Maine Center for Disease Control and Prevention
An Office of the Department of Health and Human Services
Paul R. LePage, Governor Mary C. Mayhew, Commissioner

County and District Data from the 2012 Maine State Health Assessment

Penquis District

Updated 1/2/2013

Indicators from the "2010 Call to District Action"	Penobscot County	Piscataquis County	District Rate	Maine Rate	US Rate
General health status					
Fair or poor health - adults	16.4%	17.3%	16.5%	14.7%	14.9%
Average number of unhealthy days in the past month (physical health)	4.1	3.8	4.1	3.8	NA
Average number of unhealthy days in the past month (mental health)	4.4	3.6	4.3	3.7	NA
Access					
Proportion of persons with a usual primary care provider	90.7%	86.6%	90.1%	88.4%	NA
No dental care in past year	33.7%	35.2%	33.9%	32.4%	NA
Physical Activity, Nutrition and Weight					
Obesity - adults	34.2%	37.5%	34.7%	27.7%	27.5%
Obesity - high school students	15.0%	18.9%	15.4%	12.9%	NA
Overweight - high school students	17.3%	13.3%	16.9%	15.5%	NA
Sedentary lifestyle - adults	23.9%	16.1%	22.7%	22.5%	23.9%
Cardiovascular Health					
High blood pressure	32.2%	37.5%	32.9%	30.0%	28.7%
High cholesterol	35.3%	44.9%	36.5%	38.8%	37.5%
Diabetes					
Diabetes - adults	10.7%	12.1%	10.9%	8.7%	8.7%
Adults with diabetes who have had a A1c test 2x per year	NA	NA	86.6%	79.5%	NA
Diabetes hospitalizations per 100,000 population (principal diagnosis)	148.0	175.2	150.8	118.4	NA
Respiratory					
Current asthma - adults	11.6%	11.0%	11.5%	10.0%	9.1%
Current asthma - children and youth (ages 0-17)	10.5%	14.8%	11.0%	8.9%	NA
Bronchitis and Asthma ED visits per 100,000 population	1,044	1,147	1,049	1,105	NA
COPD hospitalizations per 100,000 population	288.4	210.6	278.6	198.3	NA
Tobacco Use					
Current smoking - high school students	17.1%	16.4%	17.0%	15.5%	NA
Current smoking - adults	15.7%	22.1%	16.6%	18.2%	17.2%
Alcohol Use					
Binge drinking - adults	14.0%	10.9%	13.6%	14.5%	15.1%
Current alcohol use - high school students	30.3%	27.9%	30.1%	28.0%	NA
Infectious Disease					
Influenza Vaccine Coverage - Ages 18 Years and Older	51.1%	41.7%	49.7%	47.1%	NA
Pneumococcal Vaccination Coverage - Ages 65 Years & Older	79.4%	NA	78.2%	71.8%	68.8%

For a number of reasons, several indicators from the "Call to Action" were not analyzed for the 2012 State Health Assessment, and therefore are not included in this update, including: adult asthma hospitalizations, bacterial pneumonia hosptializations, congestive heart failure hospitalizations, hypertension hospitalizations, diabetes short and long term complication hospitalizations, uncontrolled diabetes hospitalizations, the rate of lower-extremity amupation among patients with diabetes, the percent of adults with greater than 14 days of frequent mental distress, and the number of visit to KeepME Well.org

Demographics					
Population	153,923	17,535	171,458	1,328,361	3.08 mil.
Population ages 0-17	30,355	3,365	33,720	274,533	0.74 mil.
Population ages 65-74	11,696	2,021	13,717	112,651	0.21 mil.
Population ages 75+	10,557	1,543	12,100	98,429	0.17 mil.
Population Density	45.3	4.4	23.3	43.1	87.4
Population - White, non-Hispanic	94.7%	96.3%	94.8%	94.4%	63.7%
Population - Hispanic	1.1% (1620)	1.0% (169)	1.0% (1789)	1.3%	16.3%
Population - Two or more races	1.5% (2349)	1.2% (208)	1.5% (2557)	1.6%	2.9%
Population - American Indian and Alaska Native	1.2% (1809)	0.5% (92)	1.1% (1901)	0.6%	0.9%

