

What's New at the Maine Youth Suicide Prevention Program (MYSPP) September 2010

* The 7th annual Beyond the Basics of Suicide Prevention conference is scheduled for April 8, 2011 at the Wyndham Hotel in South Portland. Keynote speakers include Thomas Joiner, author of Myths About Suicide and Jodee Blanco, author of Please Stop Laughing at Me.

* A plan for preventing suicide among adults in Maine will soon be released and will be available on the MYSPP web site www.mainesuicideprevention.org. The program is currently conducting strategic planning to address suicide prevention across the lifespan in Maine.

* The Public Relations subcommittee is pleased to announce the second group of honorees to receive the Caring About Lives in Maine award:

1. Sandy Fisher
2. Janet Grinis
3. Hillary Groves
4. Scott Cyrway and Joshua Hardy
5. Melissa McStay
6. Cheryl Morin
7. Colonel John Mosher and Major Jay Brock
8. Student Assistance Teams in Maine
9. Berkeley Schmidt
10. Pete Spears
11. Stephanie Wain

All the honorees were presented with a certificate of appreciation and invited to attend the 2011 Beyond the Basics of Suicide Prevention annual conference.

The Public Relations subcommittee is actively seeking nominations of individuals, organizations, media, first responders, or funeral home directors who have helped to spread the word about suicide prevention, intervened to save a life, or been particularly helpful in the aftermath of a suicide. To submit a nomination, send an e-mail to Linda Williams at lwilliams@mcd.org

* MYSPP has developed a new training specifically for clergy. Please share this information with faith leaders in your community. To discuss hosting a training, contact Greg Marley at 701-7807. There is a charge for this program.

* Check it out - www.forsuicidesurvivors.com This site provides support for people coping with the shock and excruciating grief that accompany the loss of a loved one to suicide.

* Self-injurious behavior has become more prevalent. Cornell University has developed fact sheets for various audiences as well as a Power Point that can be used. Go to www.crpsib.com for free resources appropriate for educators, parents and teens.

Statewide Crisis Hotline 24/7 1-888-568-1112; statewide Information and Resource Center 1-800-499-0027

