Weight Status According to Body Mass Index, Adults Ages 18 years and Older, by Selected Demographics, Maine, 2010

	Healthy Weight					Overweight					Obese				
	n	N	%	LCL	UCL	n	N	%	LCL	UCL	n	N	%	LCL	UCL
Sex															
Female	1818	213,524	**42.4**	40.4	44.3	1491	152,231	**30.2**	28.5	31.9	1312	137,947	**27.4**	25.7	29.1
Male	805	142,086	**28.7**	26.3	31.0	1411	214,688	**43.3**	41.0	45.6	900	139,040	**28.0**	26.0	30.1
Age															
18-24	117	67,119	**62.2**	54.8	69.5	47	22,540	**20.9**	14.8	26.9	38	18,281	**16.9**	11.3	22.5
25-34	178	48,919	**34.5**	29.8	39.2	164	50,286	**35.4**	30.6	40.3	146	42,737	**30.1**	25.5	34.7
35-44	329	54,940	**32.6**	29.4	35.8	347	64,117	**38.0**	34.6	41.4	286	49,525	**29.4**	26.2	32.6
45-54	519	64,799	**31.8**	28.8	34.9	601	79,771	**39.2**	36.3	42.1	467	58,921	**29.0**	26.3	31.6
55-64	562	50,067	**28.7**	26.5	31.0	718	66,730	**38.3**	35.8	40.7	636	57,590	**33.0**	30.6	35.4
65+	898	68,455	**34.3**	32.2	36.3	1010	82,107	**41.1**	38.9	43.2	632	49,248	**24.6**	22.8	26.5
Education															
Did not graduate High School	136	19,942	**32.3**	25.7	38.9	188	21,357	**34.6**	28.9	40.2	179	20,505	**33.2**	27.4	39.0
Attended College or Technical School	641	90,109	**35.1**	32.1	38.2	708	96,498	**37.6**	34.7	40.6	573	69,774	**27.2**	24.7	29.7
Graduated High School	760	106,710	**31.8**	29.1	34.6	959	116,622	**34.8**	32.4	37.2	871	111,776	**33.4**	30.9	35.8
Graduated from College or Technical School	1084	138,645	**40.1**	37.7	42.6	1044	132,268	**38.3**	35.9	40.6	586	74,621	**21.6**	19.6	23.6
Income															
Less than $15,000	264	29,893	**33.0**	27.1	38.9	274	26,846	**29.6**	24.9	34.3	341	33,951	**37.4**	32.3	42.6
$15,000 to less than $25,000	416	48,245	**32.3**	28.4	36.1	493	55,540	**37.1**	33.3	40.9	414	45,753	**30.6**	27.2	34.0
$25,000 to less than $35,000	257	31,314	**31.6**	27.2	36.1	299	36,068	**36.4**	32.2	40.7	271	31,581	**31.9**	27.8	36.0
$35,000 to less than $50,000	360	49,057	**33.7**	29.9	37.5	417	54,513	**37.5**	33.8	41.1	321	41,938	**28.8**	25.5	32.1
$50,000 or more	987	147,362	**36.9**	34.6	39.3	1122	157,045	**39.4**	37.1	41.6	658	94,632	**23.7**	21.8	25.7

Source: Behavioral Risk Factor Surveillance System
Healthy weight is a BMI between 18.5 and 25, Overweight is a BMI between 25.1 and 30, Obese is a BMI over 30; based on self-reported height and weight.
n = unweighted number of adults (numerator); N = weighted number of adults (weighted numerator)
LCL = Lower 95% confidence limit of the weighted percentage; UCL = Upper 95% confidence limit of the weighted percentage
All percentages are weighted to be more representative of the population of Maine and to adjust for