispanic	95.1%	94.4%	63.7%
Population - Hispanic	0.9% (667)	1.3%	16.3%
Population - Two or more races	1.4% (978)	1.6%	2.9%
Population - American Indian or Alaska Native	1.7% (1227)	0.6%	0.9%

Other Key Health Indicators from the 2012 Maine State Health Assessment	District Rate	Maine Rate	US Rate
Life expectancy in years (M/F, for 2007)	74.6/80.1	78.7	78.6
Oral Health			
Tooth loss to gum disease or tooth decay (6 or more) - adults	27.8%	19.7%	NA
Maternal and Child Health			
Low Birthweight, <2500 grams per 100,000 births	6.4	6.4	8.2
Infant death per 100,000 births	5.4	6.1*	6.4*
Live births, for which the mother received early & adequate prenatal care	84.8%	85.4%	NA
Teen birth rate per 1,000 females aged 15-19	29.4	24.9	34.2
Injury			
Suicide deaths per 100,000 population	13.2	12.6	11.8*
Violence by current or former intimate partners	NA	1.0%*	NA
Rape or attempted rape	5.7%	11.9%*	NA
Non-fatal child maltreatment per 1,000 population	11.9	11.9	9.2
Motor vehicle crash related deaths per 100,000 population	14.6	12.5	11.1*
Unintentional poisoning deaths per 100,000 population	8.6	11.4	11.8
Emergency department visits due to falls among older adults per 100,000 population	8,182	7,325	NA
TBI Hospitalizations per 100,000 population	73.4	82.3	NA
Cancer			
Sigmoid/colonoscopy (ever) - people age 50 & over	74.0%	74.2%	65.2%
Mammograms in past two years - women age 50 & over	79.3%	83.6%	77.9%
Pap smears in past three years - women age 18 & over	89.4%	85.0%	85.0%
Mortality - all cancers per 100,000 population	196.4	196.0	175.8*
Incidence - all cancers per 100,000 population	471.4	480.8*	456.4*
Mental Health			
Co-morbidity for persons with mental illness	NA	NA	NA
Lifetime depression - adults	19.3%	21.1%*	NA
Lifetime anxiety - adults	18.2%	17.3%*	NA
Alzheimer's disease, dementia & related disorders per 1,000 population	12.9	12.0	NA
Environmental Health			
Homes with elevated radon	12.7%	14.8%*	NA
Homes with private wells tested for arsenic	30.1%	NA	NA
Children with elevated blood lead levels per 10,000 population	0.3	1.0	0.6*
Carbon monoxide poisoning ED visits per 100,000 population	6.3	9.9	NA
Infectious Disease			
Chronic Hepatitis B per 100,000 population	4.2	7.9	NA
Lyme disease incidence per 100,000 population	4.2	75.7	7.9
Salmonellosis incidence per 100,000 population	8.4	10.1	17.6
Pertussis Incidence per 100,000 population	0.0	15.4	8.9
Gonorrhea incidence per 100,000 population	8.4	20.5	100.8
Chlamydia incidence per 100,000 population	166.5	232.9	426.0
HIV incidence per 100,000 population	5.6	4.1	19.7

Additonal Socio-Ecomonic Status measures			
People who speak English less than very well, >5 years	3.4%	1.7%	8.7%
Poverty - total under 100% of the Federal Poverty Level	15.4%	12.6%	13.8%
No current health insurance	10.6%	10.2%	15.0%
Unemployment	9.5%	7.5%	8.9%
High school graduation rate, 2011	85.2%	83.8%	NA
Persons 25 and older with less than a HS education	16.1%	10.2%	15.0%
Disability status	22.0%	15.7%	12.0%
Veterans Status	13.5%	13.2%	9.9%
65+ living alone	31.1%	29.8%	27.3%