

Maine Youth Suicide Prevention Program

www.maine.gov/suicide

2011-2012 Educational Programs At A Glance

Gatekeeper Training

A full-day training for adults in school and community settings designed to: 1) provide up-to-date information about suicide; 2) teach basic suicide intervention skills; 3) increase personal confidence and ability to effectively respond to suicidal behavior; and 4) identify helpful resources.

Training-of-Trainers

Learn to Present a Suicide Prevention Awareness Session

A 3.5 hour program available to those “gatekeepers” willing to facilitate 60 or 90 minute suicide prevention awareness sessions for co-workers and/or other community members. Easy-to-use packaged materials are provided. (*Gatekeeper training is a pre-requisite before enrolling in this training.*)

Suicide Prevention Protocol Development Workshop

The likelihood of schools or youth serving agencies encountering a suicidal youth is real and few events are more painful or potentially disruptive. Protocols provide guidance on steps to take in order to safely assist youth and staff by providing them with direction, structure and support. This on-line workshop is appropriate for schools and social service agencies.

Transition Teacher Training

The Transitions Program is designed to help schools reinforce concepts presented in the Lifelines student lessons and to better prepare high school seniors for life after high school. These lessons provide information to assist students address the transitions they will soon be experiencing. **PRE-REQUISITE: *All attendees must have taken Gatekeeper Training AND work in a school that is implementing a comprehensive Suicide Prevention Program.***

Suicide Assessment for Clinicians

The ability to conduct an informed suicide risk assessment is a vital skill for any clinician working with at-risk populations. This day-long workshop builds knowledge about suicide trends in high risk populations and takes you through the steps of suicide risk assessment, intervention and treatment options. Focus is on assessment skills across the lifespan. (For those working in clinical roles with youth or adults.)

Beyond the Basics of Suicide Prevention Conference VIII *April 6, 2012*

This will be the eighth annual advanced level training for educators, clinicians, first responders, and other interested people. Please plan to join us at the Augusta Civic Center for this professional development opportunity.