Other Key Health Indicators from the 2012 Maine State Health Assessment	Penobscot County	Piscataquis County	District Rate	Maine Rate	US Rate
Life expectancy in years (M/F, for 2007)	75.0/80.1	74.3/80.5	NA	78.7	78.6
Oral Health					
Tooth loss to gum disease or tooth decay (6 or more) - adults	19.0%	27.4%	20.3%	19.7%	NA
Maternal and Child Health					
Low Birthweight, <2500 grams	6.4%	7.7%	6.5%	6.4%	8.2%
Infant death per 100,000 births	5.9	4.3	5.8	6.1*	6.4*
Live births, for which the mother received early & adequate prenatal care	88.0%	84.0%	87.7%	85.4%	NA
Teen birth rate per 1,000 females aged 15-19	23.0	31.4	23.7	24.9	34.2
Injury					
Suicide deaths per 100,000 population	13.5	21.2	14.3	12.6	11.8*
Violence by current or former intimate partners	NA	NA	0.8%	1.0%*	NA
Rape or attempted rape	6.0%	4.5%	5.8%	11.9%*	NA
Non-fatal child maltreatment per 1,000 population	15.3	18.1	15.5	11.9	9.2
Motor vehicle crash related deaths per 100,000 population	9.8	10.8#	9.9	12.5	11.1*
Unintentional poisoning deaths per 100,000 population	14.3	10.2#	13.9	11.4	11.8
Emergency department visits due to falls among older adults per 100,000 population	5,951	6,209	5,982	7,325	NA
TBI Hospitalizations per 100,000 population	84.3	56.3	81.2	82.3	NA
Cancer					
Sigmoid/colonoscopy (ever) - people age 50 & over	72.3%	66.2%	71.2%	74.2%	65.2%
Mammograms in past two years - women age 50 & over	88.6%	75.2%	86.1%	83.6%	77.9%
Pap smears in past three years - women age 18 & over	81.9%	86.2%	82.5%	85.0%	85.0%
Mortality - all cancers per 100,000 population	205.8	225.8	208.3	196.0	175.8*
Incidence - all cancers per 100,000 population	537.2	522.5	535.5	480.8*	456.4*
Mental Health					
Co-morbidity for persons with mental illness	NA	NA	63.9%	NA	NA
Lifetime depression - adults	25.5%	24.4%	25.3%	21.1%*	NA
Lifetime anxiety - adults	17.4%	23.3%	18.3%	17.3%*	NA
Alzheimer's disease, dementia & related disorders per 1,000 population	12.4	9.5	12.0	12.0	NA
Environmental Health					
Homes with elevated radon	7.7%	NA	8.9%	14.8%*	NA
Homes with private wells tested for arsenic	31.3%	NA	30.2%	NA	NA
Children with elevated blood lead levels per 10,000 population	0.7	1.9	0.8	1.0	0.6*
Carbon monoxide poisoning ED visits per 100,000 population	6.7	9.6	7.0	9.9	NA
Infectious Disease					
Chronic Hepatitis B per 100,000 population	3.3	0.0	2.9	7.9	NA
Lyme disease incidence per 100,000 population	7.2	34.4	9.9	75.7	7.9
Salmonellosis incidence per 100,000 population	3.3	5.7	3.5	10.1	17.6
Pertussis Incidence per 100,000 population	89.1	103.3	90.5	15.4	8.9
Gonorrhea incidence per 100,000 population	13.7	0.0	12.3	20.5	100.8
Chlamydia incidence per 100,000 population	187.3	137.8	182.2	232.9	426.0
HIV incidence per 100,000 population	2.0	0.0	1.8	4.1	19.7

Additonal Socio-Ecomonic Status measures					
People who speak English less than very well, >5 years	1.0%	0.8%	1.0%	1.7%	8.7%
Poverty - total under 100% of the Federal Poverty Level	15.7%	16.2%	15.7%	12.6%	13.8%
No current health insurance	10.1%	NA	NA	10.2%	15.0%
Unemployment	8.1%	10.4%	8.3%	7.5%	8.9%
High school graduation rate, 2011	83.7%	81.3%	83.5%	83.8%	NA
Persons 25 and older with less than a HS education	10.5%	11.7%	10.6%	10.2%	15.0%
Disability status	16.5%	NA	NA	15.7%	12.0%
Veterans Status	12.0%	15.9%	12.4%	13.2%	9.9%
65+ living alone	29.9%	30.1%	29.9%	29.8%	27.3%

data may be unreliable due to small numbers